Clinical Quality & Service Excellence

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Upfront Question

What is

"Excellence"

in Healthcare?

(It depends upon your perspective)

What Patients Want...

- Access
- Convenience
- ▼ Service
- **▼** Cost (low)
- Quality Outcomes
- Relationship/Communication

What Do Emergency Physicians & Nurses Want?

- Quality Care for Our Patients
- Efficiency of Our Practice
- Responsiveness to Our Issues
- Appreciation for What We Do
- Balanced Life "Work to Live"
- Good Income

CEO's Want...

- As Many Patients As Possible (especially high profitmargin cases)
- High Patient Satisfaction
- ▼ Efficient Throughput
- No Diversion/No LWOBS
- ▼ No Patient Complaints
- ▼ No Medical Staff Complaints
- ▼ No Premium Labor Usage

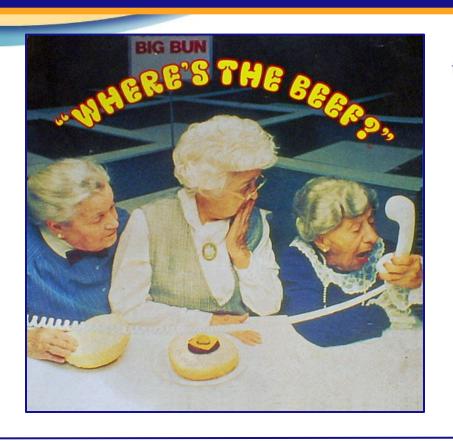
CEO's Will Say . . .

- Here are my expectations.
- Get it done.

Problems:

- They don't know how you can get it done.
- ▼ In most situations you are in charge of the emergency physicians but not the rest of the department.
- ▼ You have all of the responsibility but not all of the authority (you truly need).

Where's the Beef



- ▼ Where/What is the evidence to connect:
 - ▼Clinical Quality
 - **▼**Patient Experience
 - ▼Clinician Well-Being
 ???

Higher Patient Satisfaction = Communication = Compliance = Quality

Communication correlates STRONGLY with adherence rates by patients in acute and chronic disease. There are now over 100 observational and 20+ experimental studies published demonstrating the correlation of communication (patient satisfaction) with compliance. **Compliance with treatment regimens has significant** influence on quality measures in chronic disease and outcomes. Medical Care: August 2009 - Volume 47 - Issue 8 - pp 826

British Medical Journal 2013 http://dx.doi.org/10.1136/bmjopen-2012-00157

- ▼ Patient experience is positively associated with clinical effectiveness and patient safety.
- Associations appear consistent across a range of disease areas, study designs, settings, population groups and outcome measures
 - **▼** Positive associations 429 studies (77.8%)
 - ▼ No association 127 studies (22%)
 - **▼** Negative association 1 study (0.2%)

Risk Management

Strategic Risk Management: Reducing Malpractice Claims Through More Effective Patient-Doctor Communication

Bernard B. Virshup, MD, Andrew A. Oppenberg, MPH, and Marlene M. Coleman, MD

Case Study Editor's Note: This paper is presented because it so well makes the case that projecting the demeanor of a caring person does not diminish our professional image. One is not the antithesis of the other. Being human is as much the embodiment of medicine/healthcare as is science and technical expertise; and certainly as necessary and prudent.

The author(s) have posited a theory with expedient practical implications, something on which to hang one's hat. The concept of patient—doctor relationship has more substance when related to risk management. More than "be nice," it illustrates how judicious it is to let patients know that we really do care about them and their overall well being. Additionally, this piece demonstrates the comprehensive nature of our specialty (Quality Assurance), which not only allows but compels practitioners to be cognizant of the holistic interconnectedness, interaction, interrelation, and interdependence of a myriad of aspects and components that impact the reality and perception of what constitutes quality medical practice/healthcare. The focus of this article is the impact of the patient—physician relationship on malpractice litigation—a risk management issue.

What is the quality of your patients' relationships with you? We urge the reader to use this offering as a tool for self-evaluation or as a personal case study, if you will.

