



COURSE DESCRIPTIONS

Professional & Life Skills

Is there life outside of clinical medicine?

10/26/2021 | 9:00:00 AM - 9:50:00 AM

Faculty: Rachel E. Garvin, MD

Who doesn't love a good intubation or resuscitation. That being said, why would any emergency physician think about a non-clinical career? In addition to the looming question on EM physician oversupply, non-clinical careers for EM physicians are often a hush-hush topic. Listen to the journey of an EM physician who made that jump. This session will explore the types of nonclinical careers available to EM physicians, providing insight on rewarding ways you can help patients without necessarily being at the bedside.

- Describe reasons to consider a non-clinical career
- Review different types of non-clinical career paths
- Discuss pros and cons of a non-clinical career



COURSE DESCRIPTIONS

Professional & Life Skills

How to Make Money & Grow Your Wealth

10/25/2021 | 8:00:00 AM - 8:20:00 AM

Faculty: James M. Dahle, MD, FACEP

Discover the secrets to a satisfying and successful career in a casual environment during this all-new ACEP Connect session. The speakers will introduce some key actions to ensure financial security by developing healthy spending habits, understanding return on investment and choosing the right job for you.

- Outline the best strategies for a successful transition to your new job.
- Discuss EM compensation paradigms and how they impact wealth accumulation.
- Explain how early financial decisions impact future wealth.

Professional & Life Skills

Top 5 Habits of Highly Successful Emergency Physicians

10/25/2021 | 8:30:00 AM - 8:50:00 AM

Faculty: Ugo A. Ezenkwele, MD, FACEP

Why do some emergency physicians seem to be able to have tremendous success in their careers while maintaining a vibrant work-life balance, while others struggle to make it through their next shift? Do you feel like you are stuck in a rut? The speaker will present the top 5 habits of highly successful emergency physicians and show how you can achieve this type of success in your own life. Stop feeling like a hamster running on wheel and going nowhere fast. This talk will give you ideas to help you take control of your life!

- Create daily rituals that will lead to increased effectiveness in your work and personal life.
- Identify self-defeating behaviors.
- Explore the definitions of success and learn how to align ones goals in more purposeful ways.



COURSE DESCRIPTIONS

Professional & Life Skills

Antiracism: From Awareness to Action (Nancy J. Auer Lecture)

10/25/2021 | 1:30:00 PM - 2:20:00 PM

Faculty: Vonzella A. Bryant, MD, FACEP

There has been much discussion about confronting racism at a systemic level but there is also much work to do on a personal level as well. Many of us are slowly learning to evaluate our own biases, histories, and everyday actions in a new light. The speaker will help learners better understand what anti-racism means and how to demonstrate it in practice. The speaker will outline clear, actionable steps to create change, not only at the administrative and leadership levels, but also in the behavior and mindset of colleagues. In addition, the speaker will provide resources for those wanting to educate themselves, their children, their friends and colleagues.

- Identify barriers and tools to transitioning from being "not racist" to anti-racist
- Outline clear, actionable steps to address systemic racism for patients, trainees, and leadership
- Discuss strategies to engage in difficult conversations about diversity and equity.

Professional & Life Skills

From Rags to Riches: Personal Finance for the Early Career EP

10/25/2021 | 3:30:00 PM - 4:20:00 PM

Faculty: James M. Dahle, MD, FACEP

That first paycheck you receive as an attending is a big change of living cheaply throughout your education. Developing good financial habits from day 1 as an attending is a necessity. The speaker will discuss the need-to-know core basics of investing, personal finance, asset protection, and retirement planning. This course is geared toward the recent graduate with a special focus on implementing good habits in personal finance.

- Discuss the basic principles of personal finance.
- Recognize the importance of early and automatic saving and investing.
- Describe key steps in asset protection and retirement planning.



COURSE DESCRIPTIONS

Professional & Life Skills

Clinical Pearls from the Recent Medical Literature 2021: Part 1

10/26/2021 | 10:00:00 AM - 10:50:00 AM

Faculty: *W. Richard Bukata, MD; Ken Milne, MD; Jan M. Shoenberger, MD, FACEP*

Speakers will review and analyze the second half of the most significant studies published throughout the medical literature in the past two years. Each article presented will be assessed to determine its relevance to the practice of clinical emergency medicine.

