| <ul> <li>From the American College of Emergency Physicians Clinical Policies Subcommittee (Writing Committee) on Seizures:</li> <li>Michael D. Smith, MD, MBA (Writing Committee Chair)</li> <li>Christopher S. Sampson, MD</li> <li>Stephen P. Wall, MD, MSc, MAEd (Methodologist)</li> <li>Deborah B. Diercks, MD, MSc (Committee Chair)</li> <li>4</li> </ul>   | 1 | Clinical Policy: Critical Issues in the Management of Adult Patients Presenting to the Emergency          |  |  |  |  |  |  |  |
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| Approved by the ACEP Board of Directors, April 17, 2024           From the American College of Emergency Physicians Clinical Policies Subcommittee (Writing Committee) on<br>Seizures:           Michael D. Smith, MD, MBA (Writing Committee Chair)           Christopher S. Sampson, MD           18 Stephen P. Wall, MD, MSc, MAEd (Methodologist)           Deborah B. Diercks, MD, MSc (Committee Chair)           Members of the American College of Emergency Physicians Clinical Policies Committee (Oversight Committee)           Deborah B. Diercks, MD, MSc (Co-Chair 2021-2022, Chair 2022-2024)           John D. Anderson, MD           Richard Bynyn, MD, MSc (Methodologist)           Christopher R. Carpenter, MD, MSc           Benjamin W. Friedman, MD (Methodologist)           Stelven A. Godwin, MD           Steven A. Godwin, MD           Hercumt Kwok, MD, MSK (Methodologist)           Amay Kaji, MD, MPH, PhD (Methodologist)           Braine M. Law, MD, MBA           Sharon E. Mace, MD           Maggie Moran, MD (EMRA Representative 2022-2023)           Sussan B. Promes, MD           Madrea Slivinski, R   | 2 |   |  |  |  |  |  |  |  |
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#### 53 ABSTRACT

This clinical policy from the American College of Emergency Physicians addresses key issues in the evaluation and management of adult emergency department patients presenting with seizure. A writing committee conducted a systematic review of the literature to derive evidence-based recommendations to answer the following clinical question: In emergency department patients with generalized convulsive status epilepticus who continue to have seizures despite receiving optimal dosing of benzodiazepine, which agent or agents should be administered next to terminate seizures? Evidence was graded, and recommendations were made based on the strength of the available data.

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#### 62 INTRODUCTION

63 Seizure is a presentation that emergency physicians will manage, accounting for about 1% of all emergency department (ED) visits.<sup>1,2</sup> First-line treatment for recurrent seizures is the appropriate dosing of 64 65 benzodiazepines with second-line treatment including agents such as phenytoin, levetiracetam, and valproic acid.<sup>3</sup> 66 Status epilepticus is defined as a seizure lasting longer than 5 minutes or multiple seizures without a return to neurologic baseline. Management can be clinically challenging in discerning postictal patients from those 67 68 suffering from subclinical nonconvulsive status epilepticus and potentially lacking real time electroencephalogram monitoring in the ED.<sup>4,5</sup> Furthermore, noncompliance with antiseizure drug therapy may 69 70 make the patient more likely to present to the ED with seizure. An additional complication is that prescribed 71 (example: tramadol) and illicit substance use (example: cocaine) can lower the seizure threshold. Compounding 72 this may be the time needed to obtain quantitative levels of antiseizure medications in real time. 73 The 2014 American College of Emergency Physicians (ACEP) clinical policy "Clinical Policy: Critical 74 Issues in the Evaluation and Management of Adult Patients Presenting to the Emergency Department With Seizures" addressed several critical questions in emergency seizure evaluation and management.<sup>6</sup> Included in 75 76 these questions, was the question "In ED patients with generalized convulsive status epileptics who continue to 77 have seizures despite receiving optimal dosing of a benzodiazepine, which agent or agents should be administered 78 next to terminate seizures?". After careful consideration, the Clinical Policies Committee agreed that an update to 79 this question was appropriate. The committee also agreed that the other questions on treatment of a first seizure, 80 the need for admission for a first seizure where the patient has returned to baseline, and the route of administration 81 for resuming a patient's medications were adequately addressed by the prior clinical policy. 82 This current policy readdresses the appropriate second-line agents in patients with refractory seizures in 83 the ED that have been appropriately dosed with benzodiazepines.