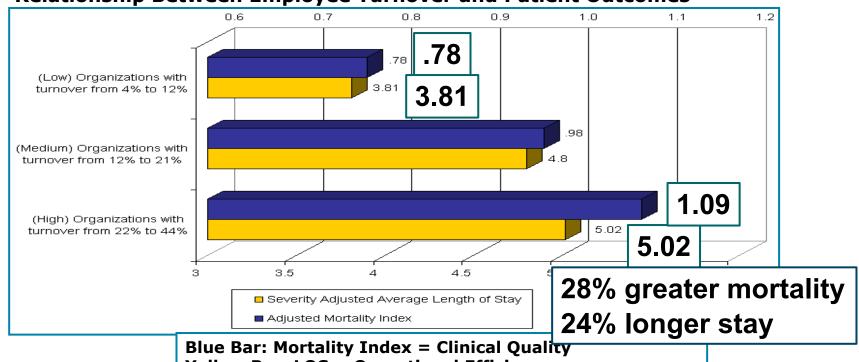
Beverly Carpenter-Mason, PhD Case Study Editor

Relationship between patient satisfaction, complaints and lawsuits

- ▼ Each one point decrement in patient satisfaction scores is associated with a
 - **▼6% increase in complaints** (RR 1.06, 95% CI 1.03 1.08;p<.0001)
 - ▼5% increase in risk management episodes (RR 1.05, 95% Ccl 1.01 1.09;p< .008)
- **▼ Lower performing physicians were at greater risks for lawsuits** (RR = 2.10;p 95% CI 1.13 3.90; p<.019)
- ▼ 75% of complaints were related to communication issues Stelfox HT, et al, The American Journal of Medicine 2005; 118: 1126 1133

Does Staff Turnover Affect Quality?





Yellow Bar: LOS = Operational Efficiency

Y-axis: Employee Turnover = Service Excellence

Annals of Internal Medicine, May 2006

Patients' Global Ratings of Their Health Care Are Not Associated with the Technical Quality of Their Care

▶ John T. Chang, MD, MPH; Ron D. Hays, PhD; Paul G. Shekelle, MD, PhD; Catherine H. MacLean, MD, PhD; David H. Solomon, MD; David B. Reuben, MD; Carol P. Roth, RN, MPH; Caren J. Kamberg, MSPH; John Adams, PhD; Roy T. Young, MD; and Neil S. Wenger, MD, MPH

2 May 2006 | Volume 144 Issue 9 | Pages 665-672

- PDFs free after 6 months)
- Summary for Patients Summary for Patients
- (PDF)
- ▶ Figures/Tables List
- Related articles in Annals

Services

- Send comment/rapid response letter
- Notify a friend about this article
 - Alert me when this article is

"Better Communication Was Associated with Higher Global Ratings of Health Care"

Setting: 2 managed care organizations.

Patients: Vulnerable older patients identified by brief interviews of a random sample of community-dwelling adults 65 years of age or older who received care in 2 managed care organizations during a 13-month period.

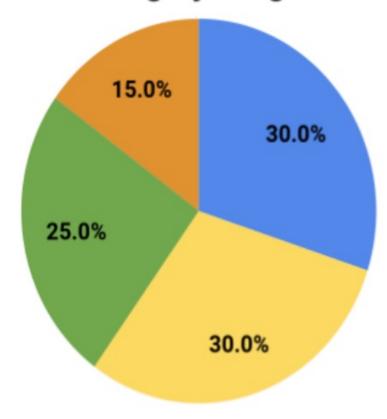
- Wenger, N. S.
- Related Articles in PubMed
- PubMed Citation
- PubMed

Measurements: Survey questions from the second stage of the Consumer Assessment of Healthcare Providers and Systems program were used to determine patients' global rating of health care and provider communication. A set of 236 quality indicators, defined by the Assessing Care of Vulnerable Elders project, were used to measure technical quality of care given for 22 clinical conditions; 207 quality indicators were evaluated by using data from chart abstraction or patient interview.

Results: Data on the global rating item, communication scale, and technical quality of care score were available for 236 vulnerable older patient in a multivariate logistic regression model that included patient and clinical factors, better communication was associated with higher global ratings of health care. Technical quality of care was not significantly associated with the global rating of care.

2023 MIPS Performance Category Weights

- Quality*
- Cost*
- Promoting Interoperability
- Improvement Activities

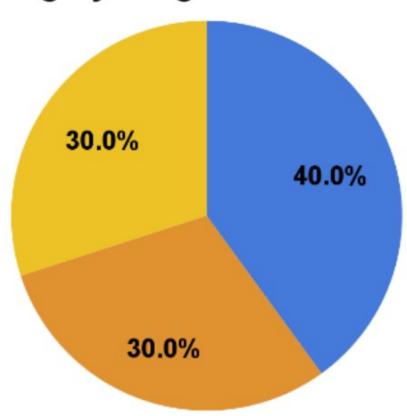


2023 Small Practice Category Weights



- Improvement Activities
- Cost

(15 or fewer clinicians)