- Identify advances in emergency medicine by reviewing the recent literature.
- Describe the limitations of recent studies on the practice of emergency medicine.
- Discuss the implication of recent studies regarding clinical emergency medicine.

Professional & Life Skills

Diversity, Equity & Inclusion: the Patient, Trainee & Leadership Perspective

10/26/2021 | 12:30:00 PM - 12:50:00 PM

Faculty: *Andrea L. Green, MD, FACEP*

Discussion about diversity in emergency medicine has been happening for years. What progress have we made? What improvements in outcomes does it bring? What techniques can improve diversity of EM physicians at your workplace? Come hear the answers to these vitally important questions to help our workforce better represent our patient populations.

- Review the current state of diversity in emergency medicine
- Discuss the expected outcomes of increasing diversity in the EM workforce
- Discuss interventions that may help increase the number of URM physicians in the field of EM



COURSE DESCRIPTIONS

Professional & Life Skills

Tools for Combating Burnout: Using Mindfulness to Your Advantage Workshop

10/26/2021 | 12:30:00 PM - 1:20:00 PM

Faculty: Vidor E. Friedman, MD, FACEP

Mindfulness is the ability to be present, aware of where we are & what we're doing, & not be overwhelmed by what's going on around us. Attendees will participate in a group mindfulness exercise & identify practical ways to implement this restorative exercise in their daily routine

- Define mindfulness & the benefits of mindfulness
- Participate in a brief guided mindfulness exercise
- Identify resources for mindfulness

Professional & Life Skills

Emotional Intelligence & Mindful Listening

10/26/2021 | 12:30:00 PM - 1:20:00 PM

Faculty: Jay A. Kaplan, MD, FACEP

Emotional intelligence has been touted as a more powerful determinant of good leadership than technical competence, IQ, or vision; and it's composed of skills we can all learn and improve on. The speaker will provide practical advice and tips to help you determine your EI strengths and weaknesses; deal with difficult people, and demonstrate EI in the workplace. In addition, the speaker will discuss how mindful listening keeps team members more engaged, fosters new ideas, and allows others to learn and grow.

- Determine participants' personal EI strengths and weaknesses
- Discuss strategies to implement EI in the workplace
- Discuss best practices for mindfulness



COURSE DESCRIPTIONS

Professional & Life Skills

RVU Killers: The Most Common Reimbursement Documentation Errors

10/26/2021 | 1:30:00 PM - 1:50:00 PM

Faculty: Michael A. Granovsky, MD, FACEP

We all know the axiom, “If it isn’t written, it wasn’t done.” To attain the appropriate medical record and obtain the correct reimbursement, it is important that documentation is as accurate as possible. The speaker will outline many of the most common documentation errors, including errors of omission and errors of commission that may lead to trouble from governmental and private payers.

- Outline the most common errors of omission and commission.
- Demonstrate how inaccurate documentation can lead to diminished reimbursement.
- Provide information on how and in what time frame corrections can be made to the medical record.

Professional & Life Skills

Medical Errors: Prevention & Disclosure

10/26/2021 | 4:00:00 PM - 4:20:00 PM

Faculty: Catherine A. Marco, MD, FACEP

Medical errors are considered a nearly inevitable issue in clinical practice. How common are medical errors? Should they be disclosed to patients and families? What are the best risk management strategies to address medical errors? These and other issues will be addressed in this session.

- Identify the prevalence of medical errors in the ED environment
- Describe the appropriate disclosure of medical errors to patients and families
- Describe risk management techniques to reduce or eliminate legal risk following a medical error



COURSE DESCRIPTIONS

Professional & Life Skills

Clinical Pearls from the Recent Medical Literature 2021: Part 2

10/26/2021 | 4:30:00 PM - 5:20:00 PM

Faculty: W. Richard Bukata, MD; Ken Milne, MD; Jan M. Shoenberger, MD, FACEP

Speakers will review and analyze the second half of the most significant studies published throughout the medical literature in the past two years. Each article presented will be assessed to determine its relevance to the practice of clinical emergency medicine.

- Identify advances in emergency medicine by reviewing the recent literature.
- Describe the limitations of recent studies on the practice of emergency medicine.
- Discuss the implication of recent studies regarding clinical emergency medicine.

