Evidence-based Staffing and Scheduling

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Outline

- Academic Principles
- Case Study 75,000-visit ED
- Approach to Staffing Optimization
 - Define Demand
 - Define Capacity
 - Contextualize
- Conclusions

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Queuing Theory - Agner Krarup Erlang



Copenhagen Telephone Company (KTAS), 1908

"Solution of some Problems in the Theory of Probabilities of Significance in Automatic Telephone Exchanges," 1917



Customer Arrivals Queue (waiting line)







Server



Customer Departures







Customer
Arrivals

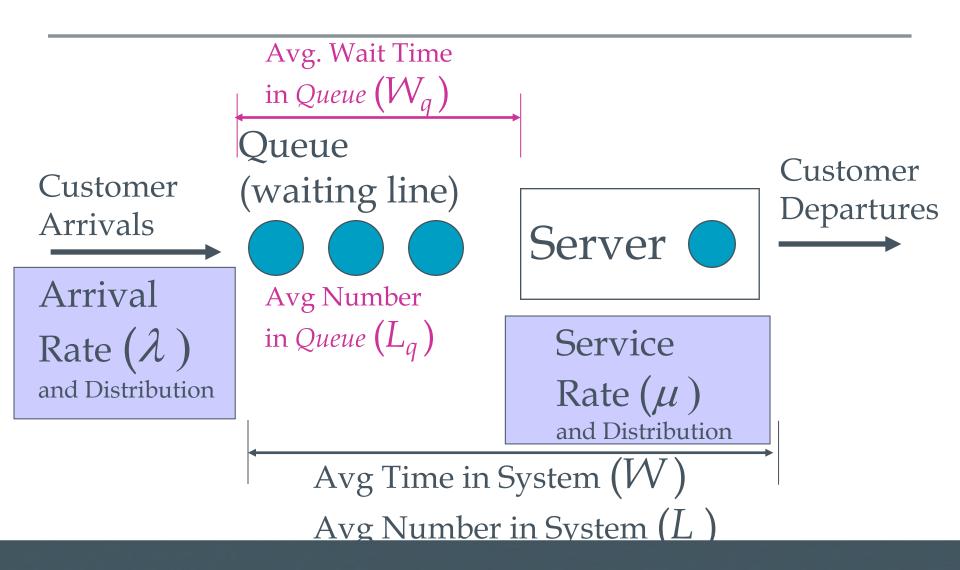
Arrival

Rate (λ)

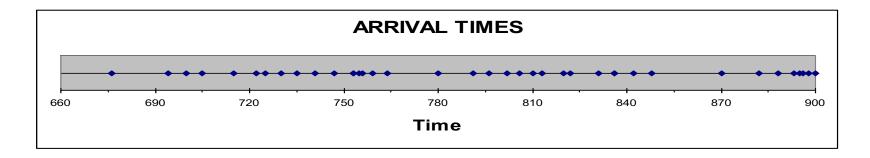
and Distribution

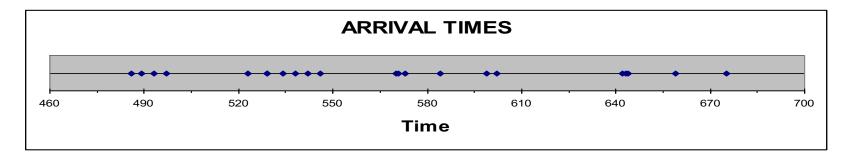
Server Customer
Departures

Service Rate (μ) and Distribution



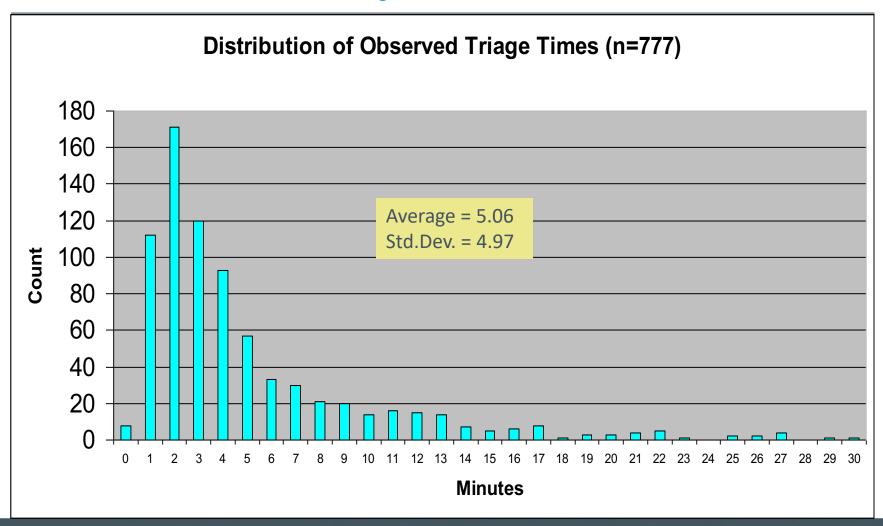
Demand on Key Servers - Arrivals



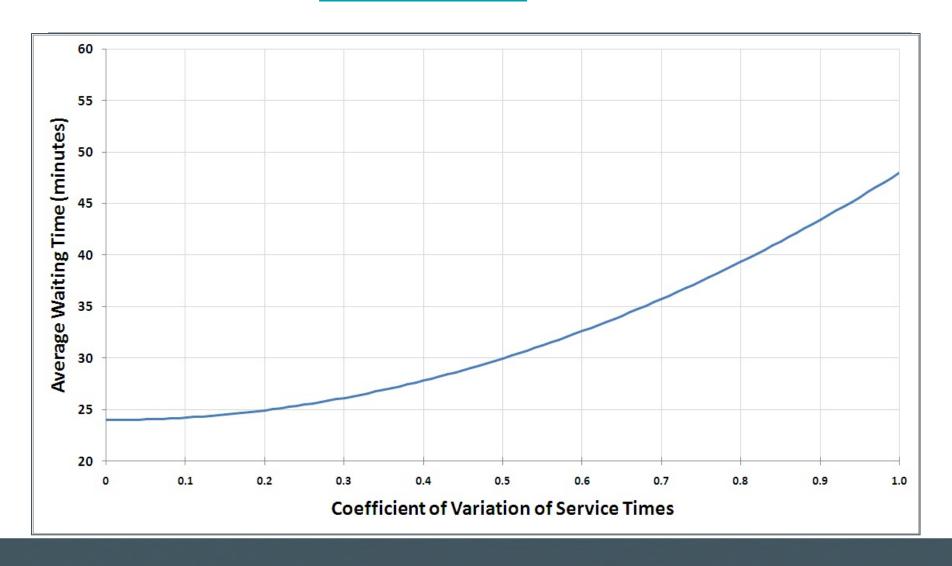


Arrival data from a California hospital. Mondays, 2pm-6pm.

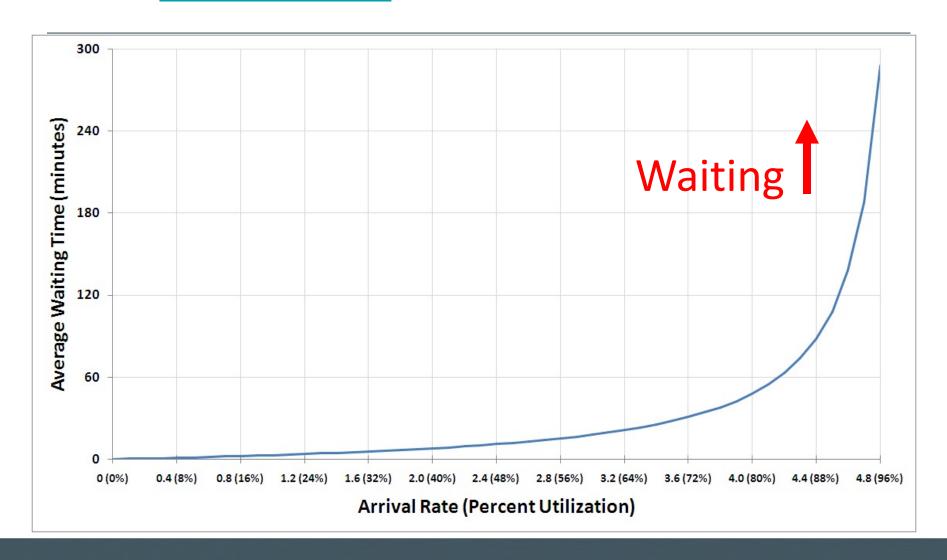
Demand on Key Servers - Service



As Server *Variation* Increases...



As <u>Utilization</u> Increases...



Theory of Constraints – FT Example



3pts/hr



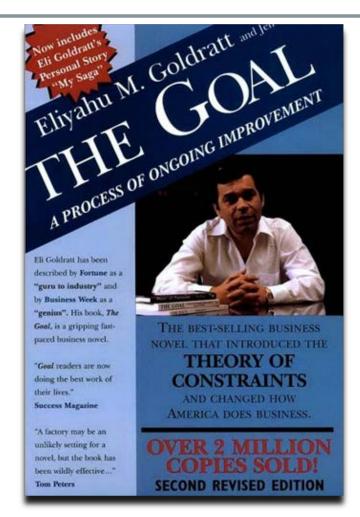
30 min/pt

Nurse

- 1) How many patients can my clinic see per hour?
- 2) How can you improve this system?
- 3) if you can't add resources....

TOC: The Theory of Constraints

- Bottleneck A resource that has the capacity equal to or less than the demand placed upon it
- Non-bottleneck
 resource that has a capacity that is greater than the demand placed upon it



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Case Study: 75,000-visit Peds ED

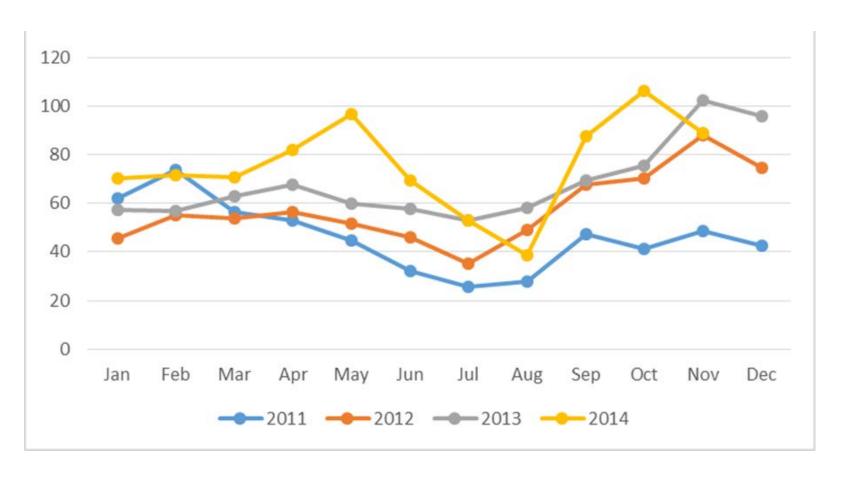


You're called into the CEO's Office!

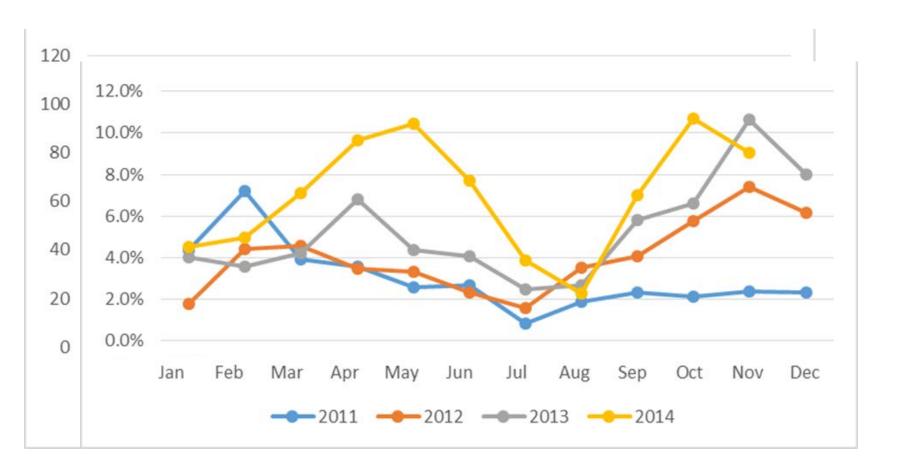
Our ED really stinks!