84

86

### 85 **METHODOLOGY**

This ACEP clinical policy was developed by emergency physicians with input from medical librarians and a patient safety advocate; is based on a systematic review and critical, descriptive analysis of the medical literature; and is reported in accordance with Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) guidelines.<sup>7</sup>

91

## 92 Search and Study Selection

This clinical policy is based on a systematic review with critical analysis of the medical literature meeting the inclusion criteria. Searches of PubMed, SCOPUS, Embase, Web of Science, and the Cochrane Database of Systematic Reviews were performed by a librarian. Search terms and strategies were peer reviewed by a second librarian. All searches were limited to human studies published in English. Specific key words/phrases, years used in the searches, dates of searches, and study selection are identified under the critical question. In addition, relevant articles from the bibliographies of included studies and more recent articles identified by committee members and reviewers were included.

100 Using Covidence (Covidence, Melbourne, Australia), 2 subcommittee members independently reviewed 101 the identified abstracts to assess for possible inclusion. Of those identified for potential inclusion, each full-length 102 text was reviewed for eligibility. Those identified as eligible were subsequently abstracted and forwarded to the 103 committee's methodology group (emergency physicians with specific research methodological expertise) for 104 methodological grading using а Class of Evidence framework (Appendix E1, available at 105 http://www.annemergmed.com).

106

#### 107 Assessment of Risk of Bias and Determination of Classes of Evidence

108 Each study identified as eligible by the subcommittee was independently graded by 2 methodologists.

Design 1 represents the strongest possible study design to answer the critical question, which relates to whether the focus was therapeutic, diagnostic, or prognostic, or a meta-analysis. Subsequent design types (eg, Design 2 and Design 3) represent respectively weaker study designs. Articles are then graded on dimensions related to the study's methodological features and execution, including but not limited to randomization processes, blinding, allocation concealment, methods of data collection, outcome measures and their assessment, selection and misclassification biases, sample size, generalizability, data management, analyses, congruence of results and conclusions, and potential for conflicts of interest.

Using a predetermined process that combines the study's design, methodological quality, and applicability 116 to the critical question, 2 methodologists independently assigned a preliminary Class of Evidence grade for each 117 118 article. Articles with concordant grades from both methodologists received that grade as their final grade. Any 119 discordance in the preliminary grades was adjudicated through discussion which involved at least 1 additional 120 methodologist, resulting in a final Class of Evidence assignment as Class I, Class II, Class III, or Class X (Appendix 121 E2, available at http://www.annemergmed.com). Studies identified with significant methodologic limitations and/or 122 ultimately determined to not be applicable to the critical question received a Class of Evidence grade "X" and were not used in formulating recommendations for this policy. However, content in these articles may have been used to 123 124 formulate the background and to inform expert consensus in the absence of evidence. Classes of Evidence grading 125 may be found in the Evidentiary Table included at the end of this policy.

126

#### 127 Translation of Classes of Evidence to Recommendation Levels

Based on the strength of evidence for the critical question, the subcommittee drafted the recommendationsand supporting text synthesizing the evidence using the following guidelines:

*Level A recommendations.* Generally accepted principles for patient care that reflect a high degree of
 scientific certainty (eg, based on evidence from one or more Class of Evidence I or multiple Class of Evidence II
 studies that demonstrate consistent effects or estimates).

133 Level B recommendations. Recommendations for patient care that may identify a particular strategy or 134 range of strategies that reflect moderate scientific certainty (eg, based on evidence from one or more Class of 135 Evidence II studies or multiple Class of Evidence III studies that demonstrate consistent effects or estimates).

136 *Level C recommendations.* Recommendations for patient care that are based on evidence from Class of 137 Evidence III studies or, in the absence of adequate published literature, based on expert consensus. In instances 138 where consensus recommendations are made, "consensus" is placed in parentheses at the end of the 139 recommendation. There are certain circumstances in which the recommendations stemming from a body of evidence should not be rated as highly as the individual studies on which they are based. Factors such as consistency of results, uncertainty of effect magnitude, and publication bias, among others, might lead to a downgrading of recommendations. When possible, clinically oriented statistics (eg, likelihood ratios [LRs], number needed to treat) are presented to help the reader better understand how the results may be applied to the individual patient. This can assist the clinician in applying the recommendations to most patients but allow adjustment when applying to patients with extremes of risk (Appendix E3, available at http://www.annemergmed.com).

