

Professional & Life Skills

Above Us Only Sky: Exploring Transitions, Challenges, & Strategies of Women in Leadership Roles

Faculty: Nicole Franks, MD, FACEP

Women are still struggling to get to the top in medicine. Currently, only 15% of ED chairs are women & less than 25% are division chiefs. Countless publications have shared root cause analyses, & it is clear that challenges from biases, penalties, & organizational cultures share a role in these troublesome statistics. Further, women need to have the motivation, confidence, & support to pursue leadership roles. In a society that still feels uneasy about women in power, can women defy convention to become effective leaders in medicine today? The purpose of this session is to provide the perspectives of women in transition. Specifically, we will focus on women who have transitioned into leadership positions in EM locally & nationally, as well as those who have transitioned into positions outside of EM, including other areas of medicine & industry. We will explore how the experiences, challenges, & choices made by the speaker allowed to advance in leadership role. We will also explore how well the medical community has encouraged inclusion of ideas, personal, & professional growth for women today.

- Describe the specific challenges & barriers women, in particular, face when pursuing positions of leadership & career path changes.
- Describe potential solutions & unconventional strategies to overcome these challenges & barriers.
- Describe how self-doubt, insecurity, & personal sacrifice effect professional development.

Top 5 Habits of Highly Successful Emergency Physicians

Faculty: Thom A. Mayer, MD, FACEP

Why do some emergency physicians seem to be able to have tremendous success in their careers while maintaining a vibrant work-life balance, while others struggle to make it through their next shift? Do you feel like you are stuck in a rut? The speaker will present the top 5 habits of highly successful emergency physicians and show how you can achieve this type of success in your own life. Stop feeling like a hamster running on wheel and going nowhere fast. This talk will give you ideas to help you take control of your life!

- Create daily rituals that will lead to increased effectiveness in your work and personal life.
- Identify self-defeating behaviors.
- Explore the definitions of success and learn how to align ones goals in more purposeful ways.



Diversity: If You Build it They Will Come...and Stay

Faculty: Vonzella A. Bryant, MD, FACEP

Discussion about diversity in emergency medicine has been happening for years. What progress have we made? What improvements in outcomes does it bring? What techniques can improve diversity of EM physicians at your workplace? Come hear the answers to these vitally important questions to help our workforce better represent our patient populations.

- Review the current state of diversity in emergency medicine.
- Discuss the expected outcomes of increasing diversity in the EM workforce.
- Discuss interventions that may help increase the number of URM physicians in the field of EM.

Medical Errors: Prevention and Disclosure

Faculty: Catherine A. Marco, MD, FACEP

Medical errors are considered a nearly inevitable issue in clinical practice. How common are medical errors? Should they be disclosed to patients and families? What are the best risk management strategies to address medical errors? These and other issues will be addressed in this session.

- Identify the prevalence of medical errors in the ED environment.
- Describe the appropriate disclosure of medical errors to patients and families.
- Describe risk management techniques to reduce or eliminate medical-legal risk following a medical error.

RVU Killers: The Most Common Reimbursement Documentation Errors

Faculty: Michael A. Granovsky, MD, FACEP

We all know the axiom, "If it isn't written, it wasn't done." To attain the appropriate medical record and obtain the correct reimbursement, it is important that documentation is as accurate as possible. The speaker will outline many of the most common documentation errors, including errors of omission and errors of commission that may lead to trouble from governmental and private payers.

- Outline the most common errors of omission and commission.
- Demonstrate how inaccurate documentation can lead to diminished reimbursement.
- Provide information on how and in what time frame corrections can be made to the medical record.

JFK Assassination: The Medical History

Faculty: Terry Kowalenko, MD, FACEP

This course is designed to provide the audience with a historical perspective of the presidential assassination of John F. Kennedy as well as several medical side stories of the assailants and others involved. The care is critiqued based on the medical literature/knowledge available at the time.