Peds ED Door to Doc by Month



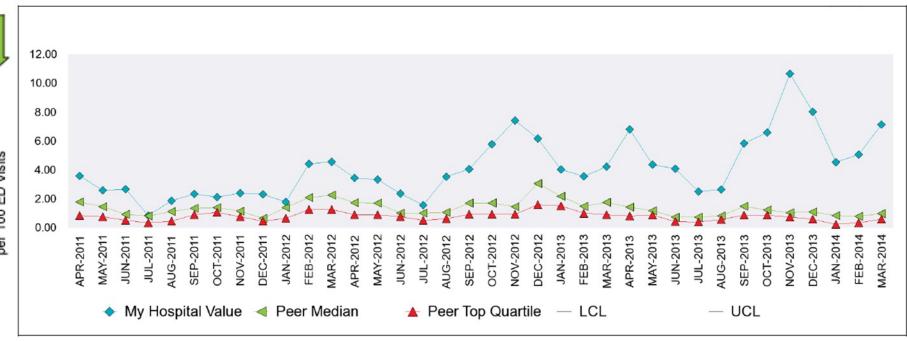
Peds ED LWOBS by Month



Peds ED LWOBS vs. Peers



% Left Without Being Seen per 100 ED Visits



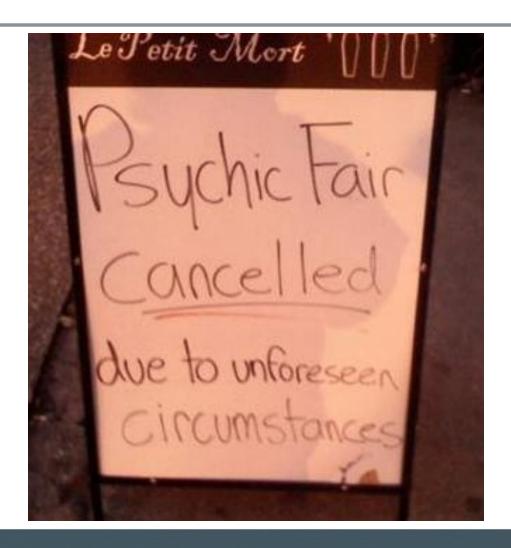
You're called into the CEO's Office!

Our ED really stinks!

YOU better fix this NOW!



What are you going to do?



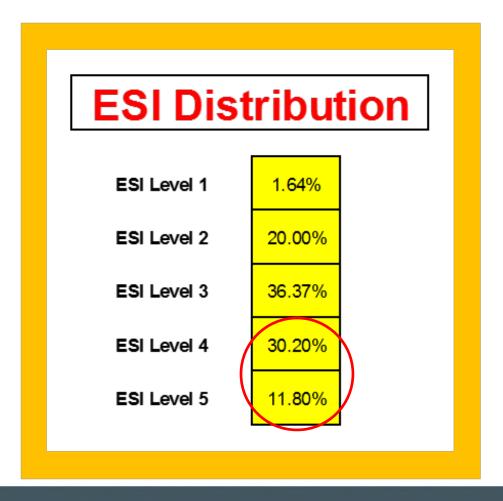
What Information Do You Need?



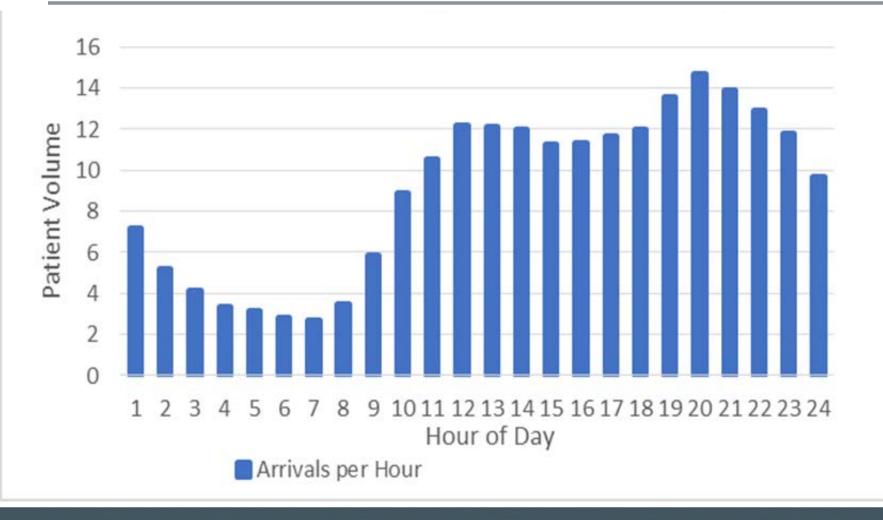
What data do you need from your analyst?

Top

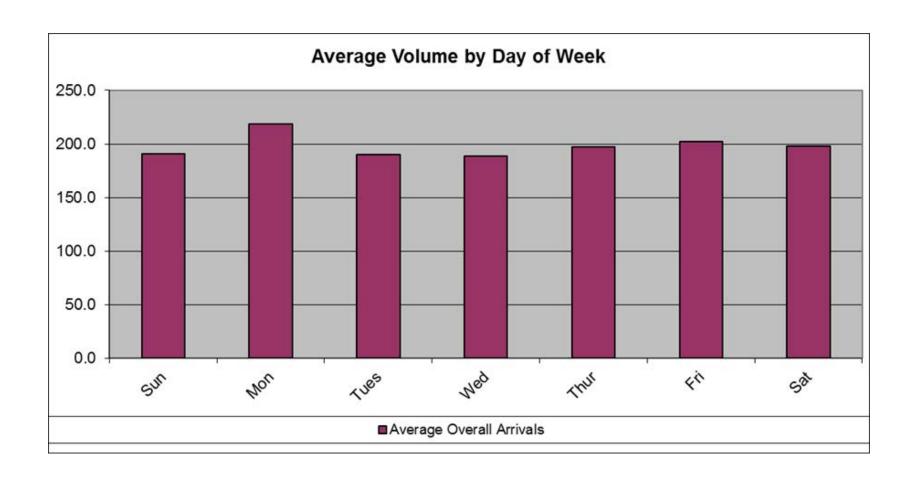
PEDs ED Acuity Mix by ESI Level



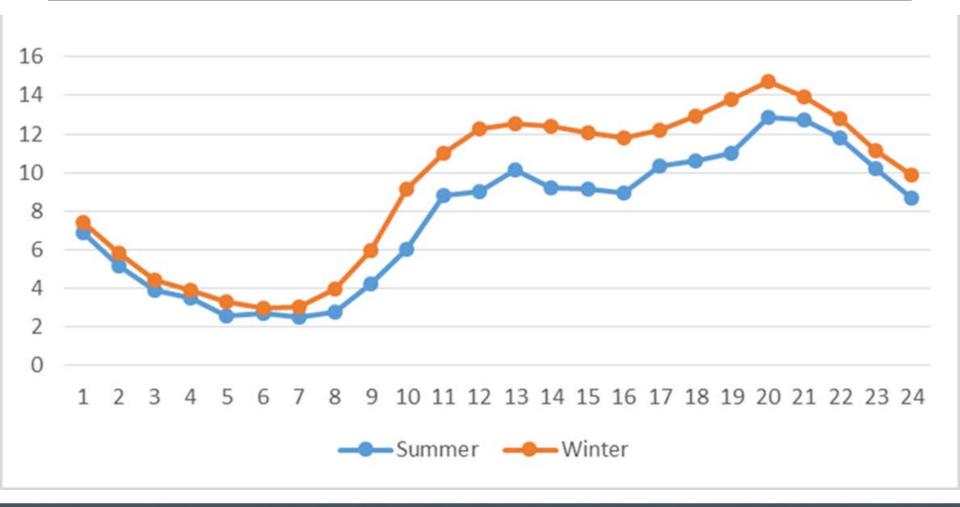
Peds ED Hourly Arrivals



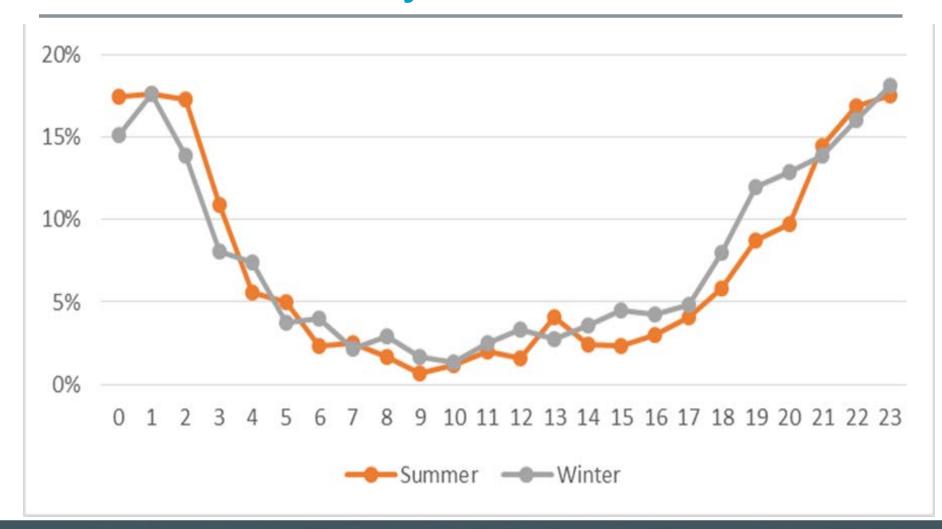
Peds ED Day of Week Arrivals



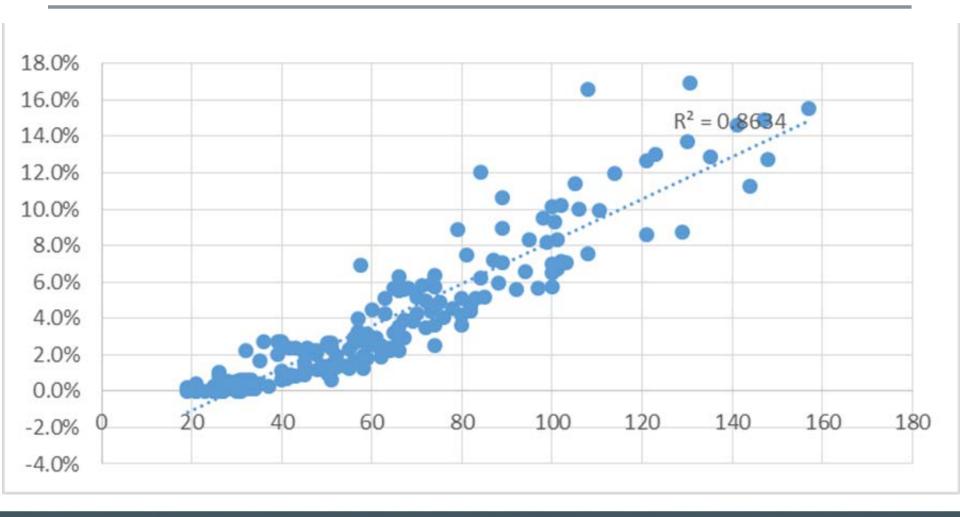
Peds ED Seasonal Hourly Arrivals



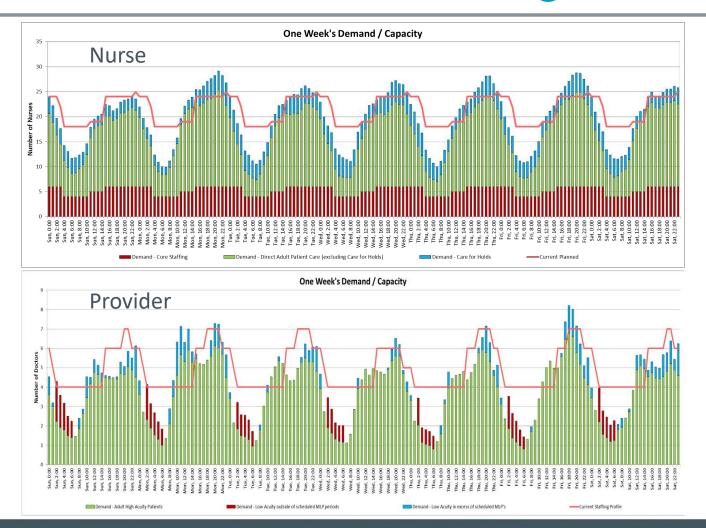
Peds ED Hourly LWOBS



Peds ED LWOBS vs Door to Doc



Nurse vs. Provider Staffing



Breakout Session – 7 min

How do you turn this around?

