

American Association of Women Emergency Physicians Section
Wednesday, October 11, 2023
2:30pm – 4:30am EST

Minutes

Section Officers in Attendance:

Alecia Gende, DO (Chair);
Andrea Austin, MD;
Stephanie Costa, MD, MS;
Lt. Maria Jose Araujo, MD, USN;
Joan Chou, MD;
Carrie de Moor, MD, FACEP;
Peta Nolan, MD;
Christina Shenvi, MD, PhD, FACEP;
Sneha Chinai, MD;

Staff in Attendance:

Adriana Alvarez; Mollie Pillman, MS, MBA, CAE and Jessica Vaughn.

Participants:

Sara Manning, Peta Nolan, MD, Courtney Smalley, MD, Trisha Anest, MD, MBA, Elizabeth Buckalew, Jennifer Jozefick, DO, Larisa Traill, MD, Nicki Braxley, MD, Andrea Austin, MD, FACEP, Patricia Pinckombe, EMT, Karen Custodio, DO, Melanie Yates, MD, Liz Leenellett, MD, Sara Chakel, MD, Joan Chou, MD, Moji Hassan, MD, Phd, Annahieta Kalantari, DO, MEd, Stephanie Costa, MD, Monisha Bindra, DO, MPH, Sreenidhi Vanyaa Manian, MBBS, Amanda Dinsmore, MD, Laura Harvey, DO, Sydney DeAngelis, MD, Sarah Hoper, MD, JD, Ruhi Shethwala, Niki Thran, MD, Wendy Ottenbacher, MD, Richelle Cooper, MD, Corinne Espinosa, DO, Sabrina Fried, Shannon Alwood, MD, Jenn Bradstreet, MD, Jayne Kendall, MD, Jennifer Casaletto, MD, Jenice Baker, MD, Nileena Johnkutty, DO

Agenda:

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| I. | Welcome & Sponsor Acknowledgements | Alecia Gende, DO |
| II. | Networking Activity | Alecia Gende, DO |
| III. | 22-23 Year Highlights | |
| | a. Year In Review | Alecia Gende, DO |
| | b. Looking Ahead | Alecia Gende, DO |
| | c. Awards | Alecia Gende, DO |
| | d. Council Update | Peta Nolan, MD |
| IV. | Elections | Alecia Gende, DO |
| | a. Junior Resident Representative | |
| | b. Alternate Councilor | |
| V. | Leading With Authenticity | Sydney De Angelis, MD |
| VI. | Speaker Presentations | |
| | a. How Women Can Make a Difference | Jayne Kendall, MD |
| | b. I'll Be Happy When... (The Trap of Arrival Fallacy) | Amanda Dinsmore, MD |
| | c. The Price of Perfectionism | Amanda Dinsmore, MD |
| VII. | Closing Remarks & Thank You's | Alecia Gende, DO |

Major Points Discussed:

Section Chair, Dr. Gende kicked off the AAWEP's annual meeting with warm welcomes and acknowledging the sponsor for our meeting USACS. Overall, our section meeting at ACEP23 was energizing and really showcased what women Emergency Physicians can do! Dr. Gende reminded us that our overall goals are to keep engaging women emergency physicians, address the wants and needs of our section members and increase women leadership positions. We had an amazing year and are excited for what the next year has in store!

The meeting started with getting to know the new ACEP president elect, Dr. A. Haddock! Dr. Haddock shared a few words of wisdom with the group. We all then engaged in a networking activity where we made new friends with the goal to reach back out in a month to continue networking.

Summary of 22-23 Year

AAWEP was present at Power Up! at the Leadership and Advocacy Conference (LAC), where our members supported advocacy, healthcare policy and overall member concerns. The sections meeting was sold out with more than 50 people in attendance.

AAWEP also hosted a Summer Webinar series, where topics such as time management, developing local leaders and negotiation skills were highlighted. The section had nearly 100 participants for our summer webinar series.

AAWEP is one of the top five sections and the second largest ACEP Section to Young Physicians.

The section started a book club, with the first meeting spotlighting Dr. Wendy Dean and her book *If I Betray These Words*. We had over 30 registered for the book club.

Coming Soon

- We are preparing for our next book club meeting where we will be discussing *The Wonder Within* by Dr. Michelle Woolhouse on 11/29, at 6pm.
- We are planning our first AAWEP Women's Retreat. A poll is out to see what types of locations section members want to attend. More information will be given at a later date.
- We will be planning 3 summer webinar series for 2024. More information to come.

Section Goals

- Improve and keep engagement
- Maintain and grow membership
- Listen and act upon needs/wants of section members
- Increase women in leadership positions overall in EM

We also want to recognize our outstanding award winners.

- Dr. Rebecca Kornas was recognized with the 'Community EM Champion' award
- Dr. Melanie Yates was chosen for the 'Resident Rocks It!' Award
- Dr. Di Coneybear received The 'Rising Star!' Award
- Dr. Courtney Smalley was recognized with the 'Outstanding Mentor!' Award
- Dr. Jean Hoffman was awarded the honor of ED Director of the Year!

We also recognized our ACEP Award winners.

- Dr. Reb Close received the Community Emergency Medicine Award
- Dr. Debra Houry received the Public Health Trailblazer Award
- Dr. Roneet Lev received the Innovation & Excellence in Behavioral Health and Addiction Medicine Award

We also had the privilege of discussing our advocacy on the ACEP council floor and engaging with amazing speakers during the AAWEP meeting.

Elections

Dr. Sidney DeAngelis is our new alternate councilor.

Dr. Sierra Hajdusa is our new resident representative.

Presentations:

Sidney DeAngelis MD provided an inspiring talk about being your genuine self, which leads to great leadership. Jayne Kendall, MD, MBA, FACEP, CPE spoke to us about the "Power of Everyday Leadership", resiliency and supporting each other.

Amanda Dinsmore, MD, FACEP, FAAEM, DipABOIM provided two outstanding talks on arrival fallacy and overall happiness and "The Price of Perfectionism". The speakers were fantastic and provided great inspiration. Thank you so much ladies!

Looking ahead, AAWP is continuing our book club featuring Dr. Woolhouse on 11/29 from 6p-8p. Keep an eye out and add to your calendars the LAC preconference in April, the next Summer Webinar Series, and the upcoming Women's retreat. We would love to see all of you there!