147

#### 148 Evaluation and Review of Recommendations

Once drafted, the policy was distributed for internal review (by members of the entire committee) followed by external expert review and an open comment period for all ACEP membership. Comments were received during a 60-day open comment period with notices of the comment period sent electronically to ACEP members, published in *EM Today*, posted on the ACEP website, and sent to other pertinent physician organizations. The responses were used to further refine and enhance this clinical policy, although responses do not imply endorsement. Clinical policies are scheduled for revision every 3 years; however, interim reviews are conducted when technology, methodology, or the practice environment changes significantly.

156

#### 157 Application of the Policy

This policy is not intended to be a complete manual on the evaluation and management of adult patients with seizure, but rather a focused examination of a critical question that has particular relevance to the current practice of emergency medicine. Potential benefits and harms of implementing recommendations are briefly summarized within the critical question.

162 It is the goal of the Clinical Policies Committee to provide evidence-based recommendations when the 163 scientific literature provides sufficient quality information to inform recommendations for the critical question. In 164 accordance with ACEP Resolution 56(21), ACEP clinical policies do not use race-based calculators in the 165 formulation of recommendations. When the medical literature does not contain adequate empirical data to inform 166 the critical question, the members of the Clinical Policies Committee believe that it is equally important to alert 167 emergency physicians to this fact.

168 This clinical policy is not intended to represent a legal standard of care for emergency physicians. 169 Recommendations offered in this policy are not intended to represent the only diagnostic or management options 170 available to the emergency physician. ACEP recognizes the importance of the individual physician's judgment and 171 patient preferences. This guideline provides clinical strategies for which medical literature exists to inform the 172 critical question addressed in this policy. ACEP funded this clinical policy. 173 174 *Scope of Application.* This guideline is intended for physicians working in EDs. 175 Inclusion Criteria. This guideline is intended for adult patients aged 18 years and older presenting to the 176 ED with generalized convulsive seizures. 177 *Exclusion Criteria.* This guideline is not intended for pediatric patients, pregnant patients, patients with 178 complex partial seizures, patients with acute head trauma or multisystem trauma, patients with brain mass or brain 179 tumor, immunocompromised patients, patients with eclampsia, or patients in the out-of-hospital environment. 180 **CRITICAL QUESTION** 181 182 183 In emergency department patients with generalized convulsive status epilepticus who continue to have 184 seizures despite receiving optimal dosing of benzodiazepine, which agent or agents should be administered next to terminate seizures? 185 186 187 **Patient Management Recommendations** 188 Level A recommendations. Emergency physicians should treat seizures refractory to appropriately dosed 189 benzodiazepines with a second-line agent. Fosphenytoin, levetiracetam, or valproate may be used with similar 190 efficacy. 191 Level B recommendations. None specified. 192 Level C recommendations. None specified. 193 194 Potential Benefit of Implementing the Recommendations: 195 Reduced morbidity and mortality from undertreated seizures. 196 197 Potential Harm of Implementing the Recommendations: Adverse effects from fosphenytoin, levetiracetam, or valproate, including continued convulsions, 198 • 199 altered level of consciousness, or respiratory distress. 200

<u>Key words/phrases for literature searches:</u> anticonvulsants, barbiturates, benzodiazepines, emergency
 medicine, epilepsy, hypnotics, ketamine, perampanel, recurrent status epilepticus, refractory status epilepticus,
 sedatives, seizures. status epilepticus and variations and combinations of the key words/phrases. Searches
 included January of 2011 to search dates of February 4, 5, 6, 7, and 8, 2022.

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<u>Study Selection:</u> One thousand one hundred and seventy-six articles were identified in the searches.
 Twenty-five were selected from the search results as potentially addressing this question and were candidates for
 further review. After grading for methodological rigor, 1 Class I study, 1 Class II study, and 1 Class III study
 were included for this critical question (Appendix E4, available at http://www.annemergmed.com).

