Annual Committee Reports 2015-16

Well-Being Committee

1. Develop an educational resource on the elements of a healthy workplace environment.

   **Outcome:** The information paper, “Wellness in the Workplace,” was reviewed by the Board and it is available on the ACEP Website.

2. Develop and implement a “Wellness Week” program for emergency physicians and providers to highlight current resources available to members.

   **Outcome:** The first annual Wellness Week was held January 24-30, 2016. It garnered widespread support among ACEP members and was well received in the emergency medicine community. Working with ACEP’s Communications staff, multiple messages were sent through various ACEP and social media platforms to engage members in efforts to maintain wellness.

3. Develop social media messages to promote emergency physician well-being.

   **Outcome:** Subcommittee members developed a series of social media messages that were delivered during the year, with particular emphasis on delivering messages in the months before and during Wellness Week.

4. Update the electronic Wellness Text.

   **Outcome:** A revised text was developed and distributed to the Board for review. The text will be available on ACEP’s Website once it is finalized.

5. Promote wellness information available for members.

   **Outcome:** Multiple email messages and social media messages were used to alert members about Wellness Week and the wealth of wellness information available on the ACEP Website and from other sources.

6. Suggest topics on wellness to the ACEPNow editorial board.

   **Outcome:** An article highlighting Wellness Week was published in the January 14, 2016, issue of ACEPNow.

7. Monitor and make recommendations for offerings and services at the ACEP Wellness Booth and the promulgation of information to members for their individual wellness and health screening.

   **Outcome:** The subcommittee made several recommendations for articles and promotional information to remind ACEP15 attendees of the benefits of the Wellness Booth. Attendance at the ACEP15 Wellness Booth was 330.

8. Review the Emergency Medicine Practice Committee’s paper on careers outside of the emergency department and determine if any additional information and resources should be developed (Resolution 46-15).

   **Outcome:** The subcommittee reviewed the information paper developed by the Emergency Medicine Practice Committee and suggested adding information on opportunities in education, subspecialties, and event medicine. The revised information paper, “Hospital Employment and Careers Outside the ED” is available on the ACEP Website.