Final Score 2023	Payment Adjustment 2025		
75.01 - 100 points	Positive MIPS payment adjustment greater than 0% on a linear sliding scale		
75 points	0% MIPS payment adjustment		
18.76 -74.99 points	Negative MIPS payment adjustment between -9% and 0% on a linear sliding scale		
0 - 18.75 points	Negative MIPS payment adjustment of -9%		

Quality in the Government's Eyes - The Transparent Environment



Public reporting will include the following seven Domains (as well as the two overall ratings):

- Communication with Doctors
- Communication with Nurses
- Responsiveness of Hospital Staff
- Pain Control
- Communication about Medicines
- Cleanliness and Quiet of Physical Environ
- Discharge Information

Each Domain consists of 2-3 questions

Contact Us/Links

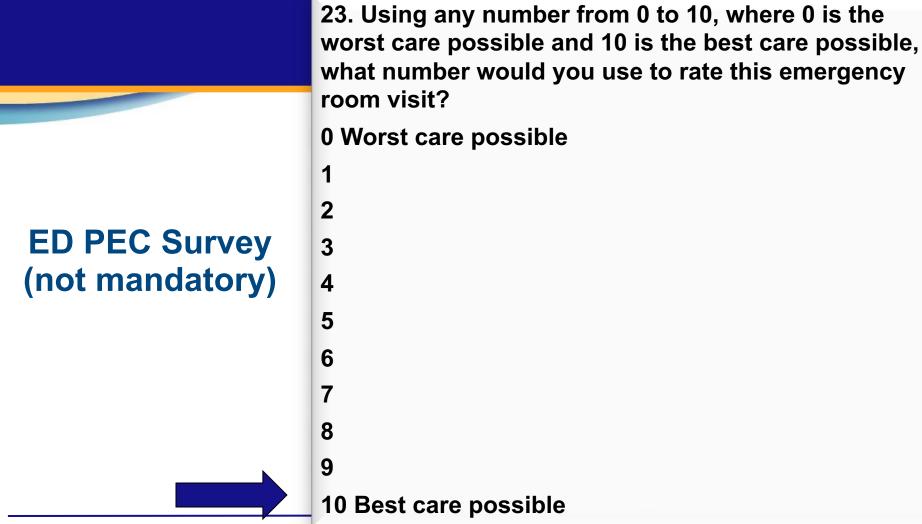
Sitemap

Final FY 2014 IPPS Rule

During your hospital stay, how often did doctors /nurses:

- ▼ treat you with <u>courtesy and</u> <u>respect</u>?
- ▼ <u>listen carefully to you</u>?
- <u>explain things</u> in a way you could understand?

Never/Sometimes/Usually/Always

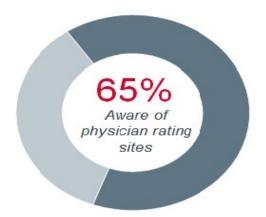


Online Patient Exp. Ratings Driving Physician Selection

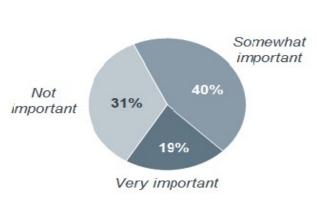
2014 JAMA Study Findings

N = 2,137

Patients Know About Online Rating Sites...



...Find Ratings Important When Choosing a Provider...



...And Make Decisions
Based on Reviews





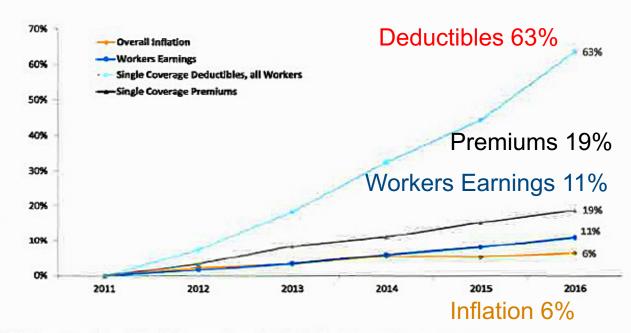
Source: The Advisory Board, advisory.com

People Will Choose Where to Spend their \$\$\$

High Deductible Insurance Plans



Cumulative Increases in Health Insurance Premiums, General Annual Deductibles, Inflation, and Workers' Earnings, 2011-2016



NOTE: Average general annual deductible is among all covered workers. Workers in plans without a general annual deductible for in-network services are assigned a value of zero.

SOURCE: Kaiser/HRET Survey of Employer-Sponsored Health Benefits, 2011-2016. Bureau of Labor Statistics, Consumer Price Index, U.S. City Average of Annual Inflation (April to April), 2011-2016; Bureau of Labor Statistics, Seasonally Adjusted Data from the Current Employment Statistics Survey, 2011-2016 (April to April).