212 The 3 papers included in this review were composed of research from the Established Status Epilepticus 213 Treatment Trial (ESETT) (clinicaltrials.gov, NCT01960075). ESETT was a double-blinded-comparative 214 effectiveness trial that included patients aged 2 years and older who presented to an ED (57 academic, pediatric, 215 and community hospitals across the United States) with ongoing convulsive seizures. To be included in the study, 216 patients had to have been treated with an appropriate benzodiazepine (classified as diazepam 10 mg, lorazepam 4 217 mg, midazolam 10 mg, or a weight-based equivalent) for their seizures. A blinded comparison was made between levetiracetam (60 mg/kg), fosphenytoin (20 mg/kg), and valproate (40 mg/kg) as an anticonvulsant treatment for 218 status epilepticus (Table 1).<sup>8-11</sup> The doses chosen were based on published experience in treating status 219 220 epilepticus. The primary outcome was absence of clinically apparent seizure activity and an improvement in 221 responsiveness at 60 minutes from infusion of treatment medication. No additional medications could be given, even if intubation medications were required. The seizure activity was defined by the treating emergency 222 223 physician as any visual movements that were considered consistent with focal or generalized seizures. One 224 limitation was the visual confirmation of seizure activity and not the use of electroencephalography. 225 The primary safety outcome was life-threatening hypotension or cardiac arrythmia occurring within 60 minutes after start of medication infusion.8 Life-threatening hypotension required 2 consecutive readings of 226 systolic pressure at least 10 minutes apart below age-specified thresholds.<sup>8</sup> Endotracheal intubation was also 227

recorded if required. Frequency of life-threatening hypotension was 0.7% in leveliracetam group, 3.2% in

- fosphenytoin group, and 1.6% in valproate group. Arrythmias were only seen in 0.7% of the levetiracetam group.
- 230 Endotracheal intubation occurred in 20% of levetiracetam group, 26.4% of the fosphenytoin group, and 16.8% of
- the valproate group.<sup>8</sup> None of the safety outcomes were significantly different. The most frequent serious adverse

events found in 42% of the subjects were continued convulsions, altered level of consciousness, and respiratory
 distress.<sup>8</sup>

In a Class I study, Kapur et al<sup>8</sup> published initial data from ESETT. A total of 400 patient encounters were 234 235 assessed for eligibility, enrolled, and underwent randomization. After excluding 16 patients for repeat enrollment 236 in the intention-to-treat population, 384 unique patients were randomly assigned to 1 of 3 groups receiving 237 intravenous levetiracetam (145 patients), intravenous fosphenytoin (118 patients), or intravenous valproate (121 patients).<sup>8</sup> Patients aged 2 years and older were eligible for inclusion in the study. The primary outcome of 238 239 cessation of status epilepticus and improvement in the level of consciousness at 60 minutes was reached in 68 240 patients who received levetiracetam (47%), 53 patients who received fosphenytoin (45%), and 56 patients who 241 received valproate (46%). Secondary outcomes included time to termination of seizures, but this was only investigated in a subgroup where audio recordings were available to confirm the time of seizure cessation. 242 243 Additional secondary outcomes were admission to the intensive care unit, length of intensive care unit stay, and 244 overall length of hospital stay. Numerically more episodes of hypotension were present in the fosphenytoin group, 245 but it was found not to be significant. The authors concluded that in benzodiazepine refractory status epilepticus, the use of the studied anticonvulsants led to cessation of seizures in about half of all patients with a similar 246 incidence of adverse events no matter which medication was used.<sup>8</sup> Although this policy focused on adult patients, 247 248 39% of the ESETT subjects were pediatric patients (up to 17 years), subgroup analyses suggest findings may be 249 relevant for adult and pediatric patients (ages included). However, our search excluded pediatric patients, so our 250 recommendations are limited to adults.