- Describe and critique the medical care provided to President Kennedy.
- Describe the history and circumstances surrounding the Presidential assassination.
- Describe the medical circumstances surrounding the assassins and other victims.

Clinical Pearls from the Recent Medical Literature 2020: Part 1

Faculty: W. Richard Bukata, MD; William K. Mallon, MD, FACEP; Ken Milne, MD; Jan M. Shoenberger, MD, FACEP

The speakers will review and analyze the second half of the most significant studies published throughout the medical literature in the past two years. Each article presented will be assessed to determine its relevance to the practice of clinical emergency medicine.

- Identify advances in emergency medicine by reviewing the recent literature.
- Describe the limitations of recent studies on the practice of emergency medicine.
- Discuss the implication of recent studies regarding clinical emergency medicine.

Clinical Pearls from the Recent Medical Literature 2020: Part 2

Faculty: W. Richard Bukata, MD; William K. Mallon, MD, FACEP; Ken Milne, MD; Jan M. Shoenberger, MD, FACEP

This course is a long-standing staple of Scientific Assembly. The speakers will review and analyze the most significant studies published throughout the medical literature in the past two years. Each article presented will be assessed to determine its relevance to the practice of clinical emergency medicine.

- Identify advances in emergency medicine by reviewing the recent literature.
- Describe the limitations of recent studies on the practice of emergency medicine.
- Discuss the implication of recent studies regarding clinical emergency medicine.

Divorce, Depression, & Loss: How to Keep Going When It All Falls Apart Workshop

Faculty: Arlene Chung, MD, FACEP; Christopher I. Doty, MD, FACEP; Rita A. Manfredi-Shutler, MD, FACEP

Life can throw a lot at you, including abusive relationships, major illness, and competing family and professional needs. The speakers will discuss personal illustrations and lessons learned.

- Identify situations that put providers' physical and mental health at risk.
- Provide preventive and supportive resources to college members.

Five Key Skills to Help You Land the Perfect Job

Faculty: Robert W. Strauss, MD, FACEP

The "perfect" job may be out there for you, but how do you get it? This intimate, small group session with one of ACEP's experts in contracts and negotiation will provide you with the tools you need to make the best decisions possible regarding your employment. Prepare for success by learning self-assessment techniques, understand how geography impacts employment, and identify resources to help you find the practice that is right for you.

- Provide a framework for attendees to identify critical personal factors that will determine long-term job satisfaction.
- Identify innovative strategies to gain employment in competitive employment markets.
- Outline employment-related resources available to ACEP members.

From Rags to Riches: Personal Finance for the Early Career EP

Faculty: James M. Dahle, MD, FACEP

That first paycheck you receive as an attending is a big change of living cheaply throughout your education. Developing good financial habits from day 1 as an attending is a necessity. The speaker will discuss the need-to-know core basics of investing, personal finance, asset protection, and retirement planning. This course is geared toward the recent graduate with a special focus on implementing good habits in personal finance.

- Discuss the basic principles of personal finance.
- Recognize the importance of early and automatic saving and investing.
- Describe key steps in asset protection and retirement planning.

Hacking Your EM Life! Managing Patient, Family & Self

Faculty: Benjamin C. Smith, MD, FACEP

Do you have trouble finding time to make it to the gym, cook dinner, read that book you've been wanting to read for the past year? You've always wanted to do that Masters program, but never had time? Come chat with us as we discuss the efficiency principle, how to say 'Yes...and' instead of 'No' and scale the warped wall all the while being a great emergency medicine doc and maybe a leader in our College or in your shop at home.

- Describe the difficult balancing act of work/life play.
- Visualize a picture of wellness.
- Identify how to find health and happiness at home and at work.



How to Make Money & Grow Your Wealth

Faculty: James M. Dahle, MD, FACEP

Discover the secrets to a satisfying and successful career in a casual environment during this session. The speaker will introduce some key actions to ensure financial security by developing healthy spending habits, understanding return on investment and choosing the right job for you.