Provide a 5-point, bulleted summary of the following:

- 1. Problems identified (top 3)
- 2. Proposed solutions (top 3)
- 3. Information needed (top 3)

Designate one person to present



What are the most significant problems in this emergency department?

Top

What are the most important solutions?

Top

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Basic Approach to Staffing

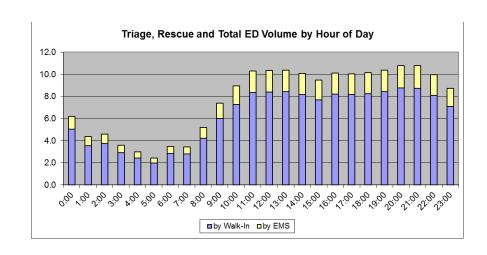
- Define the arrival <u>Demand</u>
- 2. Define and align the server <u>Capacity</u> (physician, nurse, APC, resident, bed productivity)
- 3. Execute in the *Context* of your current operational environment

Basic Approach to Staffing

- Define the arrival <u>Demand</u>
- 2. Define and align the server <u>Capacity</u> (physician, nurse, APC, resident, bed productivity)
- 3. Execute in the *Context* of your current operational environment

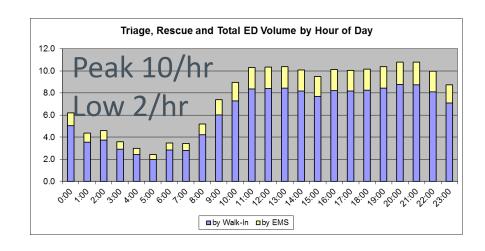
1. Define the Arrival Demand

- Arrival demand defines the demand for healthcare delivery
- Is the primary driver for physician, APC, and resident staffing



1. Demand – Hour of Day Variation

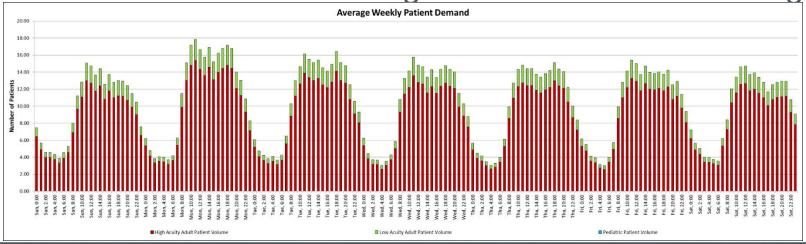
- Peak usually starts between 8a and 11am
- Usually ends between 9pm and 11pm
- Typically between 4:1 and 6:1 peak vs overnight arrivals
- Pediatrics and low acuity higher evenings



1. Demand – Hour of Week Variation

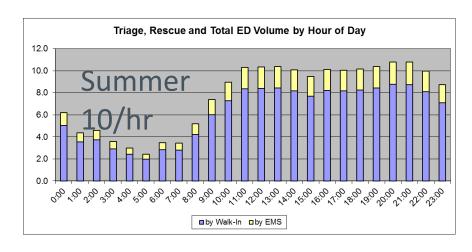
- Volume varies significantly by day of week in most institutions
- Weekend volume is usually lower than weekday volume
- Mondays are usually the <u>busiest</u> and also have the <u>highest</u> <u>acuity</u>

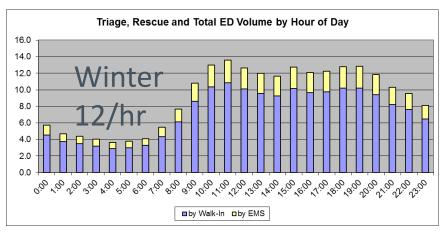
Pediatrics will have much higher weekends and evenings



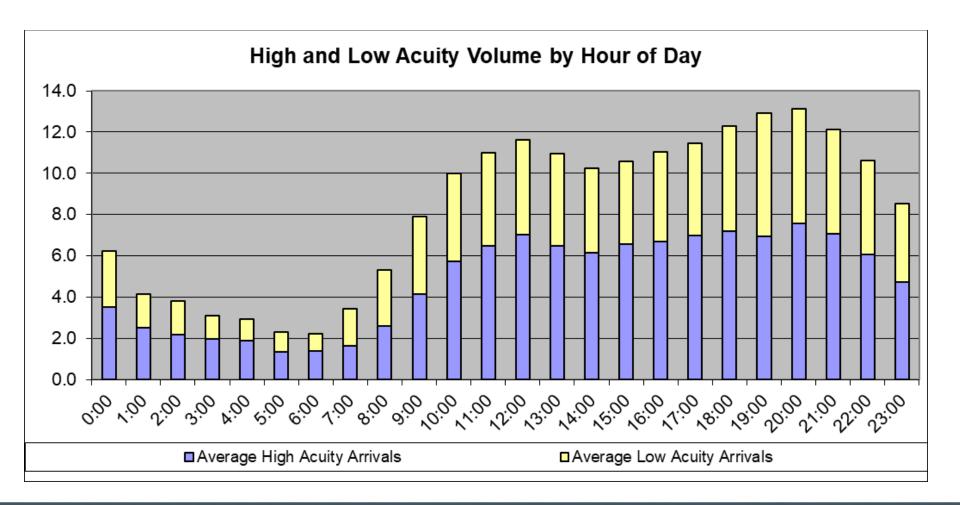
1. Demand - Seasonal Variation

- Seasonal Variation can be problematic if not considered
- Ultimately affects the size of your ED and the operational approach
- Peds follows this profile
- Need specific strategies to staff appropriately – part time staffing, preferential vacations, snowbird scheduling

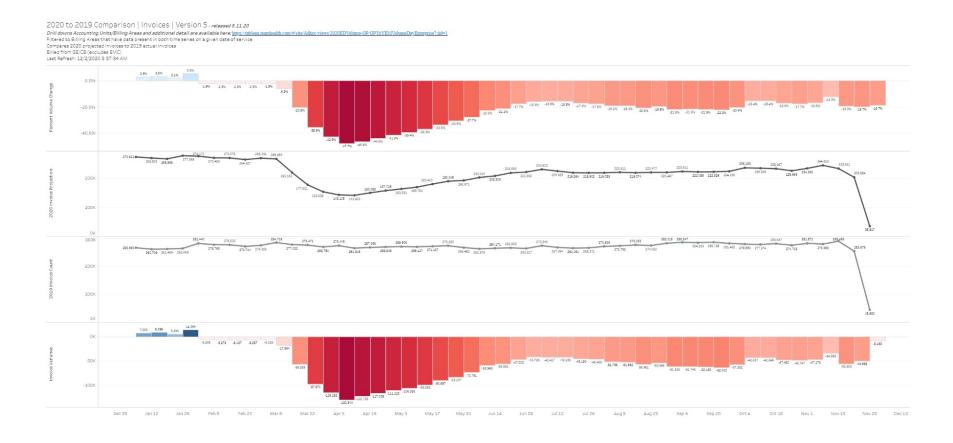




1. Demand - Acuity

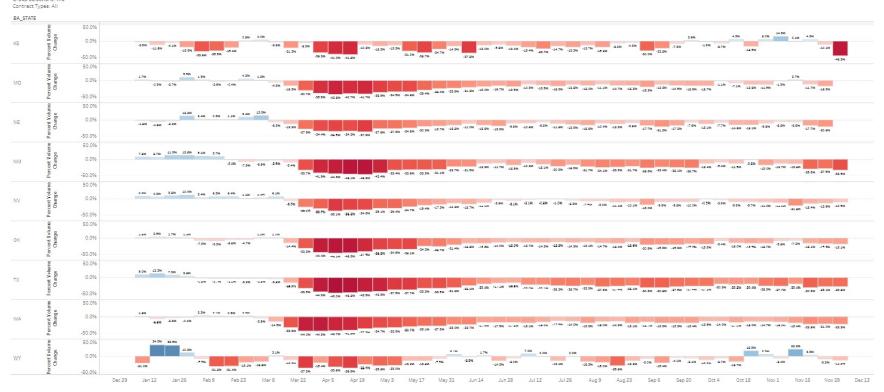


1. Demand – Special Demand COVID-19



1. Demand – Special Demand COVID-19

2020 to 2019 Comparison | Invoices | By State | Version 5 - released 5.11.20 Filtered to Billing Areas that have data present in both time series on a given date of service Compares 2020 projected invoices to 2019 actual invoices Billed from GE/CB (excludes EMC) Last Refresh. 12/2/2020 397-34 AM Group Selections: WG



Basic Approach to Staffing

- 1. Define the arrival <u>Demand</u>
- 2. Define and align the server <u>Capacity</u> (physician, nurse, APC, resident, bed productivity)
- 3. Execute in the *Context* of your current operational environment

2. Define Server Capacity

 Assess the volume over a week and divide by the total staffing hours

$$\frac{1400 \text{ pts/wk}}{700 \text{ doc hrs/wk}} = 2 \text{ pts/hr}$$



2. Capacity – Average Service Rate

- Assess the volume over a week and divide by the total staffing hours
- 2. Peak productivity will usually be higher as lower overnight volumes tend to drive the overall average down

$$\frac{1400 \text{ pts/wk}}{700 \text{ doc hrs/wk}} = 2 \text{ pts/hr}$$

$$\frac{1100 \text{ pts/wk}}{500 \text{ doc hrs/wk}} = 2.2 \text{ pts/hr}$$

Benchmarks are Scarce

Nursing

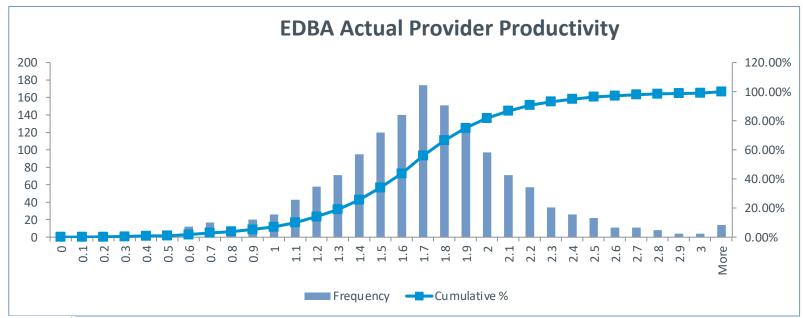
- No source for ideal productivity
- Most recommendations are from nurse advocate organizations
- Growing evidence that lower nurse staffing results in increased morbidity, mortality, and cost

Physician

- No source for ideal productivity
- ACEP, SAEM, AAEM all have position statements
- Other studies are largely inaccurate, outdated

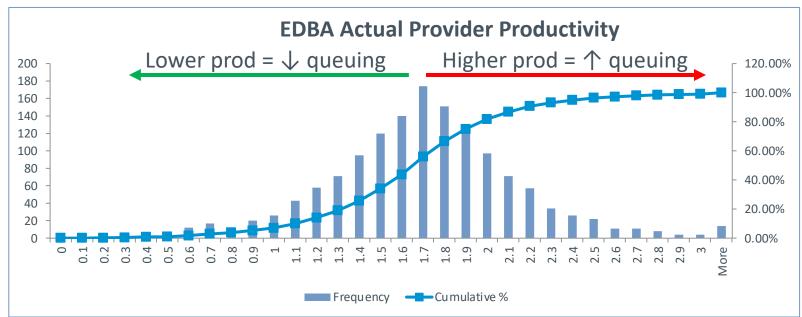
Recommended Benchmarking Sources: ACEP; Premier; EDBA; VHA

EDBA Actual PPH



ider PPH
1.67
1.67
1.34
0.46
3.84
0.14
3.98
1377

EDBA Actual PPH

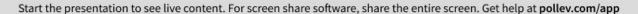


EDBA Actual Prov	ider PPH
Mean	1.67
Median	1.67
Mode	1.34
Standard Deviation	0.46
Range	3.84
Minimum	0.14
Maximum	3.98
Count	1377

Must take system flow into account!