In a Class II study, Chamberlain et al<sup>9</sup> took the ESETT data and examined 3 age groups, <18 years, 18 to 251 65 years, and >65 years, to determine if age played a role in medication efficacy. A total of 237 adult patients 252 253 were included in this study, which accounted for just over half the study group. Adults 18 to 65 made up over 254 75% of the adults (N=186), and older adults (>65 years) made up just under the remaining 25% (N=51). The primary outcome was numerically found to be the greatest for adults (ages 18 to 65) in the fosphenytoin group at 255 256 46% (95% credible interval [CrI] 34 to 59), followed by the valproate group at 46% (95% CrI 34 to 58), and the 257 levetiracetam group at 44% (95% CrI 33 to 55). In older adults, greatest success was found in the valproate group at 47% (95% CrI 25 to 70), followed by levetiracetam group at 37% (95% CrI 19 to 59), and the fosphenytoin 258

259 group at 35% (95% CrI 17 to 59). Secondary safety outcomes were similar across all the adult groups. No 260 statistical difference was found between any age group with respect to the primary outcome. The authors 261 concluded that among children, adults, and older adults, the cessation of seizures occurred again in roughly half of all patients receiving 1 of the 3 medications. These results were similar to the overall ESETT findings.<sup>9</sup> 262 In a Class III study using the ESETT data, Wabl et al<sup>10</sup> investigated whether the use of the patient's home 263 264 anticonvulsant medication as a second-line treatment for status epilepticus had an improved effect on seizure 265 cessation. In this preferred subgroup analysis, the patient's home medication lists were compared to the study drug given during their ED visit and checked to determine whether they received a similar study medication.<sup>10</sup> Home 266 267 medication concurrence was found if the patient took levetiracetam or brivaracetam at home and received study 268 levetiracetam, reported home use of phenytoin and received study fosphenytoin, or took valproate at home and 269 received study valproate. Out of the 462 unique patients included in the study, a total of 232 (50%) were taking 1 to 2 of the 3 possible study medications used in ESETT.<sup>10</sup> The primary outcome was found in 39 of 89 patients 270 271 (44%) who were randomized to their home medication group. In those randomized to a nonhome medication 272 group, the primary outcome was seen in 76 of 143 patients (53%). The authors concluded that for patients 273 presenting to an ED with status epilepticus, the use of the home medication as a second-line agent did not affect probability of stopping the seizures.<sup>10</sup> 274

275

276 <u>Summary</u>

In the setting of benzodiazepine-resistant status epilepticus, the use of levetiracetam, fosphenytoin, or valproate will result in cessation of seizures in approximately half of all patients. This outcome is not influenced by the patient's home medications or age. The benefit of early treatment and cessation of status epilepticus is a reduction in morbidity and mortality. The harms appear to be limited to the potential for an adverse drug reaction.

281

282 <u>Future Research</u>

283 Despite multiple previous studies investigating medications to abort status epilepticus, only the 3 included 284 studies from the ESETT trial met methodologic inclusion criteria for this review. Additional studies on second-285 line medications for status epilepticus are warranted. In addition, the ESETT studies only focused on outcomes at 286 60 minutes, and further research on the longer-term outcomes or recurrence of status epilepticus during the initial

| 297 | Relevant industry relationships: There were no relevant industry relationships disclosed by the                  |
|-----|--|
| 296 |  |
| 295 | electroencephalogram within the ED to better correctly identify these patients.                                  |
| 294 | identifying convulsive seizures and nonconvulsive status epilepticus. This research could focus on the use of    |
| 293 | As previously suggested in the 2014 ACEP Clinical policy, research should also focus on accurately               |
| 292 | medication therapies such as lacosamide, ketamine, propofol, and barbiturates. <sup>13-15</sup>                  |
| 291 | In addition, prospective areas of research in the treatment of status epilepticus should include additional      |
| 290 | epilepticus as a result of toxins or alcohol withdrawal where fosphenytoin may not be effective. <sup>12</sup>   |
| 289 | of toxin-related seizures, there are not enough data to support recommendations for the treatment of status      |
| 288 | toxin, metabolic, or intracerebral-hemorrhage related seizures. Although the ESETT trial did a subgroup analysis |
| 287 | 24 to 48 hours would be useful. Specific seizure etiologies are another area for possible investigation, such as |

298 subcommittee members for this topic.

Relevant industry relationships are those relationships with companies associated with products or
 services that significantly influence the specific aspect of disease addressed in the critical question.

