



Wellness Section

Annual Meeting/Scientific Assembly
Saturday, October 1, 2022 @ 1p PT
Moscone Convention Center, Exhibition Level Hall E23

Meeting Minutes

I. **Welcome** **Dr. Randy Sorge, Chair, Wellness Section**

Meeting attendee list attached. The meeting was called to order at 1:03p Pacific Time.

Dr. Sorge greeted attendees and provided an overview of the meeting agenda prior to introducing the Section's meeting sponsor, FirstNet by AT&T. Mieko Doi, Kristi Mercado, and Bryan Green of FirstNet provided attendees with a brief overview of AT&T's network services designed specifically for physicians and other first responders.

II. **Section Business** **Dr. Randy Sorge, Chair, Wellness Section**
& Dr. Lara Vanyo, Chair-Elect, Wellness Section

Dr. Sorge called upon Section leaders to provide updates about various projects and accomplishments over the year. He called attention to the Debriefing Badge Cards placed throughout the room for attendees to take and distribute to colleagues and peers. The badge cards feature prompts for physicians to refer to while debriefing with their care teams. Dr. Sorge noted that the badge cards are an intermediary step to fully developing a mobile app.

Dr. Randall Levin, past Wellness Section Chair, offered an update on the Section's "Coffee Shop Chats," a virtual, small-group gathering to provide ACEP members with an opportunity to connect in a social manner. Approximately 20 Chats have been facilitated over the past year, including two special sessions held in response to mass shootings. Dr. Levin stated that further structure to the Chats is forthcoming in 2022-2023, including facilitator training and expanding to topic-centered sessions.

Dr. Rita Manfredi, past Well-Being Committee Chair, provided an update on the ongoing partnership between the Section and Committee. Dr. Manfredi noted the upcoming publishing of an updated ACEP Wellness Guide and formalization of coach training for the Peer-to-Peer Program.

Dr. Kristen Nordenholz, Alternate Councillor for the Section, provided attendees with a Council update. She encouraged the Section to consider impactful resolution submissions for the upcoming year. Dr. Nordenholz also announced that she and Dr. Susan Haney will be incoming Co-Councillors for the Section.

Dr. Sorge announced that his role as Section Chair is transitioning to Dr. Lara Vanyo, Chair-Elect. The attendees thanked Dr. Sorge for his leadership of the Section for nearly two years, particularly during a challenging time for ACEP members and the specialty in general.

- IV. **Center of Excellence Award** **Dr. Randy Sorge, Chair, Wellness Section**
Dr. Sorge announced Riverside Community Hospital (RCH) as the recipient of ACEP's Emergency Medicine Center of Excellence Award. RCH was selected by a delegation of the Well-Being Committee for its commitment to evolving the concept of physician wellness with research-backed evidence specific to emergency medicine. Dr. Jason An accepted the award on behalf of RCH, and introduced Dr. Gregory Guldner, RCH Residency Program Director, to comment on the award's significance to the program. Dr. Guldner then noted that several of the program's residents were in attendance at the meeting.

- V. **Summary & Closing** **Dr. Lara Vanyo, Chair-Elect, Wellness Section**
Dr. Vanyo offered her vision for the next year and beyond, highlighting key areas of focus in alignment with ACEP's Strategic Plan. These core areas include: continued work around the debriefing process, exploring mentorship opportunities, partnership with organizations such as the Dr. Lorna Breen Heroes' Foundation, and emphasis on team-building in the emergency department.

The meeting adjourned at 2:58p Pacific Time.

Meeting Attendees

Agarwal, Anish

An, Jason

Badri, Nader

Ceniza, Alyssa

Chang, Brennan

Cochran, JD

Cralson, Ryan

Deutsch, Amanda

Glavinic, Julia

Gonzalez, Leyanet

Guldner, Greg

Hinson, Melissa (virtual)

Huber, Julia

Huynh, Christine

Kaplan, Jay

Kim, Steven

Lall, Michelle (virtual)

Levin, Randall (virtual)

Liang, Erin

McCalla, Gary

Meyer, Christy

Miller, Gregg

Moore, Kay (virtual)

Owen, Leena

Pai, Jayram (virtual)

Sachs, Carolyn (virtual)

Schoenberg, Ben

Schouest, Fred

Sikora, Rosanna

Sleight, Shayna

Sorge, Randy

Vanyo, Lara (virtual)

Vong, Vinson

Wood, Suminta

Ziebell, Christopher