Professional & Life Skills

Locums: Where Are We Now?

10/26/2021 | 4:30:00 PM - 5:20:00 PM

Faculty: Tracy G. Sanson, MD, FACEP

Travel, flexibility, and amazing income. Is locums work really an option for employment? Explore the history of locums work and get a glimpse into the future of EM practice. Attend this session to demystify the ads and learn if a career in locums is right for you.

- Review the history of Locums Tenens staffing and relate key changes to modern EM practice.
- Define qualities in providers that are mutually desirable among staffing companies and medical staff offices.
- Determine strategies to obtain the "best" locums positions.



COURSE DESCRIPTIONS

Professional & Life Skills

Divorce, Depression & Loss: How to Keep Going When It All Falls Apart

10/27/2021 | 9:00:00 AM - 9:50:00 AM

Faculty: Arlene Chung, MD, FACEP

Life can throw a lot at you, including abusive relationships, major illness, and competing family and professional needs. The speaker will discuss personal illustrations and lessons learned.

- Identify situations that put providers' physical and mental health at risk.
- Provide preventive and supportive resources to college members.

Professional & Life Skills

Putting Zip in Your ZOOM

10/27/2021 | 9:30:00 AM - 9:50:00 AM

Faculty: Christian Rose, MD

Remote meetings and teaching have become a new normal fostered by the pandemic. The speaker will discuss novel tips and techniques designed to hold the audience's attention for an engaging, virtual presentation. Discover settings and tricks to sound, look and share better on the virtual platform. From breakout sessions to annotation tools to sticky notes to active polling, learn how to run meetings, teach, and communicate more effectively in the virtual setting.

- Identify and minimize pitfalls when presenting in a virtual environment.
- Present novel techniques to engage participants in an online meeting.
- Identify common pitfalls when using online meeting tools.



COURSE DESCRIPTIONS

Professional & Life Skills

Beyond UpToDate: Calm the Chaos of Continuing Education

10/27/2021 | 10:00:00 AM - 10:20:00 AM

Faculty: Salil K. Bhandari, MD

Too much information, too little time. Podcasts, vodcasts, websites, blogs.... oh my! How do you access information to maintain skills? During residency, there is a wealth of organized resources and educational content, but what about life after residency? There is a barrage of available resources but how do we weed through the noise to keep up with the most current practices. What are the most effective resources to access at the bedside? Or in between shifts? What if you need refreshers on pediatric emergency medicine or critical care skills? The speaker will provide high-yield resources both online and offline for the experienced provider seeking continuing resources at the bedside and beyond.

- Discuss high-yield resources for on-the-fly clinical care
- Introduce new educational resources for specialized topics
- Identify various high yield educational resources when travel and time are restricted

Professional & Life Skills

Ask the Experts: Ethical Dilemmas & Tough Decisions in the ED

10/27/2021 | 10:00:00 AM - 10:50:00 AM

Faculty: Vonzella A. Bryant, MD, FACEP; Catherine A. Marco, MD, FACEP

In this interactive panel discussion, attendees have the opportunity to present challenging cases that pose ethical, legal, or moral dilemmas in emergency medicine. Potential discussion cases include refusal of care, end of life decisions, care of minors, narcotic prescribing, mental health, and allocation of resources.

- Review and discuss challenging ethical cases in emergency medicine.
- Identify basic principles of ethical and legal decision-making.
- Apply a decision-making framework to resolve challenging ethical situations in emergency medicine.



COURSE DESCRIPTIONS

Professional & Life Skills

Physician Do No Harm: A Comprehensive Look at Physician Suicide Workshop

10/27/2021 | 10:00:00 AM - 10:50:00 AM

Faculty: Christopher I. Doty, MD, FACEP

Physicians in the US have the highest suicide rate of any profession & one which more than doubles that of the general population. The suicide rate of male physicians is 40% higher than men in general, & in women is 130% higher than that of females in the general population. Data from the Center for Disease Control's National Violent Death Reporting System shows that compared to the general population, physicians are three-times more likely to have job problems identified as a factor contributing to suicide, including tensions with a co-worker, poor performance reviews, increased pressure at work, or fear of being laid off. Of concern, suicide is a leading cause of death among physicians-in-training. There is an epidemic of physician suicide—a public health crisis with one million Americans losing their doctors to suicide each year. This will be a one-hour session into small facilitated groups in order to open a dialogue about this taboo topic, allowing attendees to share their own experiences while also searching for solutions to this epidemic of depression, burnout, & suicide in the medical community.