The Wedv Hear eachiggm

Clinical Quality

Outher = Income
The Patient Experience

Simple Truth #1: We Live in a Service Economy

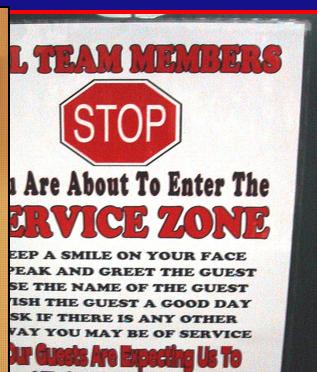


We hope you visit **Wow!**

More than that, we to share your comm
Let us know how
& what else we can
We're the folks wh
Ben & Jerry's, fra
We'd love to hear

Black Dog Ven BlackDogVenture 412-741-5: BlackDogVenture





Key Words for Us

▼ Satisfy

▼ to please, to be adequate to an end in view, to meet an obligation

▼ Astonish

▼ to strike with sudden and usually great wonder or surprise

▼ Memorable

▼ worth remembering

University Medical Center New Orleans LCMC Health

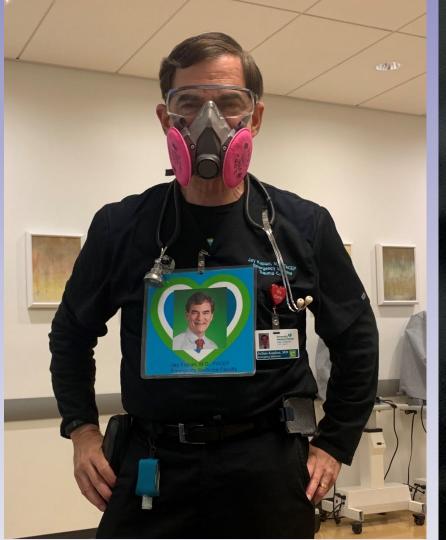
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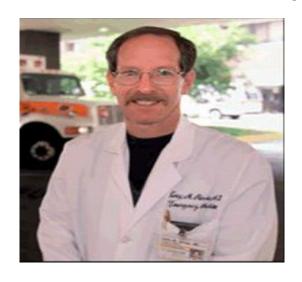
Personal voice mail: 504.894.5223





Simple Truth #2: We All Believe We Give Great Service

We assume



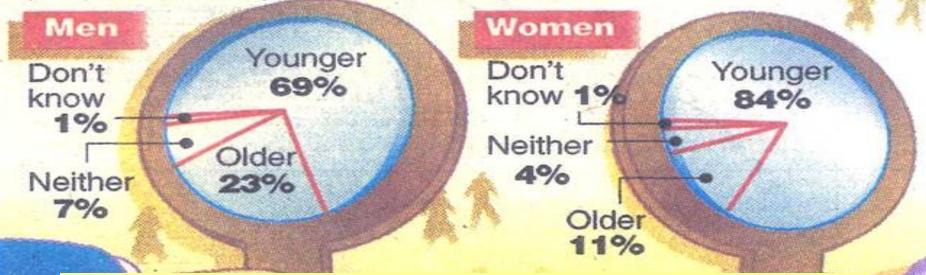
Patient Satisfaction



Employee Satisfaction

Looks deceive

Three in four adults ages 30-50 think they don't look as old as they are, even though it's statistically impossible for that many to have fewer signs of aging than others their age. How old people think they look vs. their age:



Simple Truth #3: We think we're doing better than we actually are . . .

Strategies to Improve Quality

- Pro-Active
 - ▼ Leader Rounding
 - ▼ Discharge Follow-Up Phone Calls
- ▼ Performance Improvement
- ▼ Six Sigma
- ▼ Lean

Leader Rounding on Staff

▼ Harvest Wins:

"Are there any staff or physicians you would like me to compliment or recognize?"

Y Focus on the Positive:

"What is going well today?"

▼ Identify Process Improvement Areas:

"What systems could be working better?"

▼ Repair and Monitor Systems

"Do you have the tools, equipment and assistance to care for your patients well?"

Coach on New Behaviors

"We're trying to improve our patients' experience.