What is Your Current Provider Productivity?

- < 1.0 PPH
- 1-1.6 PPH
- 1.6-1.8 PPH
- 1.8-2.0 PPH
- 2.0-2.6 PPH
 - > 2.6 PPH
- I don't know

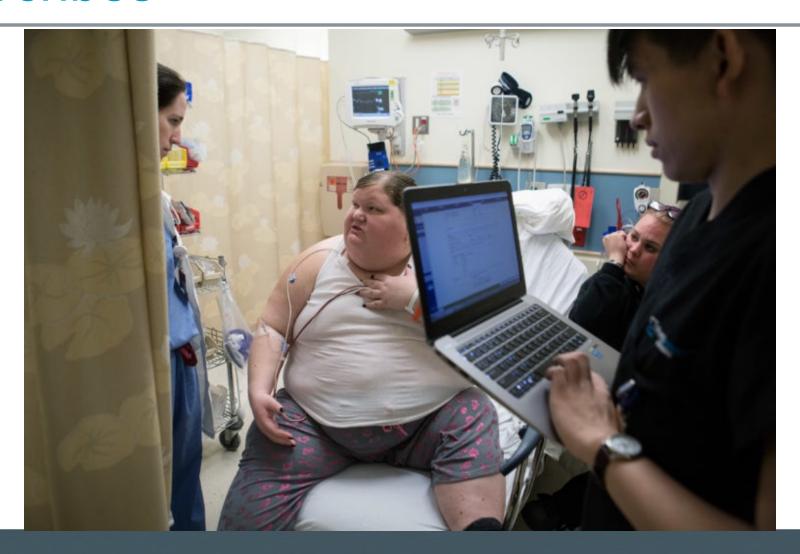


4,000 Clicks

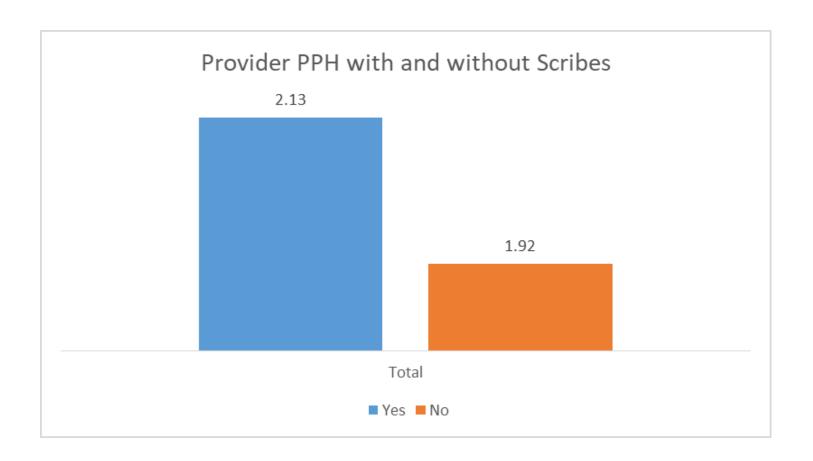


- 43% of time on data entry
- 28% on direct care
- 12% Results review
- 13% Communication
- 3% Other

Scribes



EDBA Impact of Scribes



Scribes vs Voice Dictation







Care settings

Nuance Dragon Medical One

Does Your ED Currently Use Scribes or Voice Dictation?

Scribe

Voice Dictation

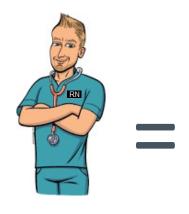
Both

Neither

Theory of Constraints – FT Example



3pts/hr



30 min/pt

Nurse

- 1) How many patients can my clinic see per hour?
- 2) How can you improve this system?
- 3) if you can't add resources....

2. Nurse Capacity



Worked Hours per Patient Visit (whppv)

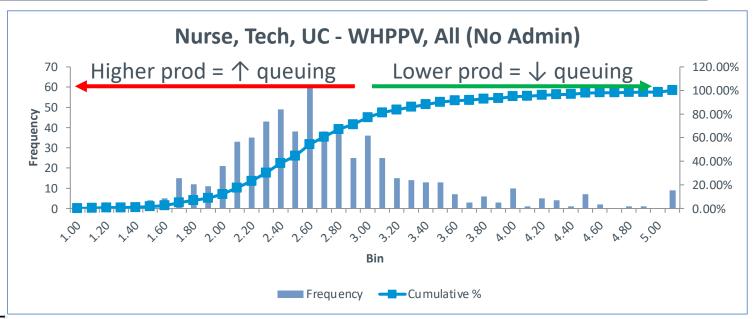
Nursing worked hours per patient visit:

WHPPV is just the inverse of the calculation we use for provider pts/hr

$$\frac{1400 \text{ pts/wk}}{700 \text{ doc hrs/wk}} = \frac{2}{\text{pts/hr}} \left(\frac{88}{4}\right) \frac{1000 \text{ RN hrs/wk}}{600 \text{ pts/wk}} = \frac{1.67}{\text{whppv}}$$

 Total worked hours per patient visit is calculated similarly, but includes all other staff as well as nurse admin FTEs.

EDBA WHPPV – All Sites



WHPPV, All (No Admin)		
Mean	2.68	
Median	2.56	
Mode	2.80	
Standard Deviation	0.80	
Range	7.70	
Minimum	0.67	
Maximum	8.37	
Count	610	

*This data set does not include admin FTE

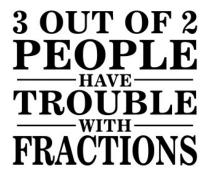
What is Your Current Nurse WHPPV?

- 2.0-2.4
- 2.4-2.6
- 2.6-3.0
 - > 3.0

I don't know

2. Capacity – Nurse Staffing Ratios

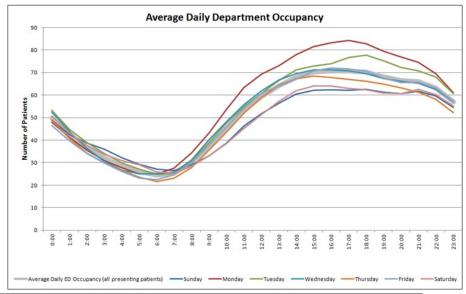
- 1. Many nurse staffing paradigms are driven off of bed ratios (4 beds per nurse)
- 2. Nurse staffing will depend on occupancy

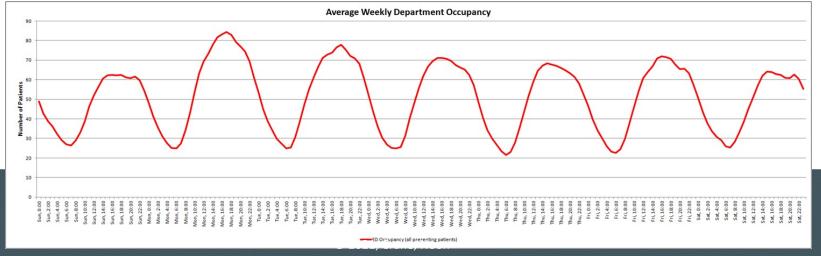




2. Capacity – Nurse Staffing Ratios

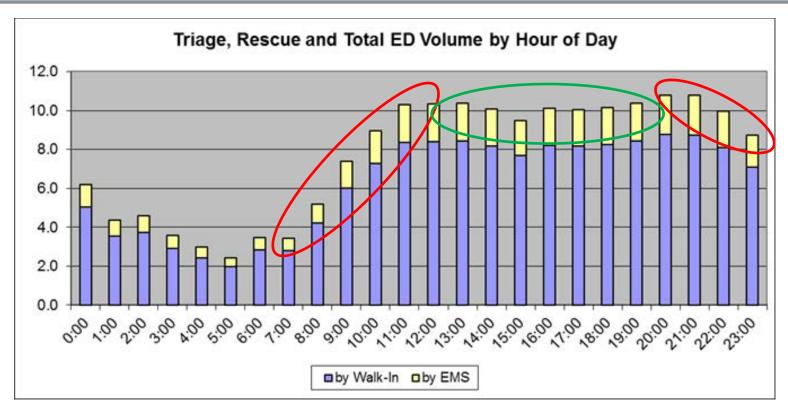
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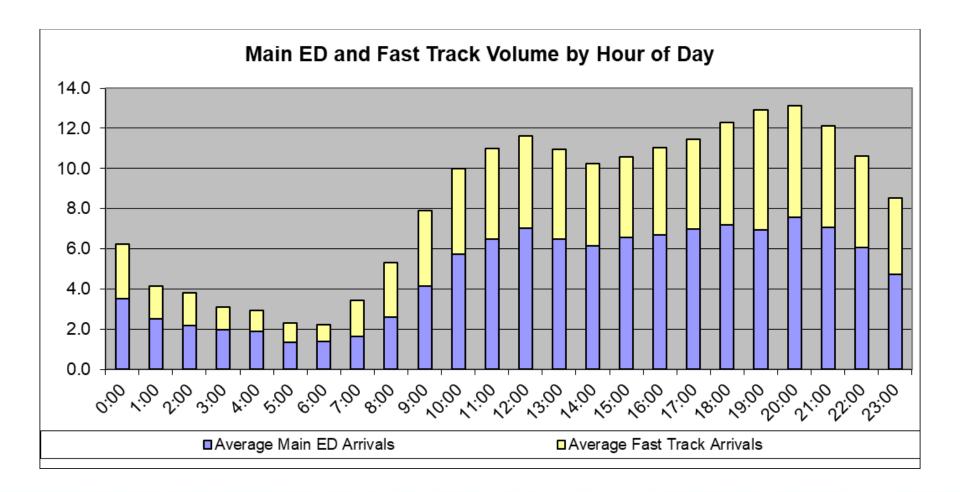


