radical listening........
a novel approach to physician wellness

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no disclosures
Charcot-Marie-Tooth Disease
objectives

• be able to translate the concept of radical listening into concrete actions that can be used in the ED when having crucial discussions with patients and colleagues.

• experience the practice of “close reading” as a strategy to increase physician resilience and wellbeing.
definition of radical listening

- Listening to patients without judgment, preconceptions, or biases

Charon R, Narrative Medicine, JAMA 287; 15, October 2001
“You’re not listening to what you’re hearing.”
how to radically listen?

• “close reading” has little to do with books

• lessons for analyzing life
why radical listening?

• connection is protection

• unscroll the hurt
the medium

- prose
- video
- visual arts
- photography
- music
ground rules

• prompt
• write from the heart
• write with the expectation that you will share
• everything shared stays in this room
Ms. Eaton and Charcot-Marie-Tooth

• “Can I show this to my sisters? ...... then maybe they can help me.....”
prompt