

EM WELLNESS WEEK

JUNE 3 - 9, 2024

Take part in these daily activities brought to you by
ACEP'S Wellness Section & Well-Being Committee

June 3 | Snack, Snap & Learn

June 4 | Money Matters

June 5 | Be a Doc on a Walk

June 6 | Don't Sleep on Sleep

June 7 | Take Time for Family & Friends

June 8 | Get Moving

June 9 | Celebrate Random Acts of Wellness

#EMWellnessWeek

acep.org/EMWellnessWeek