Dynamic Capacity Alignment

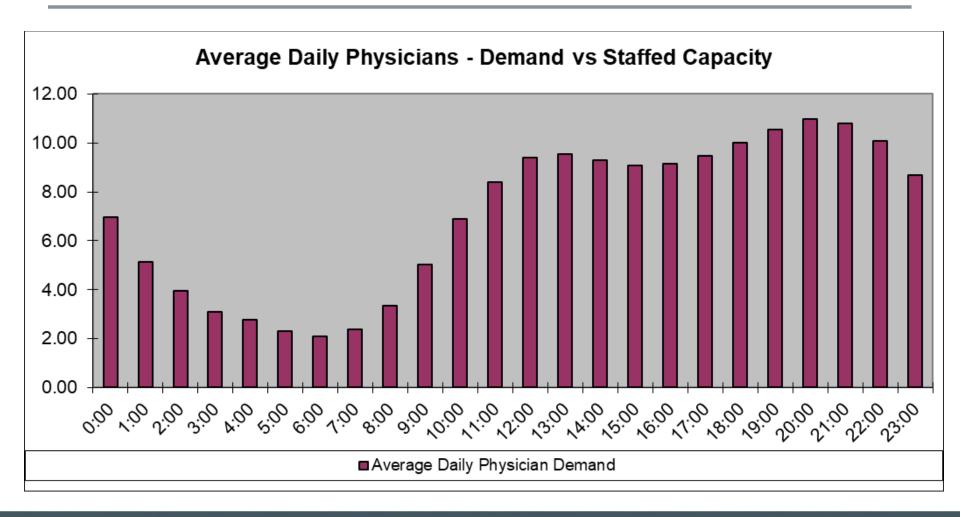


Steady state staffing is straightforward Ramp up and ramp down is more difficult

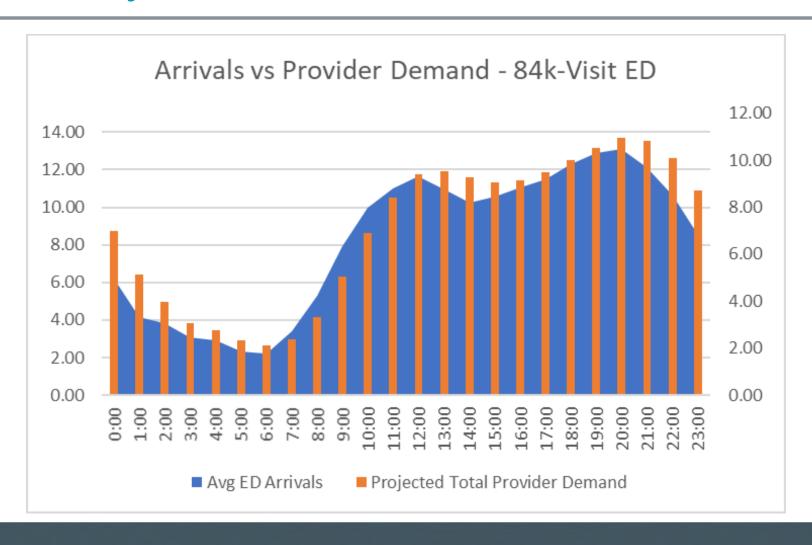
Arrivals – 72k Visits



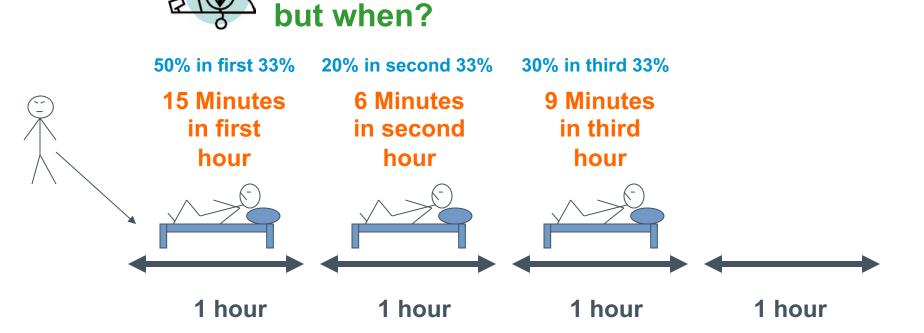
Provider Demand – 72k Visits



Overlay Arrivals and Provider Demand



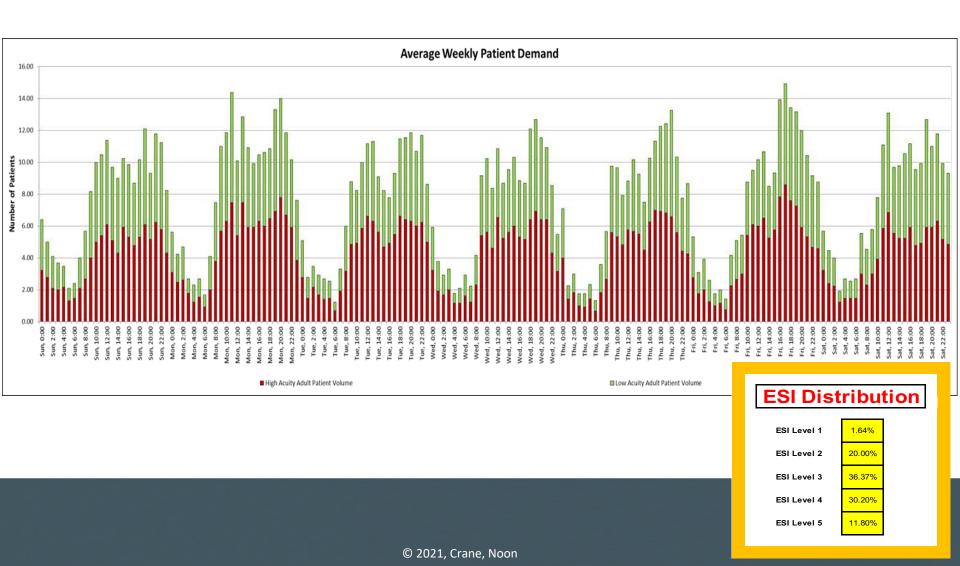
MD Demand – 2 pts/hr



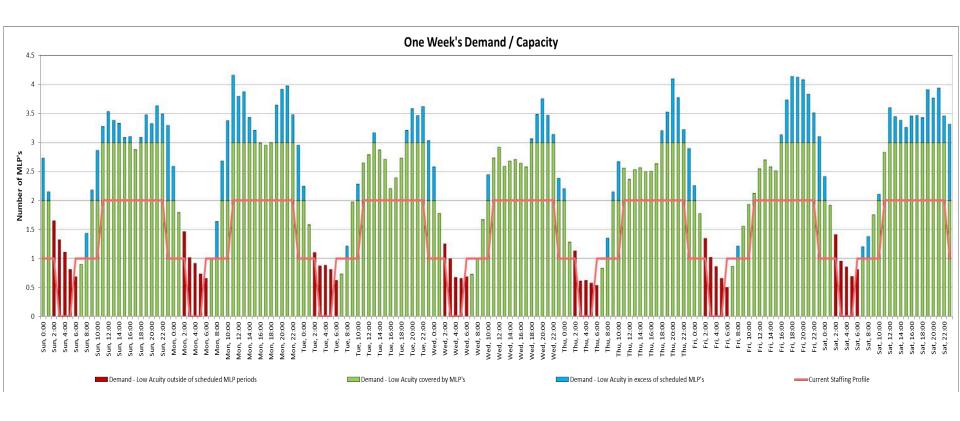
MD spends 30 minutes per patient,

3-hour Length Of Stay

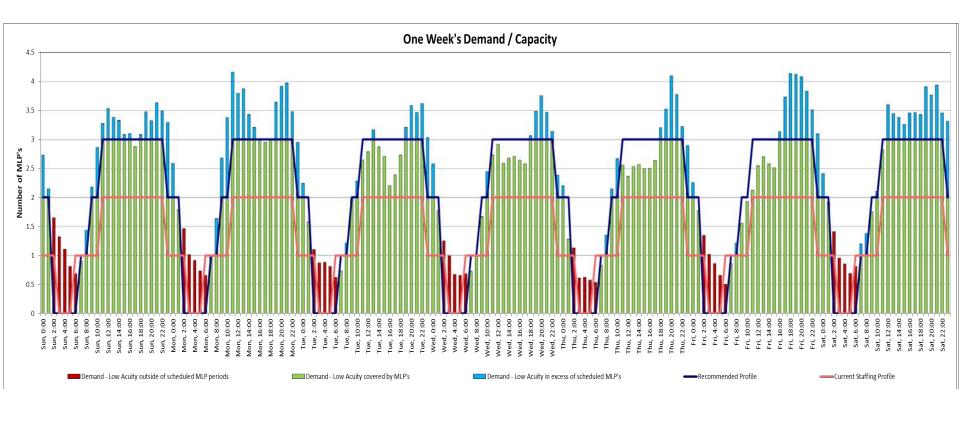
Optimizing the Alignment



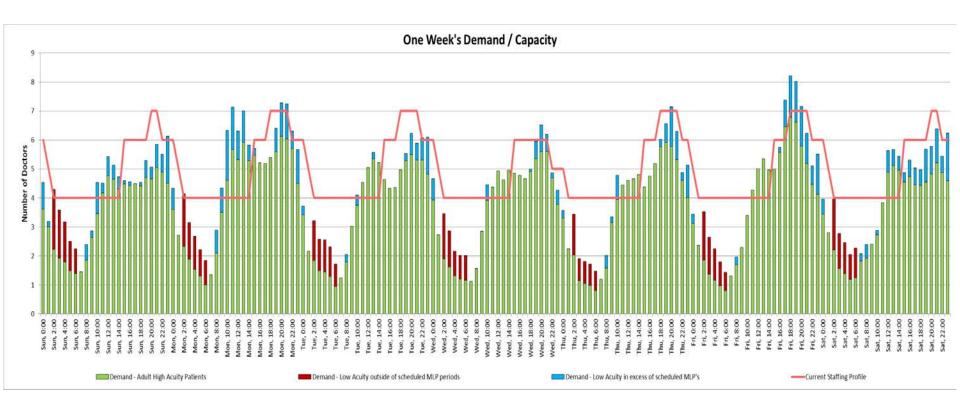
APC



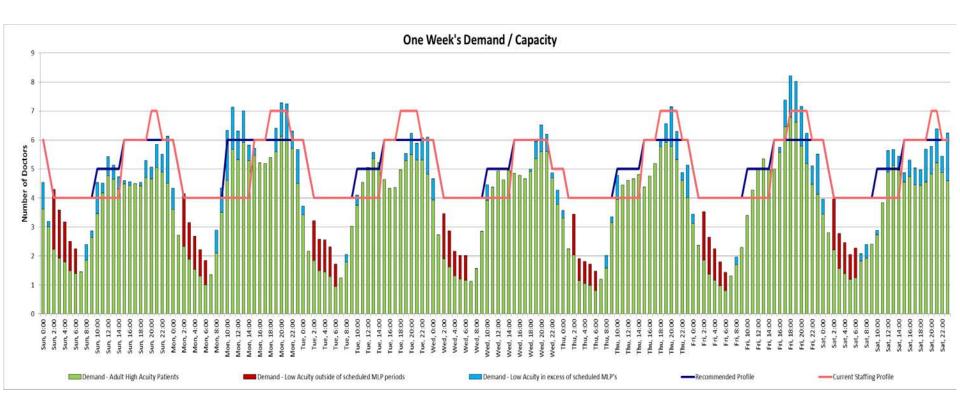
APC



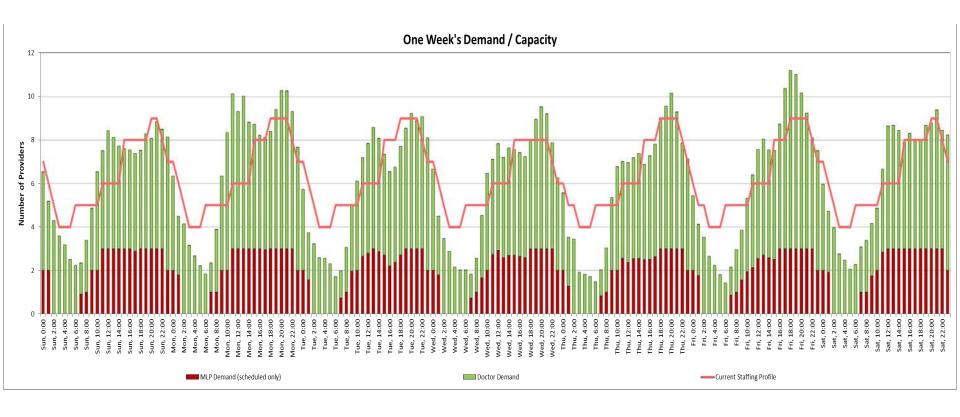
Physician



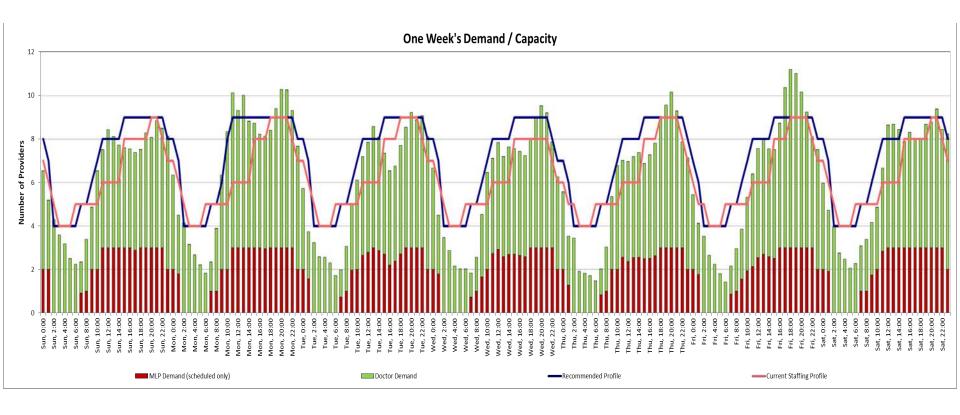
Physician



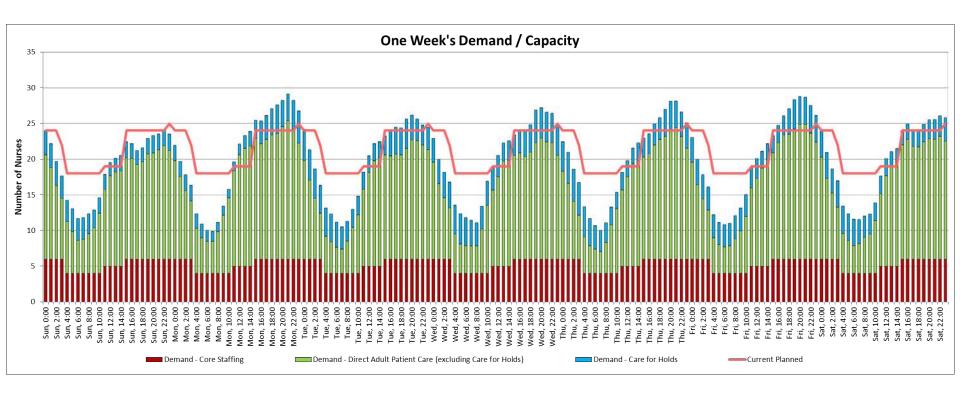
Provider



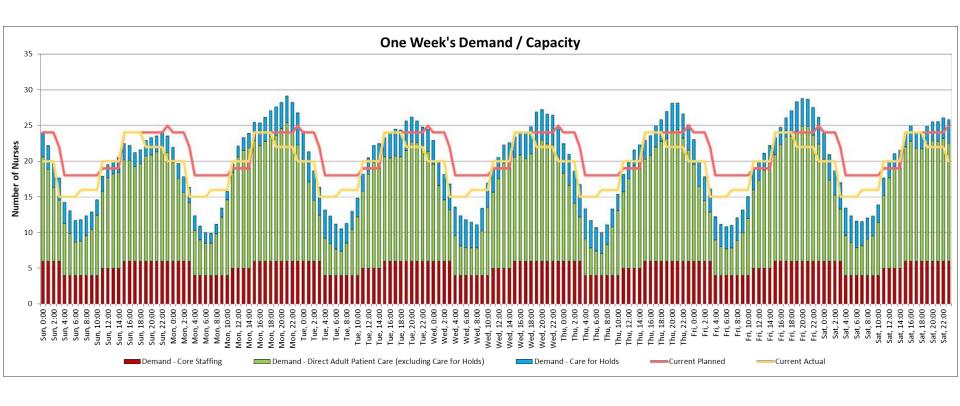
Provider



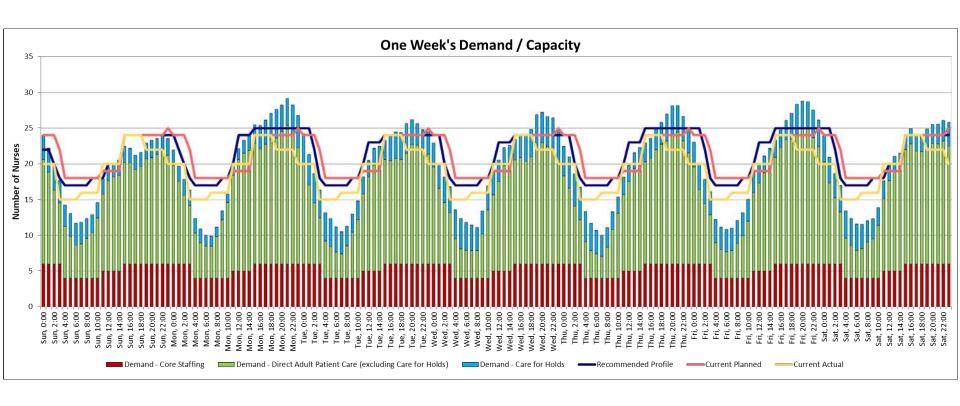
Current Nurse Staffing - Planned



Current Nurse Staffing - Actual



Future Nurse Staffing



Basic Approach to Staffing

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Staffing an ED Appropriately and Efficiently

Many EDs Vary 40% Between Their Slowest and Busiest Days, So Peak Load Crises Are Inevitable. But How Many Are Tolerable?

ACEP News August 2009