- Outline the best strategies for a successful transition to your new job.
- Discuss EM compensation paradigms and how they impact wealth accumulation.
- Explain how early financial decisions impact future wealth.

How to Succeed in Your First Five Years of Practice

Faculty: Christina L. Shenvi, MD, PhD, FACEP

The top ten concrete practical tips for residents and newly-minted attendings in just 30 minutes. This is a high-yield, energetic presentation mixing wisdom, wit, and personal experiences to help make you successful!

- Provide 10 high-yield, practical tips for success after residency graduation.
- Explain what the potentially career-ending activities that could result in being fired or losing their license.

Locums as a Career: Lucrative or Loco?

Faculty: Tracy G. Sanson, MD, FACEP

Travel, flexibility, and amazing income. Is locums work really an option for employment? Explore the history of locums work and get a glimpse into the future of EM practice. Attend this session to demystify the ads and learn if a career in locums is right for you.

- Review the history of locums tenens staffing and relate key changes to modern EM practice.
- Define qualities in providers that are mutually desirable among staffing companies and medical staff offices.
- Determine strategies to obtain the best locums positions.

Physician Do No Harm: A Comprehensive Look at Physician Suicide

Faculty: Christopher I. Doty, MD, FACEP

Physicians in the US have the highest suicide rate of any profession & one which more than doubles that of the general population. The suicide rate of male physicians is 40% higher than men in general, & in women is 130% higher than that of females in the general population. Data from the Center for Disease Control's National Violent Death Reporting System shows that compared to the general population, physicians are three-times more likely to have job problems identified as a factor contributing to suicide, including tensions with a co-worker, poor performance reviews, increased pressure at work, or fear of being laid off. Of concern, suicide is a leading cause of death among physicians-in-training. There is an epidemic of physician suicide—a public health crisis with one million Americans losing their doctors to suicide each year. This will be a one-hour session into small facilitated groups in order to open a dialogue about this taboo topic, allowing attendees to share their own experiences while also searching for solutions to this epidemic of depression, burnout, & suicide in the medical community.

- Identify the personal & systemic stressors that lead to loss of resilience & the subsequent development of burnout & depression.
- Discuss the impact of physician suicide on the individual emergency physician, focusing on events that might lead to second victim syndrome.
- Examine solutions at personal & systemic levels in emergency medicine to decrease the risk of physician suicide.

Surviving a Lawsuit

Faculty: Melanie Heniff, MD, FACEP

Certified letters, motions of discovery, & dispositions—explore the process of medical malpractice law & how the claims process works from the physicians' perspective. The speaker will explain how existing ACEP resources can be your ally in the courtroom & manage the stress of litigation at home.

- Describe the basic legal processes & anticipated timelines for medical malpractice claims.
- Identify healthy strategies to maintain wellness during the legal process.
- Outline the resources of ACEP in relation to legal affairs.

Tools for Combating Burnout: Using Mindfulness to Your Advantage Workshop

Faculty: Vidor E. Friedman, MD, FACEP

Mindfulness is the ability to be present, aware of where we are & what we're doing, & not be overwhelmed by what's going on around us. Attendees will participate in a group mindfulness exercise & identify practical ways to implement this restorative exercise in their daily routine.

- Define mindfulness & the benefits of mindfulness.
- Participate in a brief guided mindfulness exercise.
- Identify resources for mindfulness.



Courses by Track

Winner, Winner, Chicken Dinner: Negotiation Skills for Win-Win Outcomes

Faculty: Robert W. Strauss, MD, FACEP

What do looking for your first job, buying a new house, and discussing the upcoming contract for your large group have in common? They all require negotiating skill. Having the requisite knowledge can markedly improve outcomes for all parties involved. Come hear the expert teach the foundation of understanding the negotiating process and share tips to becoming the best negotiator you can be.

- Describe the basis of negotiation theory, including Pareto equilibrium.
- Discuss tools for preparing for negotiation.
- Provide examples of skills and tips needed for success in negotiation.