One way to do that is . . . "

Leader Rounding on Patients

LEADER ROUNDING LOG					
Date:	Name:				
		1 Patient Knows their Nurse/	Doctor.		
Patient	Top 4 Priorities	s 2 Patient is Informed.			
Rounding:	this month	3 Pain is being controlled.			
		4 Sensitive to Privacy.			
Examples	of key phrases to use	during your visit:			
	ng, I'm NAME, TITLE for you "very good" care.	the ED. I'm just stopping by to ma	ke sure my staff and I are do	oing everything we	
Do you know who your nurse is today? Doctor?					
Do you kno kept inform		octor are doing for you right now?	Have there been any delays	? Have you been	
Has your pain been addressed yet? Is your pain being controlled?					
Do you have any questions? Is there anything else I can do for you?					
You may receive a survey in the mail after you go home. We would appreciate if it you would fill it out. The survey					
lets us know how we are doing and if we are providing our goal of "very good" care. We also want to use it to reward					
and recognize staff.					
Talk to your staff before & after rounding. Forward log sheets to your senior manager each week.					
			Reward (R)	120 120 120 120 120 120 120 120 120 120	
				Staff member to	
Room #	Not	es: Behavior Recognized	Opportunity	Reward or Coach.	

Shadow Rounding With Physicians

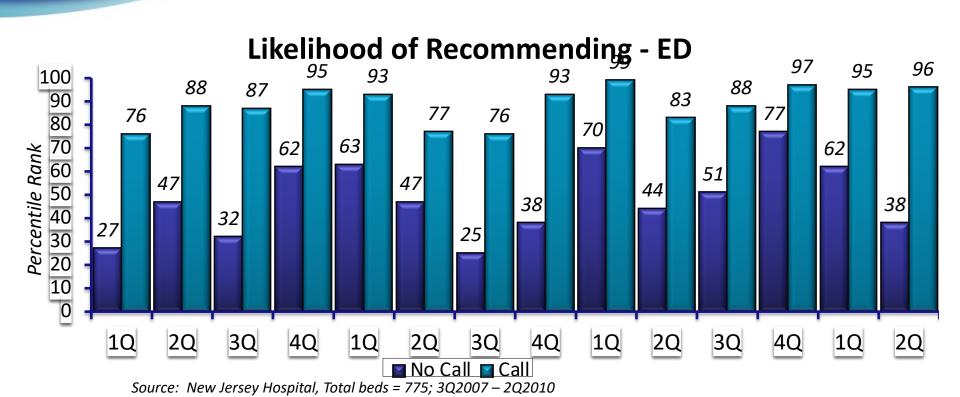
"As physicians, we can work individually to improve our technical skills of evaluation and treatment with literature/chart review, outcome data, etc. But analyzing and improving our communication with patients--which affects their perception of the evaluation and treatment we provide--requires an objective point of view. Shadow rounding with Dr. provided this needed third-person assessment in a relaxed and nonjudgmental setting. It gave me a different perspective of my interactions with patients that will help me to continue to selfcritique my approach to patients and hopefully improve my overall technique." Hospitalist, March 2019

How To Complete the Patient Experience: Follow Up Phone Calls

Engel K, Heisler M, Smith D, Robinson C, Forman J, Ubel P, "Patient Comprehension of Emergency Department Care and Instructions: Are Patients Aware When They Do Not Understand?," *Annals of Emergency Medicine*. July 11, 2008

- •78% did not have full understanding
- •80% of that 78% did not understand that they did not understand

Post Visit Calls Likelihood of Recommending - ED

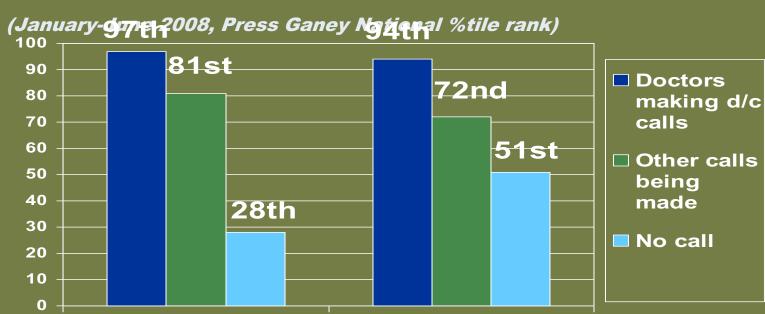


Improves Physician Performance...