By Martha Collins

ACEP News Contributing Writer

Having the right mix of physicians, nurses, midlevel providers, and support staff in the emergency department can help ensure emergency department efficiency, patient satisfaction, cost-effective care, and medical-legal safety. But just how do you know that you are staffing your emergency department appropriately and efficiently?

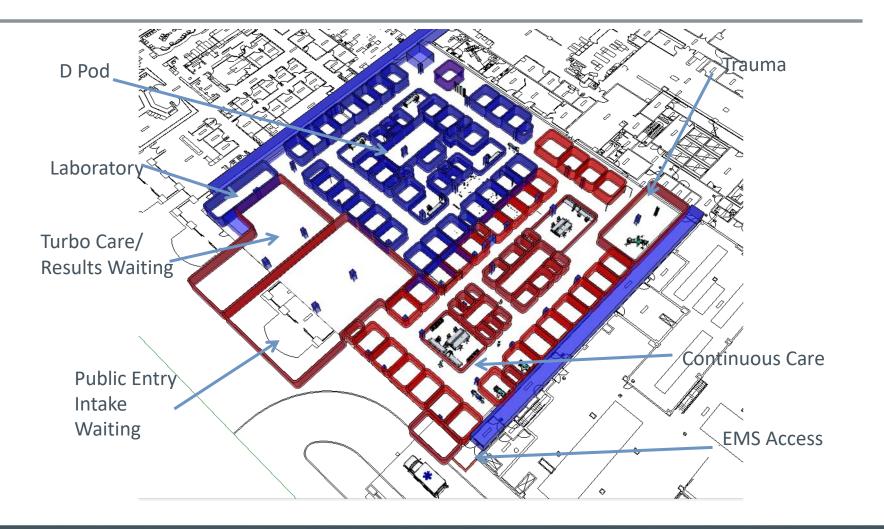
"When it comes to ED staffing, there are strategic drivers and tactical drivers. The strategic drivers are quality of care, patient safety, and the level of service you want to deliver. The tactical drivers are patient volume, acuity, patient length of stay, admit holds, physician capabilities, and non-physician staffing," said Kirk B. Jensen, M.D., MBA, who is chief medical officer for BestPractices, Inc. Dr. Jensen also is a faculty member of the Institute for Healthcare Improvement (IHI) in Boston, and chair of IHI's collaborative on Improving Flow in the Acute Care Setting and Operational and Clinical Improvement in the ED

- Geography,Process,
- and People

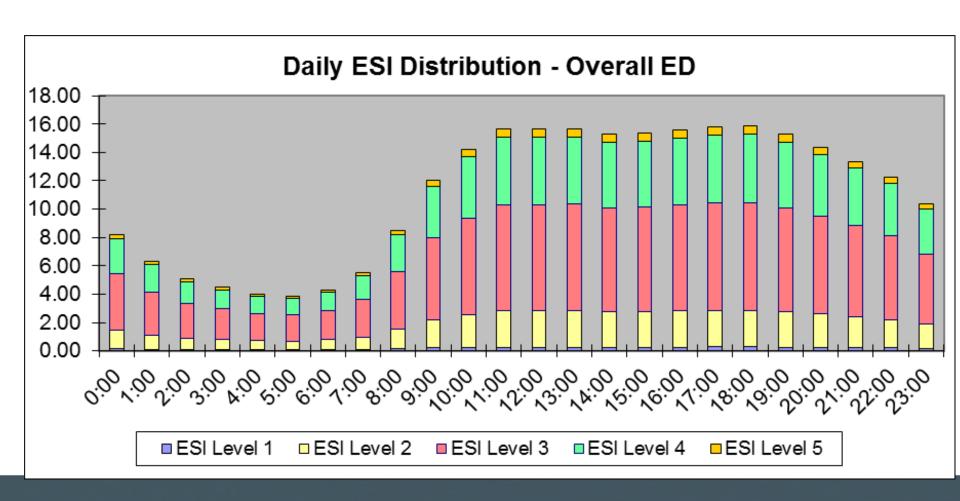
This ED is a lot harder to staff....



Than this ED....



Arrival Acuity by HOD



There are Really Only 3 Types of ED Patients...