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| 350 |       |   |
|     |       |   |

| 351 | Table 1. Recommend | led medications ar | nd dosing f | or treating | g status epile | pticus refractor | y to benzodiaze | pines. |
|-----|--------------------|--------------------|-------------|-------------|----------------|------------------|-----------------|--------|
|-----|--------------------|--------------------|-------------|-------------|----------------|------------------|-----------------|--------|

| Name                      | Loading Dose and Route of<br>Administration <sup>8</sup> | <b>Contraindications</b> <sup>11</sup> |
|---------------------------|--|--|
| Levetiracetam<br>(Keppra) | 60 mg/kg IV<br>(maximum, 4,500 mg)                       | Hypersensitivity                       |
| Fosphenytoin<br>(Cerebyx) | 20 mgPE/kg IV<br>(maximum, 1,500 mgPE)                   | AV blocks, Sinus bradycardia           |
| Valproate<br>(Depacon)    | 40 mg/kg IV<br>(maximum, 3,000 mg)                       | Hepatic disease                        |

*AV*, Atrioventricular, *IV*, intravenous; *kg*, kilogram; *mg*, milligram; *PE*, phenytoin sodium equivalent units.

## 353 Appendix E1. Literature classification schema.\*

| Design/<br>Class | Therapy <sup>†</sup>   | Diagnosis <sup>‡</sup>   | Prognosis <sup>§</sup>  |
|------------------|--|--|---|
| 1                | Randomized, controlled trial or<br>meta-analysis of randomized<br>trials | Prospective cohort using<br>a criterion standard or<br>meta-analysis of<br>prospective studies | Population prospective<br>cohort or meta-analysis<br>of prospective studies |
| 2                | Nonrandomized trial  | Retrospective<br>observational   | Retrospective cohort<br>Case control  |
| 3                | Case series  | Case series  | Case series   |

\*Some designs (eg, surveys) will not fit this schema and should be assessed individually.

<sup>†</sup>Objective is to measure therapeutic efficacy comparing interventions.

<sup>‡</sup>Objective is to determine the sensitivity and specificity of diagnostic tests.

357 <sup>§</sup>Objective is to predict outcome, including mortality and morbidity.

358

# 359 Appendix E2. Approach to downgrading strength of evidence.360

| 50<br>51 |                |     |              |     |
|----------|----------------|-----|--------------|-----|
| 2<br>3   |                | Ι   | Design/Class |     |
| 4        | Downgrading    | 1   | 2            | 3   |
|          |                |     |              |     |
| 6        | None           | Ι   | II           | III |
| 57       | 1 level        | II  | III          | Х   |
| 68       | 2 levels       | III | Х            | Х   |
| 69<br>70 | Fatally flawed | Х   | Х            | Х   |

372 Appendix E3. Likelihood ratios and number needed to treat.\*

LR, likelihood ratio.

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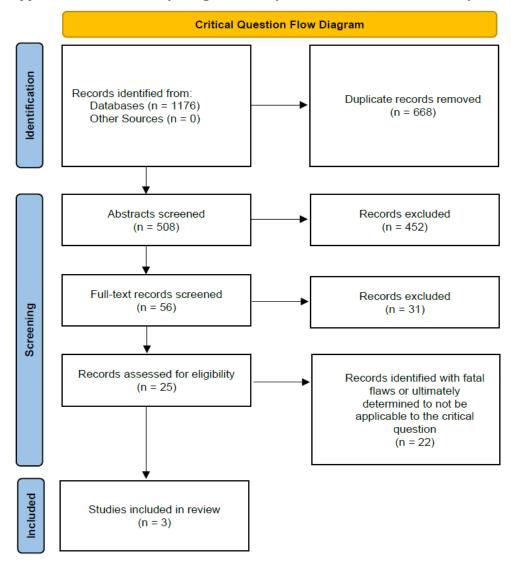
371

| LR (+) | LR (-) |   |
|--------|--------|---|
| 1.0    | 1.0    | Does not change pretest probability   |
| 1-5    | 0.5–1  | Minimally changes pretest probability   |
| 10     | 0.1    | May be diagnostic if the result is concordant with pretest probability          |
| 20     | 0.05   | Usually diagnostic  |
| 100    | 0.01   | Almost always diagnostic even in the setting of low or high pretest probability |

374375

\*Number needed to treat (NNT): number of patients who need to be treated to achieve 1

additional good outcome; NNT=1/absolute risk reduction×100, where absolute risk reduction is the risk
 difference between 2 event rates (ie, experimental and control groups).