Doctors Section

Shaping Sharing

SUCCESSFUL HEALTHCARE OUTCOMES

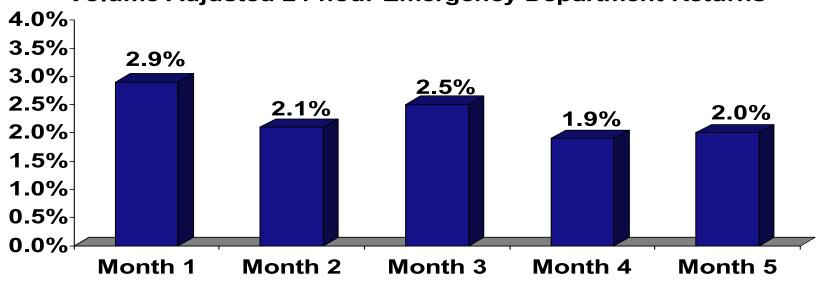


Likelihood of

Recommending

Discharge Calls: Improved Clinical Quality

Emergency Department:
Volume Adjusted 24-hour Emergency Department Returns



Source: The Regional Medical Center, South Carolina, Total beds = 286

Follow Phone Calls: 6 Reasons Why

- Quality
- ▼ Risk management
- ▼ Patients love it
- ▼ You will love it (lots of kudos)
- You will be a better clinician
- Decreased return visits/hospital admissions

People - For Our Patients

- ▼ Think Bakery
- **▼** Sit Down/RTR
- Rounding on Patients

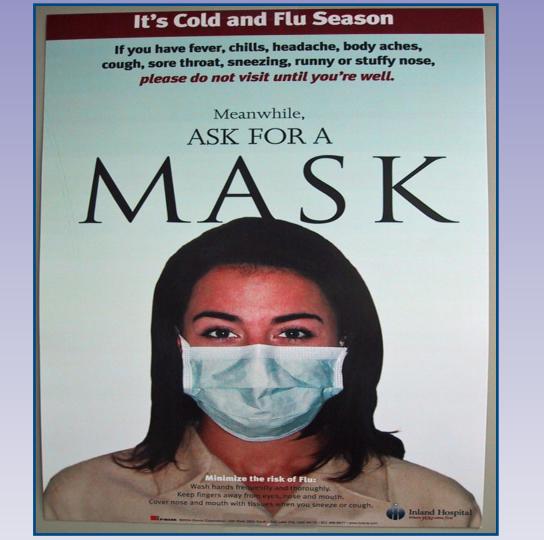
Key Strategy #1: Think Bakery



What Do Our Patients See?













IT IS THE LAW!

IF YOU HAVE A MEDICAL EMERGENCY OR ARE IN LABOR.

YOU HAVE THE RIGHT TO RECEIVE (Within the capabilities of this hospital staff and facilities,)

- · AN APPROPRIATE MEDICAL SCREENING EXAMINATION.
 - NECESSARY STABILIZING TREATMENT, (Including treatment for an unborn child)

AND IF NECESSARY

 AN APPROPRIATE TRANSFER TO ANOTHER FACILITY EVEN IF YOU CAN NOT PAY

OR

DO NOT HAVE MEDICAL INSURANCE

OR

YOU ARE NOT ENTITLED TO MEDICARE OR MEDI-CAL

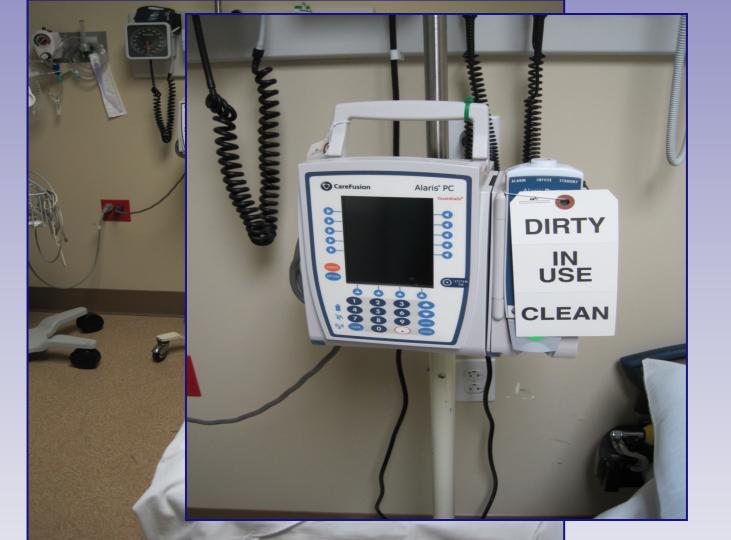
ES LA LEY!











Take a Fresh Look – Change the Signs

Thank You For Choosing to Receive Care at

Our goal is to provide you with Exceptional Care

You have our commitment to...

- Introduce ourselves
- Explain what we are doing
- Keep you well informed
- Work with you to <u>safely</u> manage your pain
- Make you as comfortable as possible
- Provide kind and compassionate care
- Do our best to answer your questions

Help us keep our commitment by letting us know how we are doing.