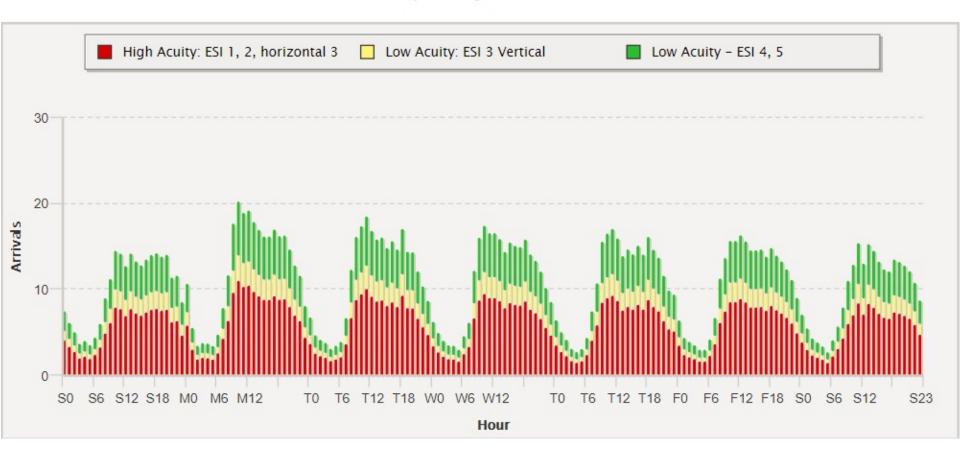






Optimizing Streams

Arrivals: Horizontal versus Vertical, 3 layers





Walk-in **Arrivals**

Assessment



8 pts/hr "Vertical" Super Track

Easy

3 pts/hr "Vertical" Intake/RME

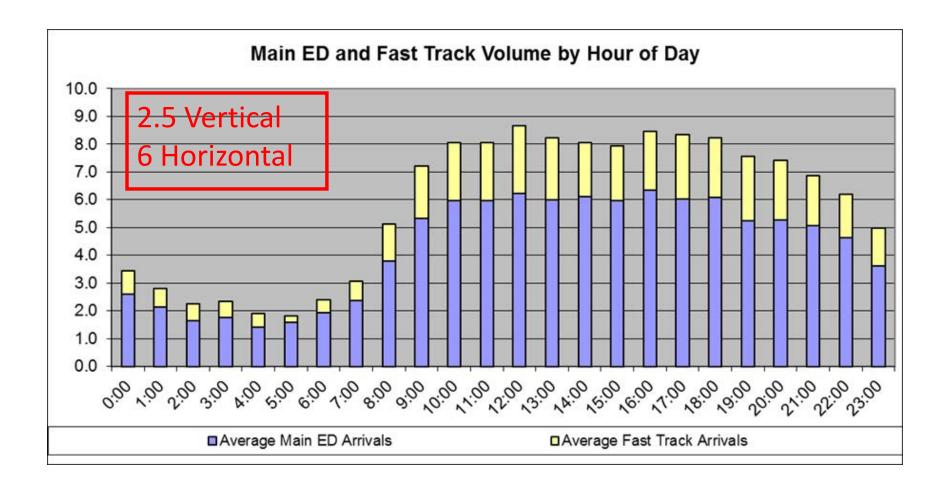


Ambulance Arrivals



8 pts/hr "Horizontal" Main ED

Low Acuity Arrivals = ESI 4,5

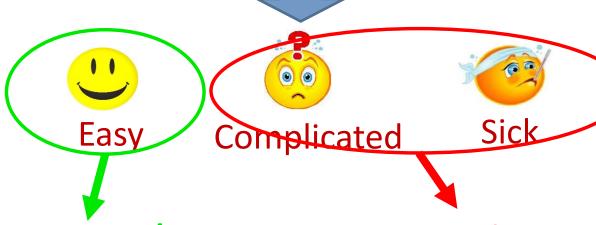




Walk-in Arrivals



Ambulance Arrivals



2.5 pts/hr
"Vertical"
Super Track

6 pts/hr
"Horizontal"
Main ED

FOR MORE STORIES ON PRACTICE TRENDS SO TO: WWW.ACEPROW.COM

SPECIAL OPS



DR. WELCH is a practicing emergency physician with Utah Emergency Physicians and a research follow at the Intermountain Institute for Health Care Delivery Research. She has written numerous articles and three books on ED quality safety, and efficiency. She is a consultant with Quality Matters Consulting and her expertise is in ED operations.

The SuperTrack Is SUPER!

Patient segmentation can improve efficiency, patient care, and other key ED metrics

Other newer examples of patient segmentation include:

- Geriatric ED
- Chest pain center
- Pediatric ED
- Critical decision unit
- Observation unit
- SuperTrack

by SHARI WELCH, MD, FACEP

or emergency departments seeing medium to high volumes of patients, the concept of patient segmentation is becoming popular as a flow strategy.13 Patient segmentation means grouping patients requiring similar levels of care and having similar anticipated lengths of stay (LOS) into a geographic area with dedicated staff and resources. The earliest example of patient segmentation is Fast Track, which now has a very compelling body of literature behind it.34 Other newer examples of patient segmentation include:

- Geriatric ED
- · Chest pain center
- · Pediatric ED
- Critical decision unit
- · Observation unit
- · SuperTrack

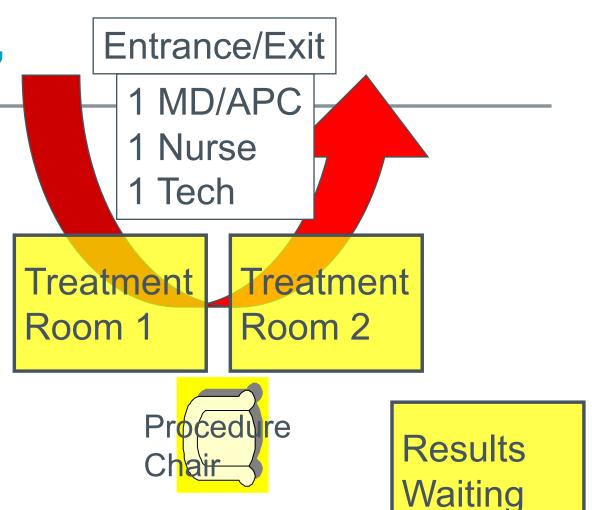
SuperTrack was pioneered by Jody Crane, MD, in the Mary Washington Hospital Emergency Department in Fredericksburg, Virginia, as part of a complete patient-flow makeover. The Mary Washington ED was seeing more than 100,000 visits when it opened its new doors in 2006 and was plagued with front-end waits and delays. As part of a complete overhaul of its ED patient flow, Crane and his colleagues



acuity patients (Emergency Severity Index Level 5). It dedicated six rooms as SuperTrack from 8 a.m. to 6 p.m., where identified patients would be 0 2021 C. rane, Noon seen by a patient care team conOnce patients were found to meet the SuperTrack criteria, they were quickly placed in a room, and a patient care tech (PCT) would expedite this process and alert the proplies, and staff dedicated to the care of very low-acuity patients, Parkland UCED improved all of its performance metrics, improved the overall flow of the department, and

"Super Track"

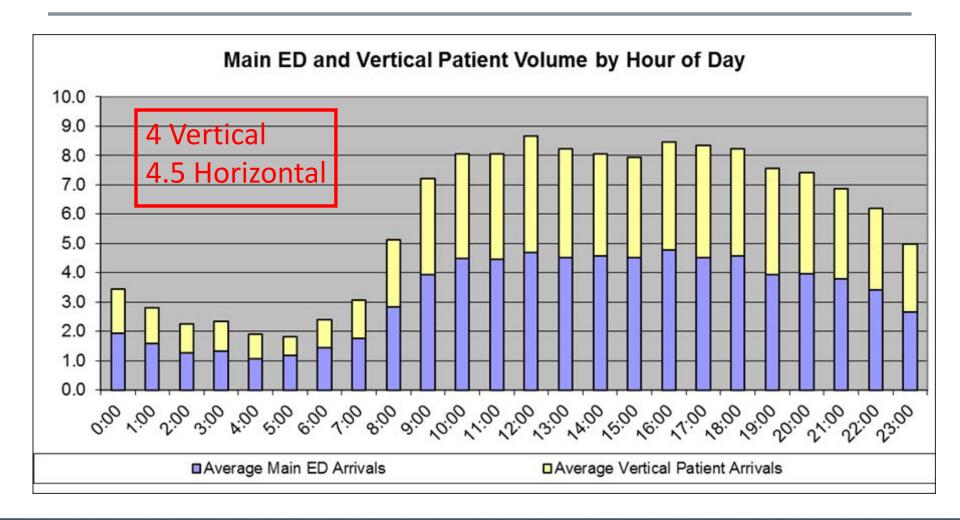
Fast Track located in or near triage for the purpose of promptly treating patients who require very low resource utilization

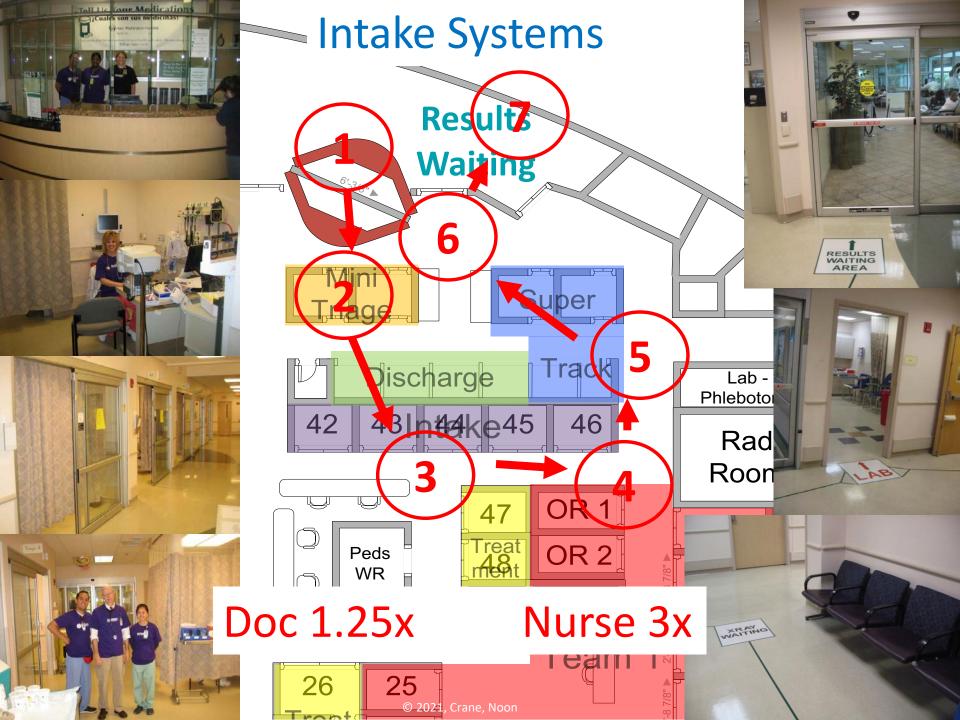


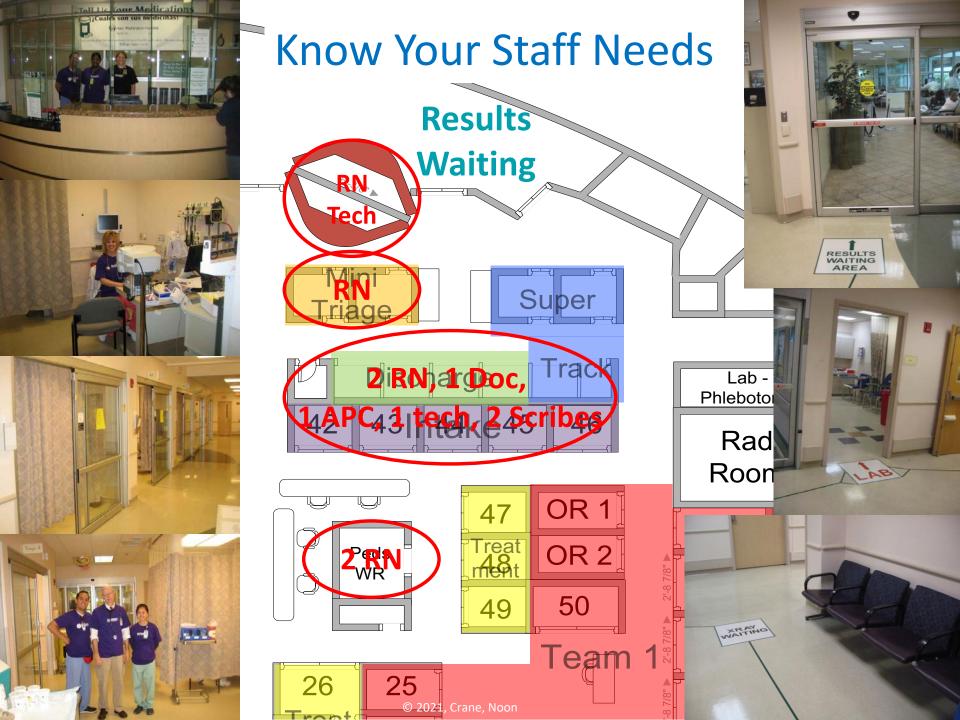
Doc - 1.5x

Nurse – 4x

Intake Arrivals – ESI 4, 5, 33% ESI 3







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Staffing an ED Appropriately and **Efficiently**

Many EDs Vary 40% Between Their Slowest and Busiest Days, So Peak Load Crises Are Inevitable. But How Many Are Tolerable?