# **Evidentiary Table.**

|   | Class of<br>Evidence | Setting and<br>Study Design  | Methods and Outcome<br>Measures   | Results   | Limitations and<br>Comments   |
|---|----------------------|--|---|---|---|
| Published     I       Kapur et al <sup>8</sup> (2019) | <u>Evidence</u><br>I | Study Design<br>ESETT trial; 57<br>hospital EDs<br>across the<br>United States,<br>included<br>academic,<br>pediatric, and<br>community<br>hospitals;<br>November 2015<br>to October 2017;<br>double-blinded,<br>adaptive,<br>randomized<br>clinical trial | Measures<br>Assessed comparative<br>effectiveness of levetiracetam,<br>fosphenytoin, and valproate<br>given by intravenous infusion<br>over 10 minutes for treatment of<br>status epilepticus in the ED;<br>primary outcome: absence of<br>clinically apparent seizures and<br>improved responsiveness 60<br>minutes after start of trial drug<br>infusion without additional<br>anticonvulsant medication;<br>secondary outcomes included<br>time to seizure termination;<br>patients were included if they<br>were age 2 years and older,<br>treated with accepted cumulative<br>dose of benzodiazepines for<br>generalized convulsive seizures<br>>5 minutes, continued to have<br>persistent or recurrent seizures<br>after 5 to 30 minutes after the<br>last dose of benzodiazepine;<br>excluded major traumas,<br>hypoglycemia, hyperglycemia,<br>cardiac arrests, postanoxia,<br>pregnancy, incarceration,<br>wearing medical alert tag<br>marked "ESETT declined,"<br>treated with alternative<br>anticonvulsant agents prior to<br>enrollment, intubation, allergies | N=384; trial stopped<br>early for futility to find<br>a most effective or least<br>effective treatment;<br>Seizure improvement at<br><60 minutes:<br>• levetiracetam 47%<br>(95% CrI 39-55)<br>• fosphenytoin 45%<br>(95% CrI 36-54)<br>• valproate 46%<br>(95% CrI 38-55)<br>Median time to seizure<br>termination:<br>• levetiracetam<br>10.5 minutes<br>(IQR 5.7-15.5)<br>• fosphenytoin<br>11.7 minutes<br>(IQR 7.5-20.9)<br>• valproate<br>7.0 minutes<br>(IQR 4.6-14.9) | Comments<br>Limitations of this trial<br>included need for<br>unblinding in some<br>instances in order to choose<br>a second anticonvulsant to<br>treat ongoing seizures<br>(occurring after the<br>determination of the<br>primary outcome in most<br>patients); 10% of the<br>patients enrolled had<br>psychogenic nonepileptic<br>seizures; 135 protocol<br>violations but equally<br>distributed among groups;<br>clinical rather than<br>electroencephalogram<br>criteria used to determine<br>the primary outcome of<br>seizure cessation; not<br>possible to distinguish<br>postictal or benzodiazepine-<br>related sedation from<br>continued nonconvulsive<br>status epilepticus as the<br>cause of treatment failure in<br>52 patients who had<br>resolution of clinically<br>evident seizure without<br>additional anticonvulsant<br>medications but did not<br>have improving |