THE BEST CARE POSSIBLE



SACE OF THE BUT THE EMPERATORY TERM PROMITED BY SHEET MARK TO PROVIDE THE AREST CARE PROTECTLY AND REPORT PROSESS AND ALL WE CAN TO MAKE TO PROVIDE THE AREST SECTIONS OF THE REPORT OF AND WE WILL BE ALL WE CAN TO MAKE THE EXPENSIONS AS

5

HIGHLAND HOSPITAL

Africas Course



[BEYOND ER]

THANK YOU FOR CHOOSING TO RECEIVE YOUR CARE AT TRAUMA 5

WHILE YOU ARE A PATIENT HERE, YOU CAN EXPECT:

- Our doctors and staff will introduce themselves, and explain the plan for your care.
- · We will make you as comfortable as possible.
- We will tell you how long your testing or treatment is expected to take.
- We will give you the results of your tests as soon as they are available.
- Your questions will be answered before you are discharged.

IF THIS DOES NOT HAPPEN, WE WANT YOU TO LET US KNOW.

Please ask to speak to the Clinical Care Coordinator or call:

Trauma & Transport Services

Beth Lapka, MD 333-7061
Trauma 5 Medical Director

Monica Huber 333-6433



Dress Professionally

What Do Our Patients Feel?







Sit Down



To Sit or Not to Sit?

(Annals Emerg Med 2007))

- ✓ Sitting: time overestimated 15%
- Standing: time underestimated 7%
- Providers overestimated time 6%

Patient Education Counseling 2012 Feb;86(2):166-71.

Effect of Sitting vs. Standing on Perception of Provider Time at Bedside

Surgeon on post-operative visits (admitted for elective spine surgery) - 120 patients

RCT to sit vs. stand, rest of visit same

Results:

Position	Actual time	Perceived time
- Stand	1' 28"	3' 44"
- Sit	1' 4"	5' 14"

^{*}Positive patient feelings: sit= 95%, Stand = 61%

Communication Strategy: Think Baseball - Touching All the Bases



Every Patient Interaction Has a...

- Beginning
- Middle
- **7** End

or seen in another way . . . It's about . . .

- Relationship
- **▼** Task
- Relationship

Relationship R	A	Acknowledge patient and significant others Introduce self and anyone else on team with their titles and/or roles Inspire confidence by managing up
Task T	D	Do These Things: Sit down Active Listening Paraphrasing Demonstration of empathy Articulation of physical findings
	E	Explain in a way that is understandable to the patient and family; include expected duration of work-up/illness/healing process
Relationship R	T	Teach Back to ensure that patient and family understand Thank patient/family for their involvement in their care

Healthcare with heart



AIDET* is a standardized approach to use with patients. We've translated that 5-part tool into a 3-part version to ensure excellent communication. Every patient interaction has a beginning (relationship), a middle (task), and an end (relationship) - RTR.

People don't care how much you

know until they know how much

Relationship Task	Acknowledge
	Introduce
Task	D o these things (duration)
	E xplanation
Relationship	T hank you

Relationship

you care.

Acknowledge the patient and family.

Introduce self and other team members and roles.

- Inspire confidence and build trust
- · Manage up the team
- · Make a non-medical connection

Task

Do these things.

- · Sit dowr
- Active listening (eye contact and acknowledgment)
- Paraphrase
- Use key empathy phrases
- Articulate your physical findings

Explain your diagnostic impression in a way that is understandable to the patient/family. Define expected duration of work-up/illness/healing

Relationship

Complete the encounter and ensure understanding. Ask

- "What questions do you have for me?"
- "Is there anything else I can do for you?"

Thank the patient/family for the privilege of caring for them.

Use Key Words

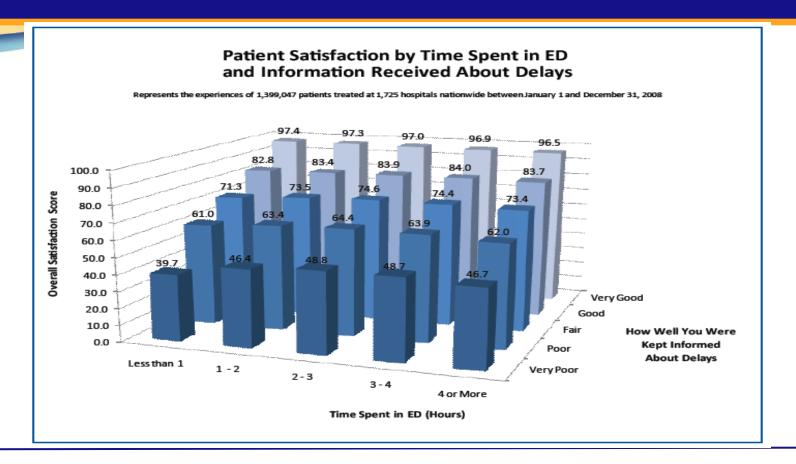
- "For your safety"
- ▼ "Sounds like what you're telling me is . . . "
- ▼ "Let me put you at ease . . . "
- ▼ "To keep you informed"
- ▼ "I've reviewed the nurse's notes so let me go over what I already know about you."
- ▼ "What questions do you have? Is there anything I can do for you right now?"

