The American College of Emergency Physicians (ACEP) recognizes the value of choice in emergency medicine residency training formats and supports the continued accreditation of both three-year and four-year programs. There is no current evidence to suggest superior or non-inferior educational outcomes of either three- or four-year programs. ACEP believes supporting both training formats benefits the specialty, trainees, and patients. Future changes to the length of training requirements in emergency medicine should be evidence-based.