

## **AMERICAN COLLEGE OF EMERGENCY PHYSICIANS**

### **Sports Medicine Section**

#### **Annual Meeting**

**Monday, October 30, 2017**

**9:30 am – 11:00 am**

**Washington DC**

### **Participants**

Participating in all or part of the meeting were: Anna Waterbrook, MD, FACEP, Chair; A.J. Monseau, MD, FACEP, Chair-Elect; Chris Guyer, MD, FACEP, Secretary; Jeff Feden, MD, FACEP; Jim Ellis, MD, FACEP; Jolie Holschen, MD, FACEP, Councillor; Alex Ebinger, MD; Chris Trigger, MD, FACEP; Will Denq, MD, Alternate Councillor; Ben Oshlag, MD; John Anderson, MD; P.J. Bourke, MD; Kori Hudson, MD, FACEP; Liz Delasobera, MD, FACEP; Erika Nuber, MD; Yvonne Chow, MD, FACEP; Melissa Leber, MD, FACEP; Aleem Bakhtiar, MD; Nima Jalili; Mohammad Alkhunaizi, MD; Christina Whitley, MD; Kristy Whyte, MD; Beau Grautier, MD; Christopher Williams, MD; Christopher Hogrefe, MD, FACEP; Mallory Shasteen, MD; Ricardo Hughes, MD; Jaron Santelli, MD.

Others participating: Darrin Scheid, CAE, Senior Marketing Manager.

### **Major Points Discussed**

Meeting was called to order at 9:05 am. Dr. Waterbrook asked for updates on current projects. The following was reported:

Dr. Jeffrey Feden gave an update on ACEP's head injury and concussion project and said it's in the manuscript preparation phase. One of the major problems is the lack of follow-up with patients and knowledge gaps. The team is trying to represent ACEP's interests as best they can. One challenge is that most emergency physicians outside of sports do not read sports medicine literature.

Dr. Kori Hudson reported that the scheduled heat illness event didn't happen. There was an FDA hearing scheduled three weeks earlier. The pharmaceutical company wanted a stronger support statement than ACEP was willing to provide. The data from the company wasn't all that robust, and on short notice, ACEP wasn't willing to offer strong support without more time.

### **Other Notes**

It was announced that EMRA has a Sports Medicine Section and would like to coordinate efforts. A common theme in both Sections is the effort to find out what Fellowship programs across the country are available to graduating residents.

There was discussion about a Wilderness Medicine Section grant and video podcasts on endurance racing. Section Members agreed that other Sections within the College, such as Wilderness Medicine and Event Medicine, have obvious overlap with Sports Medicine and could lead to collaborative efforts.

Section members discussed how to increase the numbers of sports medicine trained physicians giving lectures at ACEP17. The New Speakers Forum is a good place to start, and encouraging sports medicine trained members who are local can help with abstracts because ACEP wouldn't have to pay as much to

book the speaker. Getting to know Education Committee members and receiving good evaluations year over year also increases the chances of getting chosen.

Dr. Jolie Holschen updated the Section on an EMS meeting she attended, which covered cooling methods when possible heat illness occurs. The recommendation is to cool the patient on site, rather than transport. Advanced planning would include cooling tubs at the event location. She suggested that the Section work toward collaboration with ACEP's EMS program. She said a tour of the Olympic Training Facility in San Diego might be a good idea for ACEP18.

Dr. Jim Ellis offered an update on a task force put together by the National Athletic Trainers Association. NATA is still in the planning phase of creating the Task Force.

Dr. Beau Grautier updated the Section on EMRA's meeting a day earlier.

Dr. Waterbrook asked for ideas about how to increase Section Membership and participation. A mentor list was suggested, along with a joint meeting between EMRA's Section and ACEP's Section. A survey of current projects being put together by Section members could increase awareness. Section members agreed that a list of Fellowships is something that needs to be done immediately and posted on the website. It would be easy information to get as Program Directors know where people matched.

The meeting ended with a presentation from A.J. Monseau about his time with the U.S Olympic Wrestling Teams in Rio.