Old Vs. New Paradigms of Patient Contact

- ▼ Old Way: See the patient, order your diagnostic tests, wait for all the results to come back, go tell the patient what you found.
- ▼ New Way: Touch base with your patient as often as possible, no less than every 30 mins. As results return, advise the patient.

"Pollinate the Rooms"

Patient Perception → Quality



Self –Test for Emergency Physicians/APP's

High-Performing Emergency Physician/Provider SELF-TEST

Are you doing all that you can in your practice to improve the patient experience? Rate yourself in terms of your behavior. "Never" indicates that it is not part of your usual practice and "Always" means it is a strongly hardwired and consistent behavior.

		Never	Some-	Usually	Always
			times		
1.	Do you acknowledge and make physical				
	contact with the patient and family members				
	in the room when you first enter?				
2.	Do you introduce yourself and share your				
	experience and commitment? Do you				
	manage up the rest of the team?				
3.	Do you sit down at the patient's bedside?				
4.	Do you acknowledge what you already know				
	about the patient and then give the patient				
	uninterrupted time to tell his/her story?				
5.	When you get up to perform the physical				
	examination, do you ask the patient's				
	permission? Do you articulate your findings?				
6.	Do you explain to patients your initial				
	diagnostic impression, what you are going to				
	do and how long it will take?				

Self – Assessment

7.	Are you using key words to convey to patients		
	your commitment to their comfort and safety?		
8.			
	explain to patients/families the results of		
	your work-up, what you think is going on,		
	and the likely duration of the illness?		
9.	Are you or another staff member rounding on		
	patients at least every 30 minutes?		
10.	Are you completing the patient visit with		
	"What questions do you have for me? Is		
	there anything you would like for me to go		
	over again?"		
11.	Are you thanking patients for the privilege of		
	caring for them, or telling them it was good		
	that they came in for care?		
12.	Are you making follow up phone calls to		
	patients who are treated and discharged, at		
	least 2 patients per clinical shift?		

High-Performing Emergency Nursing & Staff SELF-TEST

Are you doing all that you can in your practice to improve the patient experience? Rate yourself in terms of your behaviors. "Never" indicates that it is not part of your usual practice and "Always" means it is a strongly hardwired and consistent behavior.

	1.	Do you acknowledge the patient
Self –Test		at the bedside at your first encou
		you shake hands/make contact?
for ED Staff	2.	Do you introduce yourself/your
		share your experience and comm
		you manage up the team?
	3.	Do you sit down at the patient's
	4.	Do you acknowledge what you al
		about the patient and then give t
		uninterrupted time to tell his/he
	5.	When you perform nursing care,
		the nationt what you're doing e.g.

+						
			Never	Some-	Usually	Always
				times		
	1.	Do you acknowledge the patient <u>and</u> family				
		at the bedside at your first encounter? Do				
		you shake hands/make contact?				
	2.	Do you introduce yourself/your role and				
		share your experience and commitment? Do				
		you manage up the team?				
	3.	Do you sit down at the patient's bedside?				
	4.	Do you acknowledge what you already know				
		about the patient and then give the patient				
		uninterrupted time to tell his/her story?				
	5.	When you perform nursing care, do you tell				
		the patient what you're doing, e.g. "I am				
		washing my hands for your safety"?				
	6.	Do you explain to patients what you are				
		going to do and how long it will take?				

	-			
7.	Are you using key words to convey to			
	patients your commitment to their comfort			
	and safety?			
8.	Are you completing the patient visit with]
	"What questions do you have for me? Is			
	there anything you would like for me to go			
	over again?"			
9.	Are you or another staff member rounding			1
	on patients at least every 30 minutes?			
10.	If a patient hand-off is required, are you]
	doing it at bedside?			
11.	Are you thanking the patient for the privilege			1
	of caring for him/her or advising that it was			
	good that he/she came in to the ED?			
12.	Are you making follow up phone calls to			1
	patients who are treated and discharged, at			
	least 2 patients per clinical shift?			
				Ъ

Summary

- We live in an experience economy.
- ▼ "Satisfy" is not enough.
- ▼ If the other guy's getting better . . .
- Quality gets you in the game.
- ▼ Service helps you win.
- ▼ It's about the TEAM.