ACEP News August 2009

By Martha Collins ACEP News Contributing Writer

Having the right mix of physicians, nurses, midlevel providers, and support staff in the emergency department can help ensure emergency department efficiency, patient satisfaction, cost-effective care, and medical-legal safety. But just how do you know that you are staffing your emergency department appropriately and efficiently?

"When it comes to ED staffing, there are strategic drivers and tactical drivers. The strategic drivers are quality of care, patient safety, and the level of service you want to deliver. The tactical drivers are patient volume, acuity, patient length of stay, admit holds, physician capabilities, and non-physician staffing," said Kirk B. Jensen, M.D., MBA, who is chief medical officer for BestPractices, Inc. Dr. Jensen also is a faculty member of the Institute for Healthcare Improvement (IHI) in Boston, and chair of IHI's collaborative on Improving Flow in the Acute Care Setting and Operational and Clinical Improvement in the FD

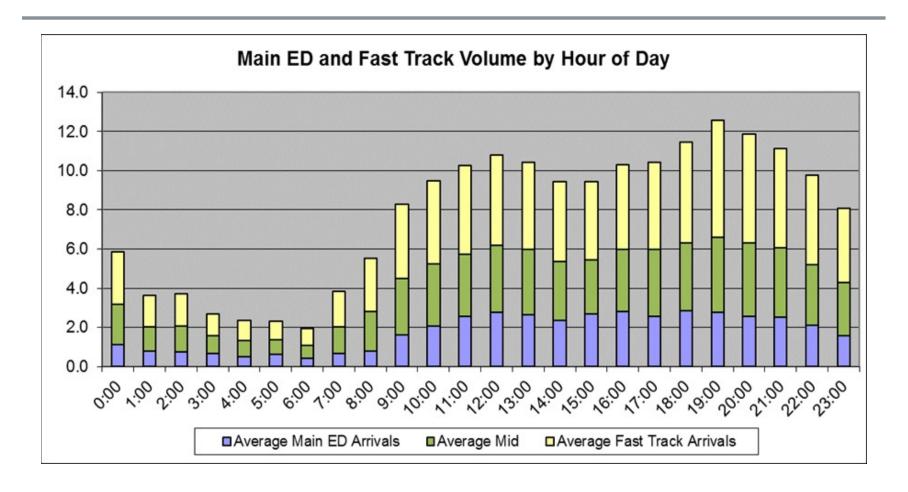
Symptoms:

- Elevated patient throughput times
- High left-without-being-seen rate
- Low patient satisfaction
- Clinician behavior in a stressful environment
- Low clinician satisfaction and retention
- The four key drivers of patient satisfaction:
 - Length of stay
 - Quality of the interactions with providers
 - Quality of the explanations
 - Pain management

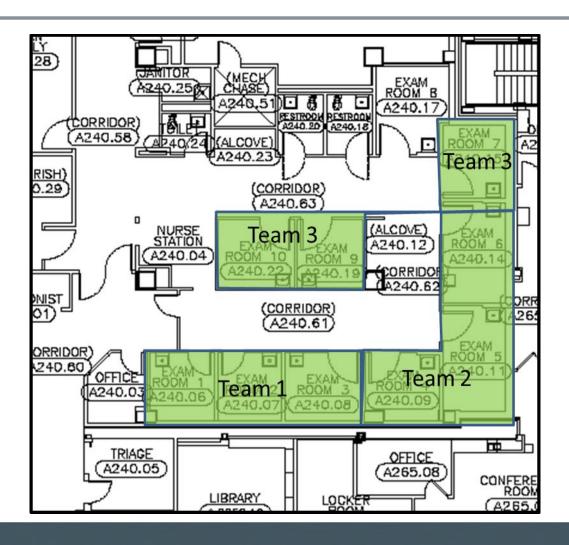
Outline

- Academic Principles
- Case Study 75,000-visit ED
- Approach to Staffing Optimization
 - Define Demand
 - Define Capacity
 - Contextualize
- Conclusions

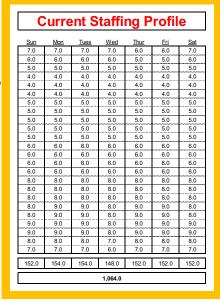
Case Study - Future Directions



Low Acuity Option 2

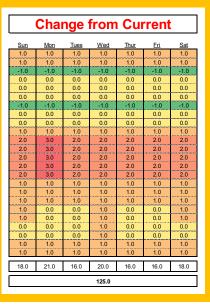


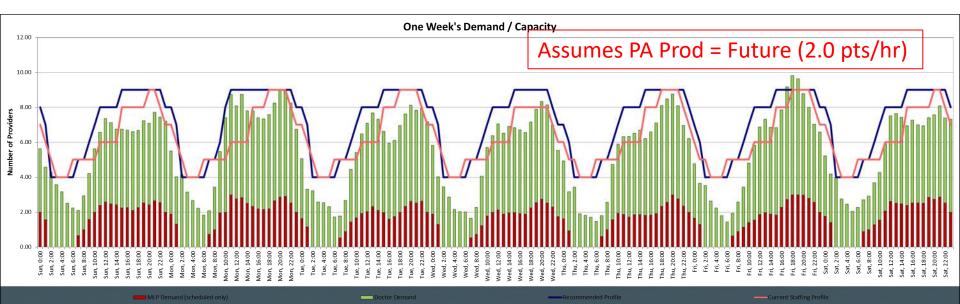
Overall Provider



Sun	Mon	Tues	Wed	Thur	<u>Fri</u>	Sat
8.0	8.0	8.0	8.0	7.0	7.0	8.0
7.0	7.0	7.0	7.0	6.0	6.0	7.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
5.0	5.0	5.0	5.0	5.0	5.0	5.0
5.0	5.0	5.0	5.0	5.0	5.0	5.0
6.0	6.0	6.0	6.0	6.0	6.0	6.0
7.0	8.0	7.0	7.0	7.0	7.0	7.0
8.0	9.0	8.0	8.0	8.0	8.0	8.0
8.0	9.0	8.0	8.0	8.0	8.0	8.0
8.0	9.0	8.0	8.0	8.0	8.0	8.0
8.0	9.0	8.0	8.0	8.0	8.0	8.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	8.0	9.0	9.0	9.0
8.0	8.0	8.0	7.0	8.0	8.0	8.0
170.0	175.0	170.0	168.0	168.0	168.0	170.0

Recommended Profile



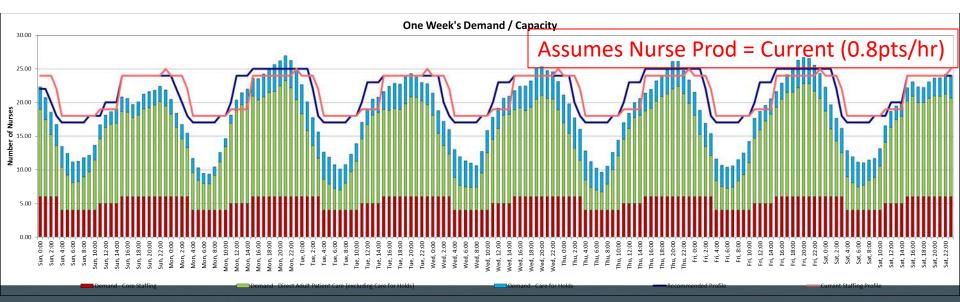


Overall Nursing

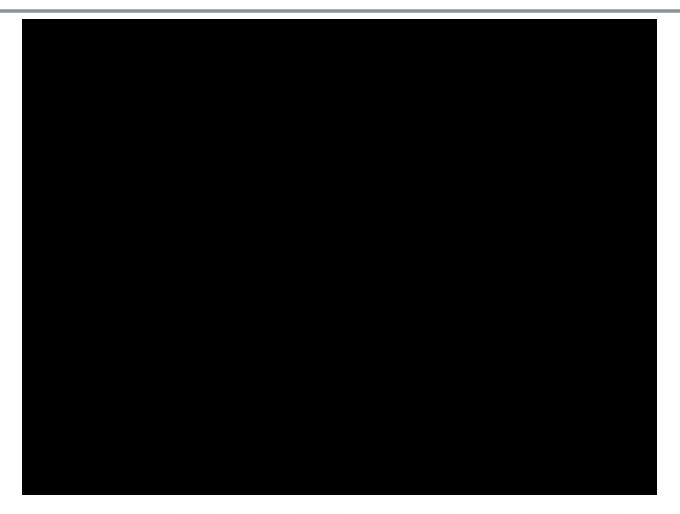
Current Staffing Profile							
Sun	Mon	Tues	Wed	Thur	<u>Fri</u>	<u>Sat</u>	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
22.0	22.0	22.0	22.0	22.0	22.0	22.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
19.0	19.0	19.0	19.0	19.0	19.0	19.0	
19.0	19.0	19.0	19.0	19.0	19.0	19.0	
19.0	19.0	19.0	19.0	19.0	19.0	19.0	
19.0	19.0	19.0	19.0	19.0	19.0	19.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
24.0	24.0	24.0	24.0	24.0	24.0	24.0	
25.0	25.0	25.0	25.0	25.0	25.0	25.0	
513.0	513.0	513.0	513.0	513.0	513.0	513.0	
3.591.0							

F	Recommended Profile						
Sun	Mon	Tues	Wed	<u>Thur</u>	<u>Fri</u>	Sat	
22.0	24.0	25.0	24.0	24.0	25.0	25.0	
22.0	22.0	25.0	24.0	24.0	25.0	25.0	
20.0	20.0	22.0	20.0	20.0	22.0	22.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	20.0	20.0	20.0	20.0	20.0	18.0	
20.0	24.0	23.0	23.0	23.0	23.0	20.0	
20.0	24.0	23.0	23.0	23.0	23.0	20.0	
20.0	24.0	23.0	23.0	23.0	23.0	20.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
497.0	522.0	516.0	512.0	521.0	525.0	505.0	
	3,598.0						

Change from Current						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
-2.0	0.0	1.0	0.0	0.0	1.0	1.0
-2.0	-2.0	1.0	0.0	0.0	1.0	1.0
-4.0	-4.0	-2.0	-4.0	-4.0	-2.0	-2.0
-4.0	-4.0	-4.0	-4.0	-4.0	-4.0	-4.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
0.0	0.0	0.0	0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0	0.0	0.0	0.0
-1.0	1.0	1.0	1.0	1.0	1.0	-1.0
1.0	5.0	4.0	4.0	4.0	4.0	1.0
1.0	5.0	4.0	4.0	4.0	4.0	1.0
1.0	5.0	4.0	4.0	4.0	4.0	1.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
-1.0	0.0	-1.0	-1.0	0.0	0.0	-1.0
-16.0	9.0	3.0	-1.0	8.0	12.0	-8.0
7.0						



What Are You Sinking About?





Conclusions

- Optimizing staffing in the emergency department requires understanding core flow concepts like queuing theory and the theory of constraints
- An accurate assessment of demand, capacity, and variation is necessary to be successful
- A consistent approach to staffing is necessary to achieve consistent results
- Physician staffing cannot be looked at in isolation and must be contextualized relative to nurse staffing, bed constraints, physical space, skill mix and acuity mix