Orthopedics and Sports Medicine

• Difficult Dislocations

TU - 127/ 0.5 Hour(s)

Faculty: Danielle D. Campagne, MD, FACEP

Managing dislocations in the emergency department is gratifying for the patient and physician. However, being prepared for those that may prove more difficult to reduce is essential in maintaining the flow of your emergency department. This course will provide the attendee insight into identifying challenging dislocations, and techniques for efficient reduction.

Orthopedics and Sports Medicine

• Orthopedic Reductions and Regional Blocks

TU - 167/ 0.5 Hour(s)

Faculty: Danielle D. Campagne, MD, FACEP

Would you want your loved one to wait in pain for that x-ray? Haven't you always wanted to possess new and better ways to reduce pain in your patients with orthopedic injuries as they wait for an x-ray or during a reduction/relocation? Attend this course to learn methods to reduce pain and have fun while doing it.

Orthopedics and Sports Medicine

• Master Clinician Workshop: High Yield MSK Exam and Frx/Dislocation Reduction

WE - 256/ 1 Hour(s)

Faculty: Danielle D. Campagne, MD, FACEP (Moderator); Victoria E. Garrett, MD; Matthew Tennison, MD, FACEP

During this hands-on workshop, faculty will demonstrate the expert MSK exam and reductions of difficult fractures and dislocations. The instructors will focus on pearls, pitfalls, and avoidable errors. (This workshop is limited to 50 participants.)

Orthopedics and Sports Medicine

• Master Clinician Series: The Rapid, High-Yield Ortho Exam in the ED

WE - 286/ 1 Hour(s)

Faculty: Danielle D. Campagne, MD, FACEP; Victoria E. Garrett, MD; Anna L. Waterbrook, MD, FACEP

Patients with orthopedic injuries frequently present to the ED. The speaker will describe the “rapid, high-yield” orthopedic examination and “tricks of the trade” used by master clinicians. What are common errors on the physical examination to be avoided? What should I document in my note? What does the orthopedic surgeon want to hear on the phone? What are the most important aspects in timing the follow-up? The speaker will focus on the shoulder, elbow, wrist, knee, ankle, and foot.
Orthopedics and Sports Medicine

- **Pediatric Orthopedics**
  WE - 303/ 1 Hour(s)
  *Faculty: Chris Courtney, MD, FACEP*
  
  The identification and treatment of pediatric orthopedic injuries is an extremely difficult aspect of working in an ED due to the often paucity of radiological findings and relatively rarity of the conditions encountered. Yet we can’t miss these injuries. The speaker review the latest in pediatric orthopedics so that making that diagnosis will be a “snap”.

Orthopedics and Sports Medicine

- **Focused Orthopedics: A Royal Pain in the Back**
  MO - 17/ 0.5 Hour(s)
  *Faculty: Bronson E. Delasobera, MD, FACEP*
  
  A focused orthopedic session dedicated to the back and spine. This course will focus on physical examination techniques, imaging, and making the diagnosis and initiating treatment of soft tissue injuries and fractures of the back. New approaches for identification and management of the acute presentation of back pathology will also be discussed. Participants will leave this session feeling comfortable with the diagnosis and management of any acute back presentation in the ED.

Orthopedics and Sports Medicine

- **Mind/Body: Exercise in Disease and Injury Prevention**
  MO - 63/ 0.5 Hour(s)
  *Faculty: Bronson E. Delasobera, MD, FACEP*
  
  The speaker will discuss the benefits of exercise in both disease and injury prevention. This will be an overview of the benefits of exercise both body and your mind, and how you can improve your even small amounts of exercise improves health, mood, creativity, and productivity.

Orthopedics and Sports Medicine

- **FAST FACTS: Young and Strong - Sideline Medicine in Children and Adolescents**
  TU - 178/ 1 Hour(s)
  *Faculty: Victoria E. Garrett, MD; Matthew Tennison, MD, FACEP; Anna L. Waterbrook, MD, FACEP*
  
  This rapid-paced course with focus on sports injuries occurring in children and adolescents. Topics will include return to play, concussion, removing equipment safely, sudden cardiac events, and MSK injuries.
Orthopedics and Sports Medicine

- **Alternatives to Opioids for Pain Management: Meds, Needles, and Your Hands**
  MO - 39/ 1 Hour(s)
  *Faculty: Alexis M. LaPietra, DO, FACEP*
  The speaker will review the literature regarding multi-modal analgesia such as trigger point injections, medication combinations, and osteopathic manipulative medicine for the management of acute low back pain in the emergency department.

- **Hand Revealed**
  TH - 328/ 1 Hour(s)
  *Faculty: Melissa Leber, MD, FACEP*
  Come join us on this extensive visual tour of the hand from avulsions to whitlow and everything in between. The speaker will use a rapid-fire, case-based format to give you key pearls on a wide variety of hand pathology. This promises to be a high energy, fact filled whirlwind, high-impact lecture.

- **Orthopedic Pearls and Pitfalls**
  TH - 363/ 0.5 Hour(s)
  *Faculty: Melissa Leber, MD, FACEP*
  Many ED visits present with orthopedic injuries. The speaker will describe the mechanisms of injury and the recognition of pertinent physical findings in the diagnosis of subtle orthopedic injuries that, if missed, may result in long-term problems. Common errors in the early management of several injuries will be identified and the appropriate treatment outlined as well as the pearls that will help you save time, decrease frustration, and avoid poor patient outcomes.