

Final Objectives 2023-24

Well-Being Committee

Chair: Jessica M. Maye, DO, FACEP

Board Liaison: Gabor D. Kelen, MD, FACEP

Staff Liaison: Amanda Pairitz-Campo

Well Workplace

1. Create a policy statement on general principles and expectations for a well workplace.
2. Advise on the framework of a *Well Workplace* recognition program.
3. Solicit nominations for the 2024 Emergency Medicine Wellness Center of Excellence Award and recommend a recipient to the Board of Directors.

Physician Wellness

4. Advise on the structure, curriculum and educational materials for a peer-based support initiative that can be implemented and scaled as needed, and adopted by individual organizations, institutions, and chapters.
5. Create and curate wellness content for emergency physicians and providers to encourage personal and professional wellness strategies to be released throughout the year. Explore new communication channels for wellness content.
 - a. Contribute wellness content for ACEP24; consider planning a wellness activity at ACEP24.
6. Review the following policy per the Policy Sunset Review Process:
 - Emergency Physician Shift Work (and PREP titled “Circadian Rhythms and Shift Work”)

Determine by December 15 if the policies should be reaffirmed, revised, rescinded, or sunsetted. Submit any proposed revisions to the Board for approval by the end of the committee year.