# **Evidentiary Table (continued).**

| Author and Year                          | Class of | Setting and  | Methods and   | Results   | Limitations and Comments  |
|--|----------|--|---|---|---|
| Published                                | Evidence | Study Design   | <b>Outcomes Measures</b>  |   |   |
| Chamberlain et al <sup>9</sup><br>(2020) | Π        | ESETT trial (see<br>Kapur et al <sup>8</sup> ),<br>original<br>outcomes<br>paper);<br>enrollment<br>continued to<br>assess<br>comparative<br>effectiveness in<br>children;<br>November 2015<br>to December<br>2018 | Primary outcome:<br>absence of clinically<br>apparent seizures and<br>improved<br>responsiveness 60<br>minutes after start of<br>trial-drug infusion<br>without additional<br>anticonvulsant<br>medication; secondary<br>outcomes included<br>time to seizure<br>termination; primary<br>safety outcome was a<br>composite of life-<br>threatening<br>hypotension or life-<br>threatening cardiac<br>arrhythmia; secondary<br>safety outcomes were<br>need for endotracheal<br>intubation within 60<br>minutes of the start of<br>study drug infusion,<br>acute seizure<br>recurrence 60 minutes<br>to 12 hours after the<br>start of study drug<br>infusion, acute<br>respiratory depression<br>at any time during the<br>study period, and<br>mortality | N=462; added 76 children<br>and 2 adults to the<br>enrollment from the original<br>trail; 225 children (>18<br>years), 186 adults (18 to 65<br>years), 51 older adults (>65<br>years); no differential effect<br>of study medications in total<br>or stratified by age; seizure<br>improvement <60 minutes:<br>levetiracetam 47% (95% CrI<br>39-54), fosphenytoin 46%<br>(95% CrI 38-55), valproate<br>49% (95% CrI 41-57); trend<br>that children had higher<br>response rates but not<br>significant; no differential<br>effect on safety outcomes<br>aside for more intubations of<br>children in the fosphenytoin<br>group (33%) versus 8% in<br>the levetiracetam and 11% in<br>the valproate groups | See Kapur et al <sup>8</sup> ; few older<br>adults enrolled compared to<br>children and adults 65 years an<br>younger; downgraded for<br>secondary analysis |

| Author & Year                      | Class of | Setting & Study   | Methods & Outcomes  | Results  | Limitations and Comments   |
|------------------------------------|----------|---|---|--|--|
| Published                          | Evidence | Design  | Measures  |  |  |
| Wabl et al <sup>10</sup><br>(2021) | III      | Unplanned<br>tertiary analysis<br>of ESETT trial<br>data (see Kapur<br>et al <sup>8</sup> ) as the<br>original outcomes<br>paper and<br>Chamberlain et<br>al <sup>9</sup> where<br>outcomes were<br>age stratified) | Analyzed outcomes<br>comparing patients who<br>randomly received the<br>same medication as<br>what the patients are<br>prescribed for seizure<br>treatment/prophylaxis;<br>sample restricted to<br>patients who were<br>taking either 1 or 2<br>study drugs at home | N=232 patients; 74% on<br>levetiracetam only, 6%<br>levetiracetam and phenytoin, 7%<br>levetiracetam and valproate, 5%<br>phenytoin only, 7% valproate only,<br>and 1% phenytoin and valproate;<br>among participants who were<br>noncompliant with medications,<br>those receiving concordant therapy<br>trended toward improved<br>outcomes; those who were<br>compliant trended toward<br>improved outcomes after receiving<br>alternative therapies; the primary<br>seizure cessation outcome<br>occurred in 39 of 89 (44%, 95% CI<br>34%-54%) patients treated with a<br>home medication versus 76 of 143<br>(53%, 95% CI 45%-61%) patients<br>treated with a nonhome<br>medication; among the 204<br>patients taking home<br>levetiracetam, 27 of 72 (38%, 95%<br>CI 26%-49%) patients treated with<br>study levetiracetam achieved<br>seizure cessation, whereas 74 of<br>132 (56%, 95% CI 48%-65%)<br>patients treated with study<br>fosphenytoin or valproate<br>treatment achieved cessation;<br>among patients not taking home<br>levetiracetam, 55 of 103 (53%,<br>95% CI 44%-63%) patients treated<br>with study levetiracetam cessation, | See comments for Kapur<br>2019 and Chamberlain 2020;<br>few patients were home<br>prescribed medications other<br>than levetiracetam, limiting<br>conclusions about the group<br>in aggregate; patient<br>compliance with seizure<br>medications was self-<br>reported |

# **Evidentiary Table (continued).**

|  | whereas 73 of 155 (47%, 95% CI<br>39%-55%) patients treated with<br>study fosphenytoin or valproate<br>achieved the secondary outcome;<br>the interaction between study<br>levetiracetam was significant (P= |
|--|--|
|  | levetiracetam was significant (P=  |
|  | 0.01)  |

*CI*, confidence interval; *CrI*, credible interval; *ESETT*, Established Status Epilepticus Treatment Trial; *IQR*, interquartile range.