- Identify the personal & systemic stressors that lead to loss of resilience & the subsequent development of burnout & depression
- Discuss the impact of physician suicide on the individual emergency physician, focusing on events that might lead to second victim syndrome
- Examine solutions at personal & systemic levels in emergency medicine to decrease the risk of physician suicide

Professional & Life Skills

But I Didn't Say Anything: Effective Skills for Non-verbal Communication

10/27/2021 | 12:30:00 PM - 12:50:00 PM

Faculty: Robert W. Strauss, Jr., MD, FACEP

We all know that when we interact with others, the majority of our communication comes through as non-verbal. Come learn the tricks to effective non-verbal communication and improve your relationships with patients, colleagues and even family and friends.

- Identify types of non-verbal communication
- Discuss pitfalls in non-verbal communication
- Present strategies to improve non-verbal communication skills



COURSE DESCRIPTIONS

Professional & Life Skills

How to Succeed in Your First Five Years of Practice

10/27/2021 | 5:00:00 PM - 5:20:00 PM

Faculty: Abdulkareem Agunbiade, MD

The top ten concrete practical tips for residents and newly-minted attendings in just 30 minutes. This is a high-yield, energetic presentation mixing wisdom, wit, and personal experiences to help make you successful!

- Provide 10 high-yield, practical tips for success after residency graduation.
- Explain what the potentially career-ending activities that could result in being fired or losing their license.

Professional & Life Skills

Dealing with (Anonymous) Criticism

10/28/2021 | 8:00:00 AM - 8:20:00 AM

Faculty: Robert W. Strauss, Jr., MD, FACEP

Providers can be the recipient of complaints either from colleagues, team members or patients. Anonymous reporting is increasingly being utilized to identify bad behaviors, but what if you feel you were unfairly targeted? How do we deal with the emotional burden of negative comments and how do we transform our thought process from natural reaction into positive actions. The speakers will address mechanisms for self-assessment, behavior correction and navigating a difficult work environment. In addition the speaker will discuss the art of listening to hear what you need to hear, not just what you expect to hear during those difficult conversations.

- Discuss how the complaint process works from the administrative perspective.
- Identify healthy strategies to maintain wellness during the complaint process
- Develop tools to utilize during difficult conversations



COURSE DESCRIPTIONS

Professional & Life Skills

Winner, Winner, Chicken Dinner: Negotiation Skills for Win-Win Outcomes

10/28/2021 | 11:00:00 AM - 11:50:00 AM

Faculty: Robert W. Strauss, Jr., MD, FACEP

What do looking for your first job, buying a new house, and discussing the upcoming contract for your large group have in common? They all require negotiating skill. Having the requisite knowledge can markedly improve outcomes for all parties involved. Come hear the expert teach the foundation of understanding the negotiating process and share tips to becoming the best negotiator you can be.

- Describe the basis of negotiation theory, including Pareto equilibrium
- Discuss tools for preparing for negotiation
- Provide examples of skills and tips needed for success in negotiation.

Professional & Life Skills

What's Next: 5 Strategies for Reinventing Your Career in Uncertain Times

10/28/2021 | 10:00:00 AM - 10:50:00 AM

Faculty: Jay A. Kaplan, MD, FACEP

We often discuss the concept of burnout within the ever changing landscape of Emergency Medicine, including decreased reimbursement, physician compensation, and job opportunities, as well as increased requirements, regulations and litigation potential. In this maelstrom, many EM physicians may look towards non-traditional paths to supplement or supplant their careers. Should you obtain a new degree or certification? What administrative roles are available? What do you need to know about developing new products? What other jobs can best utilize the unique skillset we provide while maintaining job satisfaction? The speaker will explore options for EM Physicians wishing to transition into non-traditional work settings and channel their passion and hobbies into career success.

- Discuss options for EM Physicians wishing to transition to non-traditional work settings.
- Discuss potential advantages or disadvantages of additional training or degrees
- Introduce resources for EM physicians to navigate previously under-explored areas within and outside of clinical medicine