# EMERGENCY DEPARTMENT OBSERVATION UNIT

# ALLERGY ADMISSION/DISCHARGE CRITERIA

### **EXCLUSION CRITERIA**

- A. Pulmonary complications or 02 Sat < 90% on RA
- B. EKG changes
- C. Stridor

### **OBSERVATION UNIT INTERVENTIONS**

- A. IV fluids
- B. IV Antihistamines
- C. Corticosteroids
- D. Cardiac Monitoring
- E. Respiratory Treatments
- F. Pulse Oximeter monitoring

### DISPOSITION

- 1. HOME
  - A. Improvement in clinical condition
  - B. Resolution or improvement in local skin irritations and/or pulmonary function
- 2. HOSPITAL
  - A. Delayed reaction or reoccurrence
  - B. Respiratory problems persistent wheezing with S.O.B.
  - C. Inability to take po medications

#### TIME FRAME

1. Up to 24 hours

# NOT A PART OF THE MEDICAL RECORD

#### EMERGENCY DEPARTMENT OBSERVATION UNIT Admission Orders

Addressograph

#### DIAGNOSIS:

\_\_\_\_\_ ALLERGY

1.	Admit to Emergency Department Observation Unit						
2.	Initial Emergency Department Physician:						
3.	Private Physician: Time Contacted:						
4.	Consult:						
5.	Condition:	Stable	Serious				
6.	Copies of Emergency Department H&P on chart						
7.	Allergies:						
8.	Routine Vital Signs						
9.	ST segment - continuous monitoring with pulse oximetry						
10.	Activity: up ad lib Other:						
11.	Diet:	Clear liquid, adv	ance as tolerated	Regular			
		Oral rehydration	solution (pedialyte)	Other:			
12.	IV Fluids:	D5½NS + 20 me	eq KCl/1000ml atml/ł	nour			
		NS atml/hou	ur				
		Other:					
13.	Medications:						
	Tylenol 1 gram po every 6 hours prn pain or fever > 101°						
	Tylenol 10mg/kg oral/rectal every 6 hours prn fever > 101°						
	Motrin 800 mg po every 6 hours prn pain						
	Ultram 5	Ultram 50 mg po every 6 hours prn pain					
	Maalox 30 cc po every 4 hours prn indigestion						
Phenergan							
	12.5mg IV every 6 hours prn nausea/vomiting						
Solumedrolmg IV every 6 hours							
	Benadrylmg IV every 6 hours						
	Pepcid 20 mg IV every 12 hours						
	Oxygenliter NC to keep POX over 94%						
	Albuterol nebulizer one UD every 4 hours and prn						
14.	Re-evaluate	for discharge every 3 ho	ours				
15.	D/C with epi pen.						

Emergency Department Physician Signature

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# ALLERGY PROGRESS NOTE

Addressograph Please date and sign each entry. DATE: TIME: **PROTOCOL: ALLERGY RELEVANT HISTORY/PHYSICAL FINDINGS: OBSERVATION INTERVENTIONS: IV Hydration** Steroids Serial Exams and Vital Signs Respiratory treatments PRN Cardiac/Pulse Ox monitoring Antihistamine **GOALS OF OBSERVATION PERIOD:** HOW OFTEN WILL PATIENT BE EVALUATED BY PHYSICIAN: **MORNING PLAN PRIMARY PHYSICIAN CONTACTED:** YES NAME: NO

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## ALLERGY DISCHARGE NOTE

Addressograph

DATE:

TIME:

### PRESENTING COMPLAINT:

#### **OBSERVATION COURSE:**

- \_\_\_\_ IVF
- \_\_\_\_\_ Antihistamines
- \_\_\_\_ Nebulizer treatment
- \_\_\_\_ Steroids
- \_\_\_\_ Tolerating PO
- \_\_\_\_\_ Pulse oximetry over 95% on room air

#### PHYSICAL EXAM:

#### FINAL DIAGNOSIS:

DISPOSITION:	Home	Admission
DISCHARGE INSTRUCTION GIVEN: ****D/C with Epi Pen	Yes	No
PRIMARY PHYSICIAN CONTACTED:	Yes	No
NAME:		

FOLLOW UP:

**ATTENDING SIGNATURE / DATE**